

**Mystery
of the
Human Being**

Mystery of the Human Being

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Translator

Önder AVCI



Surg. Dr. Kemal Tekden

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*I dedicate this book to two venerable women in my life;
my deceased mother, Mrs. Aysel and
my esteemed wife, Mrs. Ruziye.*

*Full royalty of this book has been allocated for TÜZDEV
(Turkey Gifted and Genius Children's Education Foundation).*

PREFACE

Because of the person's efforts to know himself, human-related books have always attracted attention. However, the lack of studies describing all aspects of human being constitutes a big gap in this field. Anthropology, which is a branch of science based on the West and which is trying to fill this gap, is quite incomplete for us, because it is completely based on a materialist basis, despite its efforts to recognize human.

The work we have done in this field for nearly twenty years and the intensity of interest for our conferences have revealed the need to write a book on this subject.

In this way, this study has been matured and all possible aspects of the human being are handled; all the religions, philosophical views and scientific developments have been examined and this book has emerged.

Although it contains a lot of scientific information, this book does not claim an academic study. However, the aim is to start a discussion on this issue and to open a modest path. Although "Mystery of the Human Being" is based on scientific facts, it exhibits a narrative with collected religious data. For that matter, in this narrative, an attempt was made to enrich with erudite words of wise people whom we accepted as the common values of human experience.

We know that each of the topics in this book is subject to a wide range of topics that can be described in separate volumes. However, it was tried to be easily readable and understandable without getting as much information as possible. Although it includes different scientific, philosophical and religious views; the view of

Islam, which gives the most comprehensive and logical answer to the abstract aspect of human being, has been put forward. Hence, the alternative human understanding of Islam has been tried to be presented to the humanity in the search. Of course, there have been different discussions and still continuing about the abstract aspect of human beings. But in order not to keep the reader's head too busy here, we have tried to create as much integrity as possible by making explanations that we see reasonable. We are aware of the fact that the extent to which this approach imposes is a great responsibility on us. For this reason, every explanation is treated as precisely as possible.

Despite all these efforts, of course there have been some missing points. For this reason, we would like the topics to mature further through discussions. In fact, let new works better than this book come out. We will not take offence, contrarily we will be happy.

Imam-i Azam (paramount of Imams) said "Those who break the walnut's shell but not see its inside think the walnut is comprised of just the shell". Human beings can also be seen from the outside as a very simple body structure. However, there are material and spiritual worlds inside him/her. As this perfect system is examined, the reality of human beings will be realized. That's why, you can see this book as an unworthy effort to break the shell. We are sure you will feel this excellence in the pages of the book. This perfection is not from us, but from the Supreme Creator. We have just tried to be a tiny bit of mirror.

As many scientific and philosophical works have been used in the preparation of the book, the fundamental works of the ancient Islamic civilization have been examined. But as a result of a sense of loyalty, my late master, Seyit Ahmet Arvasi, expanded our horizons. The approach he proposed as "Humanities Science" was virtually a testament for us. We remember him with gratitude and thanks.

We cannot pass without giving the right of many of our friends in the preparation of "Mystery of the Human Being". We are also grateful to Prof. Dr. Zeki Duman, who changed his world. Thanks for their help and support to Prof. Dr. Turan Güven, Assoc. Prof. Dr. Ergin Kariptaş, Asst. Prof. Dr. Mustafa Lale, Senior Physician

Mustafa Güneş, Senior Physician Nihat Tekden, Physician Yavuz Han, İbrahim Orhan, Göksel Orhan, Turgay Şirin and Muhsin Turan.

“In particular, I would like to thank my dear friend Önder Avcı, who has made great efforts in translating this book into English and to Tekden College English Department teachers for their supports.”

In addition, special thanks to the valuable friends, Prof. Dr. Nurullah Genç and Prof. Dr. Nevzat Tarhan in the favor of writing introduction to our book; I would like to express my gratitude to my wife Mrs. Ruziye, my daughters Dilara, Gülşah and Nurbanu, who have supported our feverish work patiently.

We are conscious that such comprehensive work, which we have entered without wishing to lay down the law, is a drop from the sea.

In addition, this humble work where you can find all aspects of human being will contribute the recognition of human being particularly by young people and the possibility of causing other great works excites us. We hope that the book will reach this goal, the effort will always be from us, the support and help will always be from Allah.

Best regards...

Surg. Dr. Kemal Tekden
Kayseri, August 2015.

INTRODUCTION

The existence of realms is the clearest indication of the eternity and eternal greatness of Creator for those who can look through the discovery area of the heart. Despite all its beauty, there is a realm in them and it is weak and simple; powerful and mysterious as well. The only creature which has the force of uniand which is being the collocutor of the famous of Sheikh Galib: Human Being. The author of the book that you have looks at him from his heart's discovery area and says something you'll never forget about his mysteries.

Prof. Dr. Nurullah Genç

“Mystery of the Human Being” is a very strong name. I wonder about its content. In this subject, the philosophers of the West, the Celestial messages of the East had different opinions. But philosophers have always disaffirmed each other. As a result, while they have never been able to form a consensus about why the uniwas created, how the uniwas created is left to the explanations of hard science. But when we examine the sequence of Prophets and when we look at the sacred texts: they show consistency on why the uniwas created, the mystery of human being, his existence and in their concepts about the presence of a Creator, the life after death and “The reason of being examined”. In this context, they gave the great good tidings by offering the consolation, hope and tranquility feelings of a human believing that there is a Creator who knows all, sees all and everything is under His control. Without such a Creator, the life would be meaningless. Here, my colleague Kemal Tekden, is having a skilful pen on such difficult subjects, I congratulate him.

Prof. Dr. Nevzat Tarhan

of the eternity on the earth is the spring scented breath of the hope of heaven. It is the unique form of existence in which art transforms into declaration and the work of creation is put into words. There is no more than human beings among those seen. It is also an artwork seen as one who sees. It is a mirror of contemplation articulated in existence. The river of beauty flows in the bed of the human's nature. Human, a spiritual victory that rips off the shirt of absence and stands out from the forgotten wells; a warm lip for the silent existence, a flashing heart in the cold stones, the smell of the heart falling into the heart of time.

Kemal Tekden presents a shocking narrative by taking along soul materials of the human which he is acquainted with his physician personality. He puts a new stone on the ancient wall of wisdom stored in the essence of medicine. After all, human being is reproduced in the mirror of human being. Masterpiece reveals what is expected of him. He is returning every beauty that he owned to his Owner. Mystery of the human being is lying on the subtle answer given to the Master.

Dr. Senai Demirci

PROLOGUE

*“To recognize himself does not mean
to have admiration for himself”.*

Socrates

You know the story of Mevlana (Rumi): “An elephant with seven blind people”. In this story, seven blind people who do not know anything about the elephant are asked to describe an elephant in front of it. One of them holds the elephant’s leg and likened the elephant to a column; the other holds his teeth and likened it to a marble; one of them holding his tail to a whip, his ear to a soft leather fabric etc. Of course, these can partly explain the different aspects of the elephant, but we can use all of these explanations to explain the elephant entirely.

Man is the least known creature. In fact, it is an entity that we think we know and we often treat as unilateral. As far as we can see, as in the story of Mevlana, everyone points out the human from their point of view. However, in addition to biological, physiological, anatomical, psychological aspects, shouldn’t the human be considered as a whole with all moral-material aspects? In other words; with sociological, philosophical, mystical, religious, aesthetic etc. when we consider the human as a whole, we see that none of these perspectives can be ignored for the accurate information.

In other words; because science has become so specialized today, it has become difficult to grasp the whole. In this case, the person who sees different becomes a different person and people are drowning in details. Perhaps this is why positivist medicine or philosophical insights cannot solve the mystery of human.

Throughout history, human has questioned himself and his position. The concrete creature being self-aware and self-questioning is only human being.

Human has looked for answers to hundreds of questions like “What am I?, Where do I come from?, Why did I come?, Why am I here?, What is my duty? Where do I go?” and this search is still ongoing. The philosophers have brought different answers to these questions by forcing the limits of mind but they have found no answers to satisfy all humanity. In this context, religions have tried to present their solutions within their own framework of belief. In this book, we will endeavor to take the human as a whole by evaluating the scientific, philosophical and religious references.

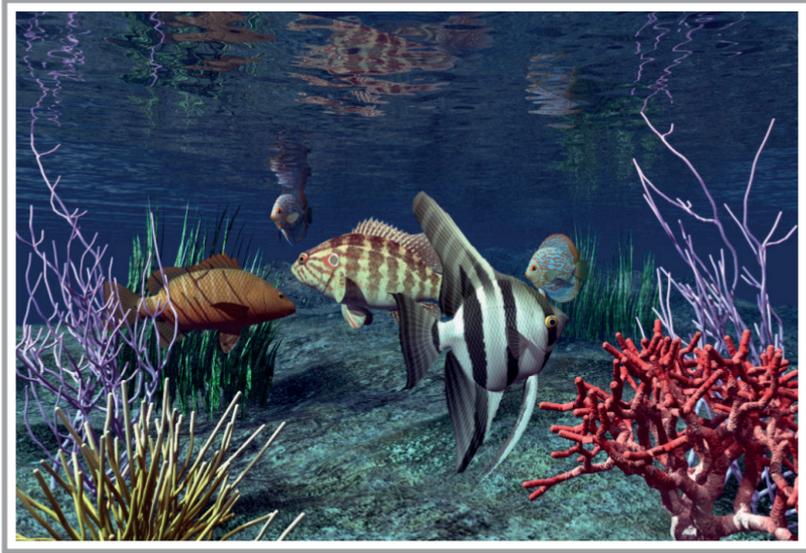
For the last centuries, human has been neglected and thrown aside. That is why the world has long been a scene for the human crisis. As time progresses, people are forgotten in the hustle and bustle of the world and they are made to become a means of consumption and abuse by vulgarization. Man alienated in crowds tries to be happy or let it all hang out by sheltering himself in taverns, entertainment and shopping centers and stadiums. Our aim in preparing such a study is to remind humanity to human, to give him a deep shock and to make him to contemplate again.

There is actually a beautiful Hayali’s couplet expressing our intent:

*“That adorns the world with great care is in the world,
some do not know him,
Those fish live in the deep but they do not know it”.*

Allah who adorns the uniis hidden in it, but people do not know to see or look for. This is similar to the condition of the fish in the sea that do not know the sea. Here the collocutor is not fish, of course human being. An ignorant person looks at the environment but does not see or even think. He is not different from fish since he does not think about the whole unigiven to himself and his service.

Isn't Mohammad Iqbal, the great Pakistani poet and thinker, right in his sentences?



Those fish live in the deep

*“You’re in the way exploring the stars,
But you’re not self-conscious.
Open your eyes to himself for a moment, like a seed,
Revive from soil, like a tree”.*

The great philosopher Socrates said the following about self-recognition:

“To recognize himself does not mean to have admiration for himself. It is searching both what he is and what he should be. It is questioning himself about how to think, how to live and how to be happy”.

To reach the truth and to be successful in every field passes through recognizing the human. To recognize the human is to understand him. In order to know and understand human being, many philosophers, many scholars have been pondering for centuries

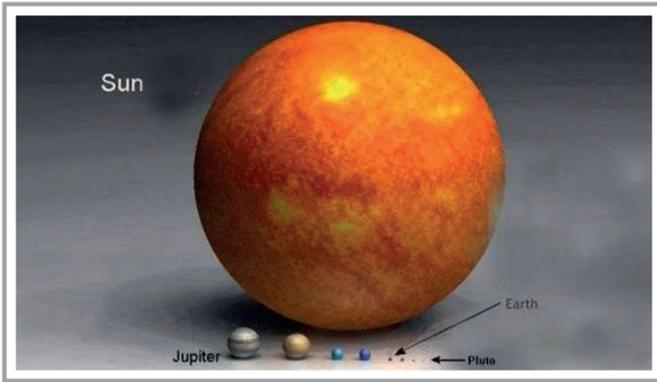
and many prophets have talked to societies to enlighten. In spite of all these, man is still an unselfconscious nameless.

Philosophy in ancient Greece was made to recognize human being. In Islam, it is said that “self-recognition is to know his Lord”, our Lord cannot be known without knowing the human being. In this context, the first stage of having the wisdom already passes through self-recognition. In the same sense, Mohammad Iqbal said that “How are you looking for Allah before you know human”?

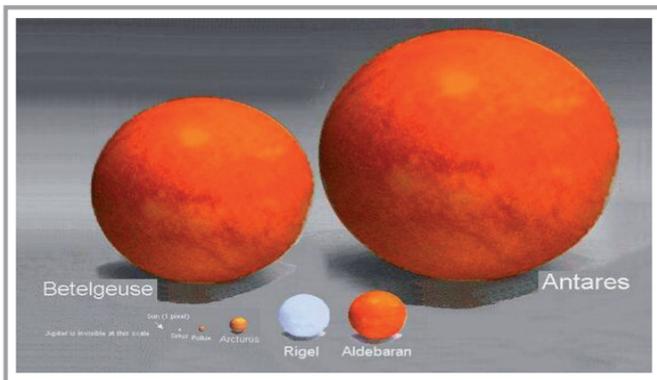
To discover all aspects of man to understand him; his concrete and abstract aspects, feelings and desires should be considered as a whole. Because as far as being understood, the mystery of the uniis human. When we unravel it, we think that we will be able to understand the whole realm. So, how about starting this challenging and so wonderful questioning? In doing so, we dare and almost try to present the sea in a drop.

CHAPTER 1

THE POSITION OF HUMAN BEING



The Sun vs Planets



*The Antares vs the Sun
(Sun's size is less than 1 pixel)*

THE UNIIS A BIG BOOK

“The whole uncreated is a letter sent to people and waiting to be read”.

According to Islamic scholars, the uniis “the biggest realm”. First, let us try to reveal the position of human in this realm, also referred to as the biggest book. Let us make a journey from the universe, the Macro Cosmos, to the Micro Cosmos, i.e. to the cell and the atom.

Our world is a great planet according to most of the other planets in the solar system. All of these planets are spinning around the sun. The world is large, but when compared to the sun it remains very small in size. The proportion of mass between in is about 1.300.000.

Together with our solar system, we are in the Milky Way galaxy. It is said that there are at least 100 billion stars in this galaxy, such as the sun. Their average size is several times of the sun’s.

The number of planets including the world cannot be counted against to this magnitude, therefore it is not considered. Considering there are about 300 billion galaxies in the universe, such as the Milky Way and when the number of stars is calculated, it will be seen that the size of the uniis unimaginable. One of the last detected galaxies is “Hubble Rose”. A photo-like figure was obtained by spectroscopic methods related to this galaxy which is 25 million light years away from world (light year: distance that light travels in one year; light speed: 300.000 km/sec). Apart from these determinations, science is not yet able to provide further information about the universe. The more we think of such these examples, the more incredible this magnitude of the uniis.

Everything is in order and in motion in the Macro Cosmos. Satellites rotate around planets, planets rotate around the sun, the sun rotates around a galactic center and galaxies rotate around another galaxy. Each of them is known to spin around itself. This is also seen in the Micro Cosmos, i.e. in atoms. We are amazed by the existence of such an excellent system from the Macro Cosmos to the Micro Cosmos. Thus, it is understood that the whole universe, including the Micro and Macro Cosmos, is a system of balances.

In this limited but magnificently large size, we may almost see as “null” in dimension. We don’t have information more than this about the universe, but when we look at this frame, our morale is deteriorating and we see ourselves worthless. Yes, why is this weak human in such a large environment to be considered superior to other creatures? What is the reason for our efforts to gain superiority and knowledge in this world, even though we are partially familiar with this idea? We have to stop and think about all these puzzling questions.

According to scientists; substance is insensible, but it has a very advanced mechanical memory. It is known that our sound waves are conserved in the air, not lost, and those radio waves can be transmitted anywhere in the atmosphere.

In fact, the whole world created is a letter that has been sent to the human and is waiting to be read. Everything, also human himself is a message (versicle). All living creatures in the universe, including human, reflect the information stored in themselves in their own languages. All of the creatures are broadcast in their own language, virtually as a radio transmitter. This letter, which is thought to be sent to man, should be read and his mystery must be discovered, so it can serve for human.

Why is only human wondering and trying to understand this mystery? Why does human question everything and strive to shape the environment while all other livings are creatures uninformed of themselves?

As a result, the whole universe is a great book that must be read for human even if he is not aware of this. Doing science is nothing more than reading this book. It seems that “Adam is implicit in the realm; the realm is implicit in Adam...” (Haci Bektash-i Veli).

THE POSITION OF HUMAN AMONG LIVING BEINGS

“Superiority of the five senses and physical strength are always in animals.”

All living things, including human beings, have biological and physiological needs. While these needs are sorted from the simplest, from plants to animals and from there to people, this sort may differ in all genera and species; although the complexity of this sequence towards man is increasing, there are common points.

All these livings take the matter they need in various forms from the soil as elements. This effort is also necessary for the continuation of the lineage. This relationship, from plant to the animal, from them to the human with the nature, are becoming more and more complex.

Plants are living things with very limited movements and achieving growth by feeding within a mechanism. That is why their vitality and movements are limited. Their nutrition and reproduction is determined by certain biological rules; plants are not aware of this process. They do not question themselves and their positions and they seem to consent for this situation.

Animals can move in any direction, but do not object to their status and have been doing the same for millions of years. They do not question themselves, just like plants. They consent about their positions. Although a hierarchical approach is seen in many animals, this situation is totally dependent on brute (physical) force. This power has nothing to do with intelligence and wisdom. Their dominance among them is always on powerful's side, and there is no

system of sentimental values which limit them such as morality, law, religion and aesthetics.

The needs of animals are until full up and this attitude has not changed for millions of years. But is the human like this? Just think! If a human becomes a bee, what would he do? He would organize worker bees, may make them rise against queen bee by saying “We work but she has fun; she should work, too”. In this case, the fur flied and it may cause chaos. But bees have not rebelled in any way since their creation, they have been performing their duties in accordance with their status.

On the other hand, animals seem to be superior to us in many respects due to their nature. For example, a tiger is the strongest animal according to body sizes, and it seems to be quite superior in that context. A cheetah can reach a speed of 100 km in 3,5 seconds. A bat can hear voices far above the frequencies we can hear. We know that the potency of a sparrow is more than human, that a dog has a stronger sense of smell than us. The eyesight of an eagle is much stronger than a human. By multiplying such samples, we can demonstrate the superior aspects of animals. In addition, almost all mammal animals’ offsprings begin to cater for their needs to a large extent at the moment they are born. For example, when a sheep is born, she begins to walk and to suck milk of her mother. The human baby needs for his mother’s care at least one year otherwise he dies.

When we look at these, our moral is once again disrupted, “We have lost superiority in the five senses and physical strength to the animals”. In terms of five senses and physical strength, animals are always superior to us. This is a realistic determination, but if we direct that view in another direction, the situation starts to change. For example, if we teach a monkey to write with a computer and it makes keystrokes for years, we know for certain that it is not possible for it to write a meaningful sentence. Therefore, although they have physical strengths, animals cannot form a culture or a civilization, cannot develop techniques or cannot make tools. They have no history, no knowledge of the past, no plans for the present or for the future. They only live the moment.

Well then, will the human differ from the animals only as tool maker animal (*homo faber*) in this situation? Materialists, who say that everything is composed of only matter, have likened the human to the machine beyond the discourse of tool maker animal and have even said that he is not so different from a machine.

As you probably know, someone even wrote a poem saying "I want to mechanize". In particular, many philosophers such as Schultz, Descartes, J. Mill, J. Watson, Weiss and Skinner from the 17th century claimed that human was not different from the machine, thus they developed the idea of mechanical spirit. 17th century people likened the human to the clock which was the most advanced machine in that period, 20th century people did this for computer. They stated that psychology was not different from physics; they thought that all human behaviors could be reduced to physicochemical parts and their components could be examined by separating into elements and atoms.

Human is composed of matter as a body and he may look like a machine on one level. But can the values, joy, sadness, compassion, love and will of a person be found in a machine? If the human body resembled a machine insensitive and uninspiring, wouldn't he need to lubricate and care for his joints at any moment? However, even people who neglect themselves act with their will without needing any maintenance for years. The machines are feeble minded and insensitive tools that can only move with commands.

The conception of "Human is nothing more than material" makes him very simple, reduces his position to much lower levels. In this context, the Islamic scholars give example of horse and donkey. The horse is more superior than donkey. Donkey is created for loading, horse is created for riding and going faster. However, the horse may also be loaded. But if the horse is incapable of its superiority, then it falls to the donkey's level and is saddled. This is a deficiency and means abasement for it.

People have eating, drinking, sleeping and sexual needs just like animals; but if we think that human beings are nothing more than

these, we humiliate human being, making him unable and degrade him to the animal level.

“The conception of “Human is nothing more than material” makes him very simple, reduces his position to much lower levels”.

In this respect, human beings have characteristics that are far above the animal characteristics. Therefore, people who see human as a material and a kind of animal cannot solve a human being even today and cannot give a holistic explanation about him who has a highly complex structure.

In comparison to plant and animals, human has a much higher level of relationship with nature. This is not only the material exchange. Most of the biological and physiological needs in all plants and animals are also pertinent for humans. Like them, human beings need soil, water and air. But human maturity is not found in plants and animals. This maturity from plant to human being gradually increases. It finds the meaning in human being. Human shapes the nature and creates the technology.

In the meantime, it is necessary to question what the human being serves the purpose. In comparison to plants and animals, we must think about what benefits materially human being has according to other creatures. We benefit from the fruits of most plants; from the meat, milk, egg, skin or wool of some of the animals. We use some animals as a mount. They benefit us a lot for this purpose. But is this valid for human? In this sense, anyone other than human cannot benefit from any physical aspect of human. Then what is the benefit of human? It's really interesting and a question that should make us think so.

Another feature that distinguishes human from animals is that he is seen as an insatiable being. For example, after a lion has smashed his prey, eats until satiated, then leaves the rest, other animals also benefit from this. But human always wants more than he needs, not easily saturates.



Machine man

Beyond satisfying his needs, he is interested in changing nature and rendering prosperous it. However, by treating the nature, he composes cultural values and changes it according to certain rules. In addition, he accumulates the experience of his generations in history; legal, religious, moral, scientific, aesthetical and artistic values are transferred from generation to generation. Thus, a “human experience” which is not seen in any species of plants and animals comes to existence.

Human, unlike animal, has a framework that plans the future as well as remembering the past. There are no other creatures rendering prosperous and continuously developing it in the history of the world.

For example, some animals such as the swallows, were taught to construct their shelter innately and this was seen as an instinct activity related to creation; this activity has remained the same throughout centuries.

The difference of human also shows that he is not only a material. He is in relation to all elements in the soil by his body. The fact that he was once rejoined in the soil by his death indicates this relation. But human cannot be considered as a simple being. Because human being is far beyond his material aspect and need to be considered and analyzed as a whole. When we fully understand him, we also understand the universe. In other words, if we untie the mystery of the human, we will solve the mystery of the whole universe.

CHAPTER 2

GENESIS AND STRUCTURE OF HUMAN BEING

GENESIS OF HUMAN

According to ancient belief; fire, air, water and soil (four components), which are the basic building blocks of the universe, also constitute the dough of all creatures. All beings, from the simplest to the most mature creature, consist of the merging of these four elements in various ways. Among these, the human body is the result of the most mature combination of these components. According to Aristotle, these four basic components were formed by the influence of four basic qualities: Fire was hot and dry, air was hot and wet, water was wet and cold, soil was cold and dry.

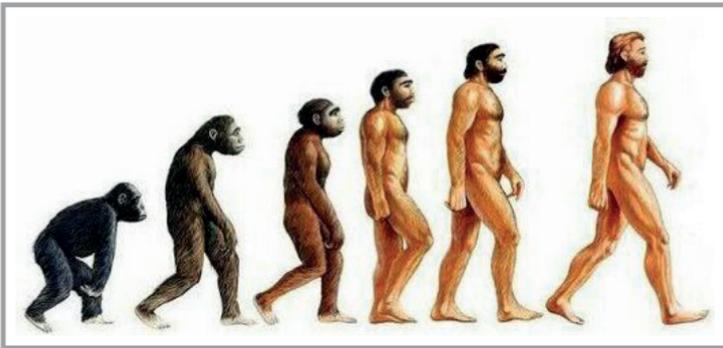
Fermented mud is a very large mass at the beginning of genesis. This mud experiences blisters and divisions over time; four different fluids are formed in conformity with human nature. These liquids (blood, sputum, gall and semen) provide the vitality of the organism. According to the physiologists in the past, these fluids supplied even the human character. Then, living ensouled by the order of Allah matures and takes their final form. Some of these explanations conform with the divine messages, but most of them reveal the ancient view of the genesis.

The Concept of Evolution

“Human being is a strange coincidence coming with waves washed up onto a shore”.

Bertrand Russell

Appearance of human, namely the first human being, has always been a matter of curiosity. This subject has been a wonder throughout human history. Scientists from various disciplines have expressed several opinions. For example, social scientist Bertrand Russell said that “Human being is a strange coincidence coming with waves washed up onto a shore”. The most affecting opinion on humanity among those asserting this view and similars was Charles Darwin’s view. His Evolution Theory, which he introduced in the middle of the 19th century, was harmonised with positivist and materialist understanding of science and he affected this scientific environment. But it was emerged over time that evidences of the members of this theory were not very strong. It has undergone major changes in recent years while there are still advocates of this understanding.



The famous painting that evolutionists deny today

Although not just proven scientifically, it is perceived as real in some scientific environments and used against religious discourses.

Although the frauds have been discovered and many counterfeit documents have been refuted, some books still show them as real scientific results. Because materialist and imperialist ideologies such as marxism and fascism attribute their intellectual background on the understanding of evolution, the defenders of these views are concerned that the collapse of the evolution theory will collapse their ideologies. For this reason, they embrace it as a religion. Their supporters cannot tolerate other people who have different opinions. They act as a fanatic rather than a scientist in various settings. Otherwise, all these issues would be evaluated in a scientific manner and maybe the right was reached together. But despite everything, scientific developments are proceeding in the right direction.

According to Darwin, living things (variations) were formed by the evolution of other living things and through mutations in ages. The last example of evolution is human. Human beings derived from the ape, the previous species of animals. Evolution has been placed in our brain with photographs everywhere, and this situation has been denied by evolutionists in recent years.

“Although the frauds have been discovered and many counterfeit documents have been refuted, some books still show them as real scientific results”.

According to the theory of evolutionists, there must be intermediate forms of all forms. For some reason, no example of intermediate form has been shown in this regard. Although there have been approximately 350 million of fossils identified scientifically in the world, no intermediate form has been found.

On the other hand, some living things are said to change their shapes in centuries with environmental conditions. For instance, it was said that the giraffes were initially short in height and later their necks were lengthened so that they could eat the leaves easily. But a short-necked giraffe fossil has not been found; on the contrary, it is observed that the 75 million-year-old giraffe fossils are not different from present day.

“When we consider that even a small instrument cannot occur by itself, it is nonsense to say that such a wonderful system has emerged by chance, and it is incompatible with the mind”.

No form of living between apes and human beings has been encountered. The brains of the chimpanzees, the most advanced form of the monkey, are around 400-500 gr. As you know, brains of human beings vary between 1100-1400 gr. Why, for example, is there no living intermediate form or a fossil with a brain of 700 grams?

Another discourse of Darwin is natural selection. According to this view, the strong species in nature survived and the other weak species disappeared by transforming into strong and different species in time. But this is not true. Because weak species have also continued to live in the same way as well as the strong species for millions of years. For example, lions and gazelles have been living together in forests for millions of years. Besides, many strong animals (such as dinosaurs and mammoths) have disappeared.

Moreover, the simplicity of the cell suggested by Darwin was refuted by today's electron microscopes. With the development of these microscopes, to determine that the cell works like a space base with a magnificent organization and to see that the cell wall is as smart as a brain is revolutionary and very important.

All materialist scholars and thinkers who made statements about existence, especially Darwin, saw human being as only matter; they explained all the spiritual characteristics of man as a reflection of the matter. They did not want to think that human and all the unicould be designed and ruled by a Creator. When we consider that even a small instrument cannot occur by itself, it is nonsense to say that such a wonderful system has emerged by chance, and it is incompatible with the mind. In recent times, with the extraordinary development of quantum

physics, materialist approaches have been fundamentally shocked. Evolutionists have been unable to explain the human mind and conscience, even a programmed instinct in animals.

The concept of evolution has been settled as a dogma for almost 150 years, so it has become an ideology or even a religion. This is perhaps a situation which they cling as a way of escape from the truth of Allah. Thus, this situation creates a circumstance of blindness to understand and perceive the facts.

One of the most important principles of the fundamental sciences is the validation of the asserted ideas by scientific methods and empirical observations. Otherwise, to accept this idea as a scientific information is not possible. However, variations that form the basis of the concept of evolution have not been confirmed by any scientific method.

As a result; Darwinism, as it is understood, is a materialist philosophy which looks like the science. By contrast with Darwinism, according to recent scientific developments:

1. Organisms show complexity that cannot be explained by coincidence. As scientific studies progress, it comes in sight that life on earth is a very complex situation.
2. Organisms do not have unlimited interchangeability with their own will and they never create another species.
3. Human being is not simple enough to be reduced to animal status; there are great differences.

Reflections of Evolution

“In the US, tens of thousands of people are seen as weak, inadequate and dumb; and then they have been castrated”.

As a result of the understanding of evolution in the West, the idea of the destruction of the weaks and therefore the right to life for the strongs gave rise to the effort to create superior human and superior race; millions of people have been killed or tortured with this aim. This is the basic understanding of marxism, communism, fascism and capitalism; they are based on the ground of the understanding that most people are insignificant. As a matter of fact, nearly 100 million people were killed in colonialism movements and the world wars of the 20th century, which was an era of ideologies. Unfortunately, one of the applications in this direction is the Eugenic Sterilisation developed in the USA in the 1930s. The term Eugenic was suggested first in 1883 by Darwin's cousin Francis Galton, who dreamt of creating a perfect race. In the US, 60.000 people seen as weak, inadequate and dumb have been castrated. In this castrating study, it was thought that the genes of people outside of Northern Europe origin were corrupted and this was a general opinion.

This movement, which first started in the state of Indiana, then became widespread to many states, but it was given up during World War II. This movement, which was later sponsored by the Jewshs come from rich families such as Rockefeller, conveyed to Germany by Hitler's physician Josef Mengele. It is also known that hundreds of thousands of people were forced to be sterilized, and many of them were even killed in Nazi camps.

Evolutionists have deviated to the path of producing many fake evidences to impose their understanding as well as to harm humanity. The frauds on the fossils to prove their understanding

are not our subject here. However, the oldest human fossil is the “Turkana Child” fossil discovered in Kenya, which is said to be 1.5 million years old (Considering the history of humanity is 1.7 million years, it is understood that this fossil belongs to the first humans). It is understood that this fossil, which is not wanted to be accepted by evolutionists, belongs to a child who was 1.65 metres tall and 11 years old. This human fossil, according to scientists, is not different from the present day human being.



Turkana Child Fossil

Is it possible not to confer on Cemil Meriç right in the context of these cases?

As you know, he said that “Ideologies are straitjackets dressed in our discernment”.

From this point of view, we can easily say that all ideologies, such as materialism and Darwinism, are based on a common befooling. Scientists will not be able to flap their free ideas unless they are freed from the hindrance of Darwinism.

Intelligent Design

Recently, new insights are evolving on the dilemmas of Darwin’s theory of evolution in the scientific environments of the West. Many evolutionists say that they now believe in Allah while believing in evolution, but do not accept the many theories that Darwin suggested. For example, they are now discountenancing to the transition between species.

Apart from that, an understanding called as “Smart Design”, by Michael Behe for the first time, has emerged as a refutation of the theory of evolution. The basis of this understanding is that all living organisms are designed by a clever designer with their approximative current state. Those who adopt this mentality often refrain from

explaining who this designer is. They say that “The reason is to ensure that intelligent design is taught in schools as a scientific alternative to evolution”.

In fact, some of the advocates of this idea still believe that evolution is done by a superior intelligence although they still believe in evolution.

According to the vast majority of intelligent designers who do not believe in evolution, vitality has not emerged by chance but have been called into being for a specific purpose. They state that this is not a religious explanation, but a scientific opinion. There is much progress to be made for intelligent designers met with reaction of evolutionists because of these explanations.

The Viewpoint of Science and Religions About Human Being

Recently, according to the common opinion of most scientists; all the stars in the universe created in an instant 15 billion years ago. This is called Big Bang. Even today, studies in the CERN (Conseil Européen pour la Recherche Nucléaire) in Switzerland are trying to solve this explosion. According to scientists; long after this formation (about 540 million years ago), living beings began to be created with a Cambrian Explosion called biological Big Bang, and eventually, the first human appeared about 1,7 million years ago. Such explanations also correspond to the religions, especially the expressions of Islam.

“Religions which are the Books of the People (respectively Judaism, Christianity and finally Islam) indicate that the appearance of human was after the completion of all living and non-living creatures”.

Religions which are the Books of the People (respectively Judaism, Christianity and finally Islam) indicate that the appearance of human was after the completion of all living and non-living

creatures. Again, the common opinion of the religions is Adam. In this respect, there is no difference between religions. When Adam and Eve were in heaven, they ate the forbidden fruit with the guidance of Satan and because of this reason, they were sent to the below. This topic is described in Christianity as the expulsion of Adam and Eve from heaven, and this is called the original sin. Therefore, it is said that all human beings are born with their sins at birth, so they must be baptized and sanctified.

On the other hand, Islam describes the reason of why Adam, the first prophet according to Islam, and his wife Eve were sent from heaven to below, as to send to the world of examination. Because no prophet is a sinner and “Every child is born with Islamic disposition” (Hadith, Buhari, Cenaiz, 92). Therefore, no child is born as a sinner.

Look at this baby’s picture, please. Do you see a sinfulness, a devilishness? If he has devilishness and malignancy when he is an adult, it is the blame of the environment and the adults.

Additionally, according to the Quran; Adam, the first human in the world, was created from mud. Then, Allah blessed him of his own soul. Thereafter, his wife was created and they were divided into two sexes, but his mystery has not been completely solved.

It is evidence that the male gender includes chromosomes (both X and Y) in a manner to explain both sexes. Adam and Eve came together and developed the human species.

When our body is examined materially, there is nothing other than the materials in the soil and it explains the creation from the soil. All elements, amino acids, proteins and biochemical substances that form our body are known as soil materials. That is why the whole body is turned into soil when it dies. Even though the first human was built up in the matrix of the earth, they developed in the womb



Children are always innocent.

of the following people. From the monocellular to the multicellular, all living things, plants and animals, had the opportunity to develop in the soil. Today they still need the ingredients of the soil to feed.

Every human being is actually created from soil in a way. Human vitality is continuing with the foods we receive from the soil, thus sperm and ovum are formed and human development starts with their merger. This situation is repetitive.

According to Islam, Almighty Allah states that he first created the generation of human from mud, then breathed his soul into him and then produced from sperm. "He Who created all things in the best, and He began the creation of man from clay, and made his progeny from a quintessence of despised fluid: But He fashioned him in due proportion, and breathed into him of His spirit. And He gave you the abilities of hearing, sight and understanding: little thanks you give! (Secde, 7-9)". This is repeated in the formation of every human. Thus the soul is formed. Almighty Allah asks every human:

"When our body is examined materially, there is nothing other than the materials in the soil and it explains the creation from the soil".

"Am I not your Lord (Who cherishes and sustains you)?" In this stage, every person says "They said: "Yes! We do testify!" (Yes, You are our Lord!) to this question (Araf, 172-173).

At this stage, people are given the charge that mountains and rocks could not take upon themselves. This information is included in the genetic code in the zygote as a nature (creation – oneness). Nature tends towards always the good, the right and the beautiful. Every human being, even the one who has a bad personality, loves the good, the right and the beautiful because of his nature. This is partly seen as instinct in animals. Besides human's yearning for the goodness, the righteousness, the beautifulness, eternity desire springs as the desire and curiosity of searching for his own end and the scientific researches of human are also based on this desire.

According to Islam; Unlike every living species, human is also created as an independent and separate one. In other words; life is multi-origin, human does not evolve with the evolution and maturation of animals over time. In fact, advanced molecular biology has not been able to observe the transformation of one species to another. Even in monocellular organisms, this transformation is not possible.

The human being experienced a historical development during the formation of Adam. Biologists call it as “Phylogenesis”. This period was very long according to the Qur’an (Īnsan, 1). The phase in our mother’s womb is similar in a way to the adventure of Adam; but it seems to be shortened in terms of time. This adventure, which is full of changes from the zygote to birth, is called ontogenesis. These changes are expressed in the Qur’an in accordance with the present scientific facts. In addition to this, both in phylogenesis and ontogenesis phases, human is observed as human at any given time.

HUMAN IN THE MICROCOSM

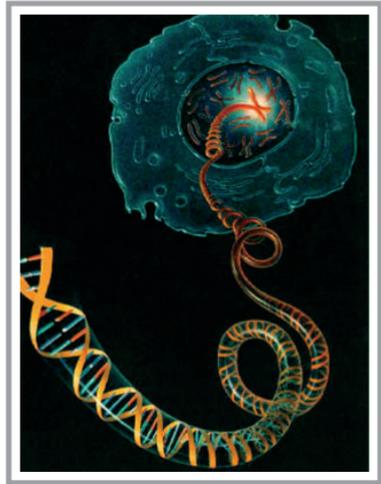
*“The knowledge of the whole
is hidden in the microcosm”*

The microcosm is the smallest universe, also called the uniof particles. It is a uniobservable by the development of electron microscopes and consists of small and enormous worlds to amaze those who see it. According to the famous physicist Einstein, every atom is the whole of knowledge and the foundation of the universe. This uniiis such a size that if we shrink to fit one thousandth of a millimeter, we encounter with bacteria. There are viruses in the size of one hundred thousandth of a millimeter. When we examine these microorganisms as well, we come across a great intelligence, knowledge and consciousness. These viruses and bacteria can make us miserable with the diseases they cause, we also avail of great benefits of the vaccines and yeasts they produce. Today, they are used in the field known as biotechnology and in many industries. Isn't the size of these microorganisms small enough? Well, let's talk about quarks. About quarks in protons in the atomic nucleus you know. They are one in the trillionths of a millimeter. It's also said that there are smaller entities yet to be fully understood and cannot be named in the quarks. All of these subatomic particles are in motion in an order such as in space. Scientists say that there is a perfect order, knowledge and “fundamental consciousness” at these levels which we are confused with. The worlds that we are tongue-tied... Do you think it's a coincidence?

The Cell

Let's come to the cell, which is the smallest unit in the human. The cell is the smallest unit of the body, much better understood by the excellent electron microscopes that have been developed recently. Cells were reported as a simple structure filled with jelly by Darwin and his friend Haeckel before these developments took place. On the contrary, it is remarkably technologic and very complex structure. Each cell that produces its own energy consists of millions of atoms.

Today we know that the cell is too complex not to be underestimated. Perhaps we can describe the size of cell as follows: If we put one million together, it can only be the size of a pinhead. Each one works as a factory with many materials. It is the perfect system in every human being, with trillions of factories operating without any downtime and millions of operations per second faultlessly. The American Society for Cell Biology which met up in 2011 addressed only



Cell and DNA

one living cell and day after day only spoke of the layout of proteins within that single cell. How are thousands of proteins made in every cell that is completely dark? How does it pass through the dark veins and reach the necessary tissues? Despite these efforts, they are questions that still have to be answered.

Approximately 50,000 kinds of proteins and molecules, such as albumin, hemoglobin, and hormones, which are required constituents for our body, are produced in these cells at every moment. Cells that produce their own energy in mitochondria by using the sugar that they take in perform this production by constantly replicating the DNA chain found in the chromosomes in their nuclei.

The information of all enzymes and proteins to be produced in cells is recorded in the DNA chain in details. First of all, the gene with the knowledge of the protein to be produced is determined. Then the DNA chain is split in half like a zipper by attendant enzymes. Another enzyme copies the information by reading quickly the information coded through a single piece; then the strand gets back together and the zipper is closed, it is returned to its former state. The resulting copy is messenger RNA. This RNA has the production plan required for protein synthesis. The amino acids which are the raw material of the protein to be produced, are brought to the ribozoma which is the place of production, from golgi apparatus which is the storage of cell. The ribosome transforms amino acids into protein by taking the necessary code from the messenger RNA. Thus, the proteins and enzymes that the body needs are produced in this way and released into the body. This production mechanism works with a more superior technology even than the most advanced factories. Because there is no error here, also there is no tiredness. Malfunctions merely may occur in this system due to external factors and diseases.

Our cells which are continuously renewed by the building blocks composed of amino acids, work round the clock without a break to produce proteins that our body needs. The organelles that are aged, detrited and vestigial in the cell are digested in the lysosome and transported out of the cell. Each cell receives substances that it needs from blood and body fluids in a certain degree by means of an active transportation system in its wall with a well planning. This wall with thousands of doors on each one is therefore called the “second brain” (Some scientists have called our intestines as “second brain”, because they have too many neuroglia and very smart activities).

“Our cells which are continuously renewed by the building blocks composed of amino acids, work round the clock without a break to produce proteins that our body needs”.

Work of approximately 100 billion cells (neurons) in the brain is slightly different from others. Each of these cells is linked to thousands of cells in the brain, and thousands of signals from one cell are transmitted to different cells simultaneously. This is an unprecedented work and organization. This transmission of signals between the neurons which has 580 km/h speed is due to the release of a range of chemicals. For example, suitable chemicals are produced for various senses by hypothalamus in the limbic (sensory) system. There are varieties of amino acids (peptides) produced by the direction of this organ. They appear in different ways in moments of anger, joy, lust or fear and are given to the bloodstream when they are produced. These substances know where to go when they are circulated. Cell membrane surface can have thousands of receivers. When a peptide arrives on a cell wall, this system acts as a key-lock. It connects to the receiver's surface, rings the bell and sends the signal into the cell. The task of these receptors on the cell surface is to receive this information from outside. They enter if they are approved by the interior.

The development of many actions in the body depends on the production of proteins. For example, aging is related to irregularities in the production of these proteins. Elastin is a protein that makes our skin flexible. Digestive enzymes, synovial fluids, hormones, red blood cells, white blood cells, hemoglobin are all protein and constitute the building blocks of our body.

“According to scientists, 98% of our body changes every year under favour of the regeneration of cells. Despite this annual change, we do not change and remain the same. This is quite remarkable and interesting”.

Cells are similar in structure in all organs, but their functions differ widely in each organ. The tissues were formed by the combination of cells, organs from the tissues, a perfect organism (body) from the organs. Here we can easily say that “All are available in the piece”. Namely, every cell in the person has all the information about his body. But the functions of cells of different organs and the products they produce are different.

As it is known, each unit is hierarchically under the management and control of an upper unit and this system processes so that it continues perfectly and without a hitch. There is no room for chance and coincidence even in trillions. When scientists discover just one of these facts, they may suppose bewilderedly that they can create this discovered thing. Yet what they do is to discover only what is happening.

Regarding the non-normative changes between cells, under normal conditions the atypical cells are destroyed by a mechanism. This atypical and free cells are called as “anarchist cells”. “Cancer cells” are formed if this type of cell formation continues, and they continue developing to damage normal cells, thereby form a structure that destroys the body.

BIRTH AND HUMAN DEVELOPMENT

A single zygotic cell formed by combining of two cells from mum and dad grows by mitosis in mother's womb and forms the human. A cell reaches 100 trillion cells in a grown-up human with this proliferation. This is such a magnificent and rapid proliferation that the large part of this process occurs within 40 weeks in mother's womb. Growing cells suddenly begin to reform, become distinct and form different organs. Ultimately, a work of art appears. An effort has been made to build an excellent work that has been contracted out for a limited period of time.

While some diversifying cells form the bone of the skull and the brain, other cells form the spine, the heart muscle, kidneys, liver, bones, toenails, skin, etc. There is no confusion here. If there was a small confusion or deviation, for example what would happen if the liver cells were involved in the brain tissue? The whole brain would be destroyed by the secreted bile acid. This proliferation and development occur though the cell community does not have its own brain or governance and there is no will of the parents.

The development of the body in this way is a complete miracle and a perfect organization. Despite the trillions of cells that evolve in this way, there is no chaos in the born baby and he is a unique creature. There is no disorientation and disruption in any cell although there are so many.

A single cell is reproduced until there are thirty billion cells in the mother's womb. Of course, side proliferation for cell is also in progress. Therefore, the chance of a baby from a single cell according to scholars is 1/10 to the power 30.000.000.000. So it is little chance

to consider as a possibility, one of 10 to the power 30 billion. This marvelous situation, which is a miracle, is repeated in every baby formation.

All this development takes place in the womb. Right to the end of this development in mother's matrix (3 layers), which we know to be very safeguarded, baby has food from mother. During pregnancy, the mother experiences great physiological and hormonal changes. In this period, mother's nutrition and psychological status greatly affect the baby.

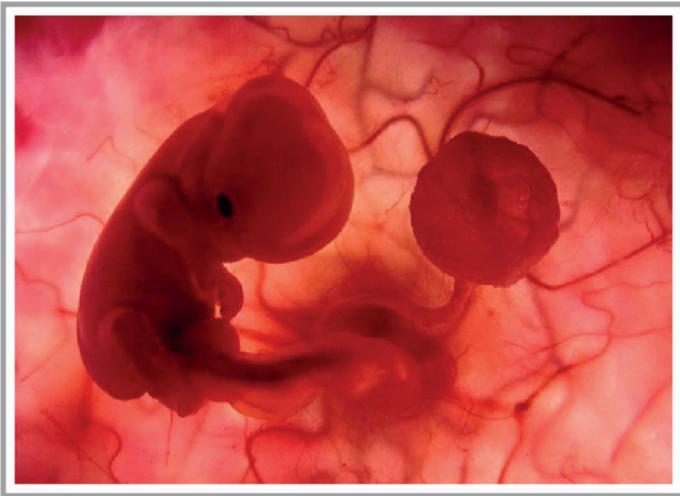
The Miracle of Birth

Human development in the mother's womb takes about 40 weeks and as soon as it is suitable for external conditions, the birth phase starts spontaneously. Until now, the baby is fed with nutrients from the placenta, and the lungs receive oxygen from this channel because the lung is deflated. As soon as the development is complete, the water-filled pouch explodes and the birth begins. Because it occurs a lot, the miracle of birth is perceived as an ordinary happening. With the first breath of the baby living in the water until the moment of birth, air enters and extends into a deflated balloon-like lung. As a consequence of that, the circulatory system of the baby is reversed and some changes occur in the heart. The child starts to cry with the breathing. First cry of the baby is a scene that pleases physicians. Because it is the first indication that the child is healthy. The body of the baby fed by the placenta will begin to have food and breathe by its own effort.

At the end of a 40-week adventure in the mother's womb, the human baby opens his eyes cryingly to the world. Lungs of baby whose all needs are met from the mother's body and who "is on velvet" until that moment, start to swell rapidly with a cry as soon as he/she is born and start to do their mission. We are not so aware of this because we're used to, but those who see

carefully with a visual examination observe this miracle and it repeats again and again with every human. The adventure of all of us begins with such a happening. Actually, being a real human (by insufflation of the soul) starts in the first days in the woman's womb according to some scientists; but in the 5th week (40th day) according to some.

The human being, who is very different from each other and has 100 trillion cells, will continue his life with a perfect organization. But even if he/she is very old, he/she won't be aware of his/her body. None of us has a mechanism of effect to guide the operation of these cells. So we're uninfluential for ourselves. To produce more or less of our hormones is beyond our power.

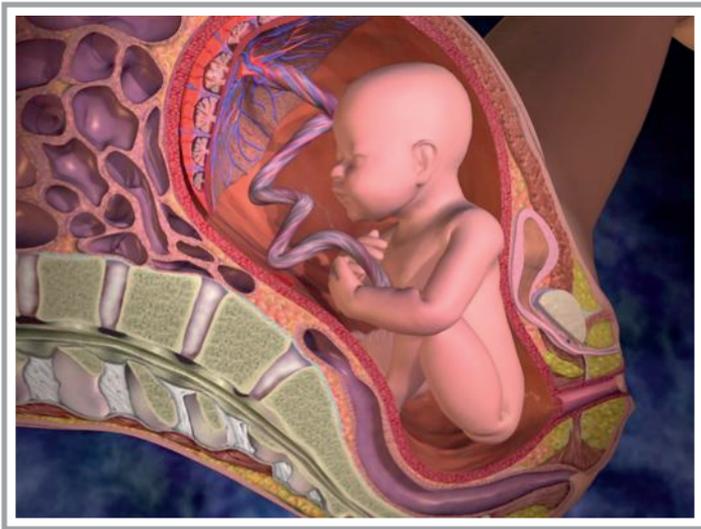


Fetus in the womb after a few weeks

The fact that born babies are almost equal in number of girls and boys is quite remarkable and makes people think. The fact that the birth rate of boys increases in times of war makes this situation more interesting.

Almost everyone who observes babies in their first months has the intention of the idea that they are as sinless as an angel. They are like a clean paper when they are born, but they are profaned by the generations that were born before them, they make them sinful.

In scientific studies conducted on 28 thousand patients by Brazilian psychologist Doctor Renate Jost de Moraes, it's shown that the babies in the womb are affected by external voices and they may get stressed by understanding negative conversations. According to Moraes' detection; the baby is well aware of many things at the 72nd hour (third day) after the zygote formation. According to him; this situation is determined by hypnosis studies. A child who is his patient and subsequently treated by him said that during hypnosis "When I was in my mother's womb, I was distressed because I heard that my father never wanted me to be born. I lay down by folding down my right leg until birth because of this stress". Dr. Moraes narrated this child who could not use his right leg for a long time after birth but he recovered after treatment.



Baby in the womb swims in liquid

OUR GENETIC CODE

*“The genetic code is the same in all human cells.
But it has different functions in each organ”*

The formation of the different organs which consist of 100 trillion cells varied by the division and reproduction of the mentioned cell and ultimately the formation of the human as a whole come to fruition completely with our genetic code. Our genetic structure is the main factor along with all of our human character, external and internal appearance, all the body structure and its continuation (renewal at any moment) etc.

There are 46 chromosomes in the nucleus of every human cell, 23 of them from the mother and 23 of them from the father. 44 of these chromosomes are somatic chromosomes. These consist of all the features of the body. Two of them are gender chromosomes. They determine the gender of the person. The difference between male and female originates from these gender chromosomes. There are two X chromosomes in female and one X and one Y chromosome in male. The difference between male and female lies on the Y chromosome, which comes with sperm. If the X chromosome in the woman is combined with the Y from the male, XY pair forms and the child becomes a boy; if combined with the X from the male, XX pair forms and the child becomes a girl. So, whether a child is a girl or a boy depends on the chromosome from the father, but the female's ovum has also a chance to choose the sperm.

Chromosomes, also referred to as homes of genes, are composed of chains called DNA strand. Each chromosome has thousands of

DNA chains (genomes). The genetic chains formed by the different combinations of 4 proteins (adenine, guanine, cytosine, thymine) also form our genetic code; because it shows the art of creation, some scientists call this code as Allah's language. This code is almost like a 4-letter alphabet. There are 100 thousand different genes in each cell. If this DNA strand is removed and opened, the length of one can reach approximately 2 meters. If we butt splice a chain of human DNA, the length can cover the distance between the earth and the sun six times (150 million km).

In order to realize the dimensions of the information capacity in DNA, we can make a comparison: 1 gram of DNA has information equivalent to 1 trillion computer CDs. If 200 books fit into 1 CD, 200 trillion books will fit into 1 gram of DNA. But we don't know if there are such a big number of books in the whole world. A total of 29 million books are available in the US libraries.

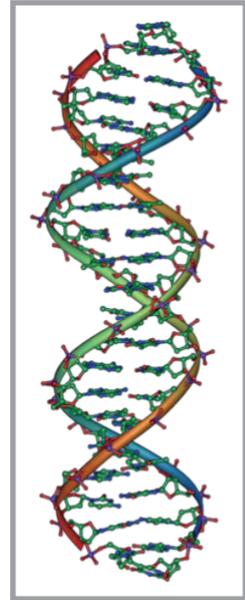
40% to 80% of our genetic code was found to be similar to other living things. If this part of human genetic chain shows similarity with grass at the ratio 40%, there may be no more than 80% similarity to an animal. The difference among people is only 0,1%. In other words, the genetic code of all people is identical with the proportion 99,9%.

The genetic code is the same in every cell of a human. But how does the cell of each organ function differently? This is explained by the activation of different regions of the DNA of cells in each organ. Although this code in our genes is the same in every cell, it creates extraordinary differences in different organs. For example, the active part of the cell in the lung is different from the active part in a cell in the stomach. Parts of the code in an organ that are not related to it are closed and passivated. All our organs have different functions and this is the result of these differentiations in our genetics.

“The active part of the cell in the lung is different from the active part in a cell in the stomach. Parts of the code in an organ that are not related to it are closed and passivated”.

The appearance of information in our genes is influenced substantially by environmental factors. If a person with certain disease genes is away from the conditions of the disease, he has a great chance to recover from the illness.

In DNA chains, there is a protein (gene) named telomer which shows the life of the DNA and how much it can be divided. This protein falls within at the tip of the chromosomes and reflects the biological age. As the age progresses or because of a genetic disease, the length of the telomeres becomes shorter. The telomeres shorten to a certain length when the division stops and then the cell dies. The telomeres are shortened irreversibly if a human is stressed and thus the body aging and wearing increase. In an article published in the journal *Molecular Psychology*, according to a research study on 10-year-old children at Duke University; as a result of stress of physical abuse and violence, compared to the children who have not experienced this stress, it has been determined that the telomere lengths in DNA are shortened and they have an effect on the genetic code. This study clearly shows the effects of environmental factors on genetics. The results of the study have shown that the length of telomere is related to the life span and this feature could be transferred by heredity. Telomere length decreases with increasing time of exposure to stress. Therefore, it has been understood that telomeres are associated with some chronic diseases and cancer. Thus, people who experience long periods of stress have been reported to be older 9-17 years than chronologic age.



Genetic Chain

When we examine the sequence in our gene, It is not possible to meet the coincidence by chance. In mathematical probability calculation, probability of 1 over 10 to the power 50 is impossible.

In this phase, coincidence is no longer possible. In addition to this, according to scientists; coding a telomere protein has 10 to the power 652 different possibilities. That is, it is much higher than the level of coincidence. Accordingly, it is not even possible to think there will be a coincidence in these calculations.

A wide variety of genes have been found in recent studies. Some genes that explain almost all the emotional states of the human have been encountered. For example; the fear gene, obsession gene, inventiveness gene, goodness and even evilness genes have been identified. If we take a look at the evilness gene from this gene, it appears and becomes active as a result of some emotional traumas.

While cellular division is continuing, how is it known that some genes will be active in some cells and when the cell reproduction will be stopped? Which authority provides it? Here, the layout and work of all our cells and organs are managed by our genetic code. But what is the power that drives them? These issues are still not well understood. Scientists still have to comment on this.

After the understanding of the structure of DNA and the magnificent layout within it, many scientists have changed their vision and the concept of coincidence in their minds is completely destroyed. DNA is now considered one of the most important evidence of the existence of a Creator. Antony Flew, considered as an important atheist of the twentieth century, connects the cause that he began to believe in Allah and refused the atheism to these developments in DNA. An other important person that changes his mind in this direction is Paul Davies, a well-known science writer. From this point of view, he says: "Life isn't just complicated chemical reactions. Even a single cell has an information storage, processing and copying system. First of all, we need to explain the source of this information and how the information processing mechanism exists". Scientists, as here, reach the Creator at the moment when they begin to question why and how all systems are made.

HUMAN BODY

*“The whole uniis hidden within the human
with all its layers and complexities”.*

Sems-i Tebrizi

Here we will investigate only some parts of the human body, a perfect organism, as an exemplary. As discussing all the organs will take this book out of its limits, we will provide the content with only important but partial information about the structure of our veins, eyes and brain?

What does the Rush in Our Veins Tell Us?

Materials that we can't count run in different directions in a dark environment in our veins that distribute the blood which feeds all the cells of the body. These are millions of materials, such as red blood cells, white blood cells, different proteins, hormones, and molecules that control the hormone level. None of them hits each other, but they run to the place knowing where to go. Everyone has a separate duty. For example, a hormone that works like a sensor and called TSH (stimulating the thyroid gland) is the follower of thyroid hormone in the blood. This hormone is secreted and controlled by TRH (thyroid secreting hormone) in the brain. When the thyroid hormone decreases in the blood, TSH goes to stimulate the cells of the thyroid gland and thus hormones are produced as needed.

When the thyroid hormone increases exceedingly in the blood, the production of cells decreases by the effect of TSH and hormone production decreases. Of course, these increase and decrease are also within a measure and as necessary. Otherwise, increase or decrease of thyroid hormone may cause sickness. Thousands of such events occur in blood vessels.

We start to breathe more frequently when blood, hemoglobin, and oxygenation decrease; the mechanism is tried to be corrected, this is a similar form of autocontrol. To increase the tension by keeping water in the kidneys when a drop in the blood pressure occurs is such an autocontrol. There is a perfect mechanism (homeostasis) that works to maintain the balance of these and similar systems within the body. The situation that drives us to think is that none of these activities is at our will and control.

The Perfectness of Our Eyes

“Why do people feel the need to look into each other’s eyes?”

Each organ of the human body is a separate subject of investigation and there is much to say but we will examine the eye as a sample in terms of difference.



The eye is such an amazing and complex organ that Darwin, who was in pursuit of evolution, even confessed this: “When I think of the structure of the eye, I lose my sleep; I can’t locate the evolution anywhere, the eye makes me disincline from evolution”.

The eye is gorgeous

Not only the eye itself, but also all the accessories with it are amazing. For example, the eyelid does not irritate although it goes and returns continuously on the eye; almost every second it closes and opens in front of our eyes. This is so fast that it does not block us from seeing, also we are not aware of this action.

Compliance problems seen in the most advanced cameras are not seen in the eye. At the same time, we see far and close objects with the same clarity. This is a great feature too. The main wisdom of having two eyes is that they can see objects in two dimensions, and therefore they can comprehend distance perception and proximity perception. Nevertheless, what the eye sees is relative and can be deceptive. Human closes this gap with his mind and consciousness. For example, the eye sees the sun small and immobile but the mind can grasp that it is big and in motion.

In the past, it was thought that the eye saw. Today's developments concentrate on the fact that the eye only takes pictures. Because the seeing zone is the "visual field" in the neencephalon. However, how the sight materialized still cannot be explained completely even though it is a dark area.

To draw attention to another aspect of our eyes, we can ask a question apart from these: "Why do we have to look to someone's eyes when we talk, otherwise is our collocutor uncomfortable"? Even a cat looks into our eyes timidly when we put a bowl of food in front of it. Why is this so? It's because of the reality that everyone knows wisely but we don't ponder "The eye is (my heart's or soul's) extrorse window of true self within me".

"Since the eyes reflect the inner world of human, it's the organ subjected mostly to songs, proverbs, literary works throughout history of the world".

Let's talk about the different aspects of the eyes here. Laughing is very important in human relationships. Whether the smile of the person is sincere or not is related with whether the eyes are included in the smile or not. The smile that makes people beautiful is only

perceived as candid and heartfelt as long as the eyes are incorporated. Eyes can never lie for those who understand body language. So everyone knows that the human who is telling a lie turns his eyes away from the collocutor. Since the eyes reflect the inner world of human, it's the organ subjected mostly to songs, proverbs, literary works throughout history of the world. Eyes can affect the collocutor negatively as well as positively. This negative look is called as "the evil eye" colloquially and everyone is scared of this look. Also a wise sentence says that "The least changing characteristic of people is the eyes from generation to generation". For this reason, people are recognized by their eyes as they age, our part transferred to the next in intergeneration with the least change is our eyes. That's why, we can often hear people say that: "Your eyes are exactly like your father's".

In conclusion, we can say that the eye is one of the most important organs in interpersonal relations and it reflects the secrets of our personality. It is a highly complex organ with its structure, functions and aesthetics.

Brain

*"Senior brain physicians ultimately conclude that :
The Brain is a Magnificent Puzzlement"!*

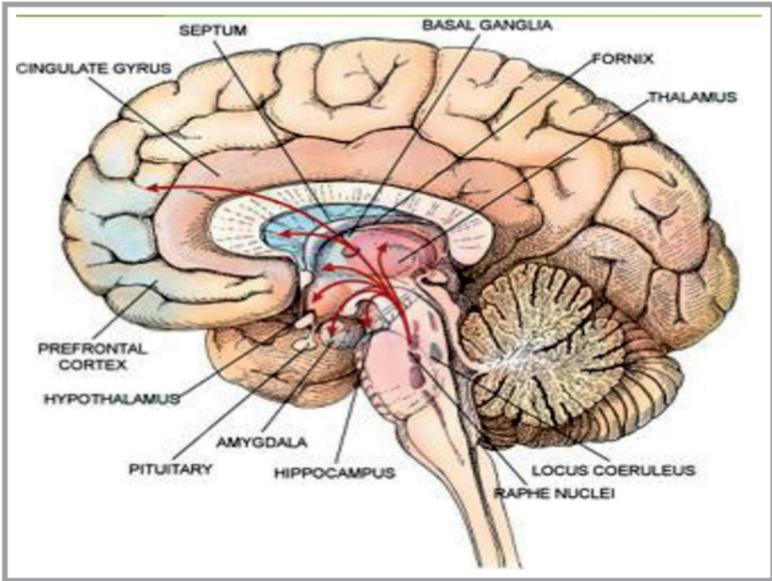
Our brain protected in a skull like an armor is the most important organ of our body. The brain weights 1100-1400 grams in humans. It is the first organ completing its development substantially in the fifth month of pregnancy. People who have no other organs may live with devices perhaps; for example artificial lung, heart or kidney devices can be used. But it is impossible for people to live, i.e. to be backed up, without the liver or the brain. The cells in every organ in the body are renewed at any moment, but it is impossible to renew the cells of the brain or the nervous system.

The brain, which consists of 80% water, is the most complex organ of the body and swims in water in fact. Therefore, the weight of the brain may reduce down to 50 grams in water with a different and interesting mechanism. This system ensures that the brain is protected against impacts and does not load extra weight to our heads. Our brain is preserved in three dices, each of which has different characteristics. The brain is composed of two lobes, each of which is divided into five parts.

The brain shell has an extremely curved surface. Therefore, this situation greatly increases the surface area of the brain and this causes more connections among the cells. According to the old conception, intelligence was considered to be related to the brain size which could be large or small. Recent developments suggest that intelligence increases with the gyrus increase, namely increased intercellular connections. Therefore, gyri are idiosyncrasy and also vary from person to person.

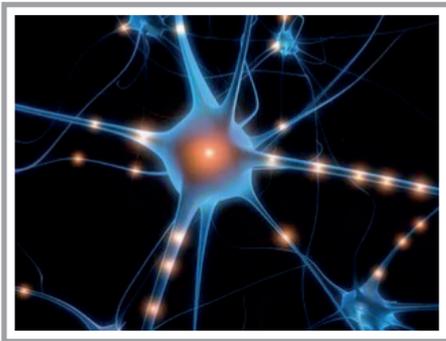
Our brain has 100 billion cells (neurons). Stimulations from billions of the connections among all these cells and the other organs of the body come and go at a great pace. Approximately 100 billion cells in the brain perform tens of thousands connections with each of the other cells. The rate of using the brain increases or decreases by these connections and signal transmissions. Incredible numbers that cannot be thought by the human mind appear when the connections and messaging of all cells are considered. We can say a quadrillion signal per second if we need to give a number. These connections in a human brain are more than telecommunication networks all over the world.

“The weight of the brain may reduce down to 50 grams in water with a different and interesting mechanism. This system ensures that the brain is protected against impacts and does not load extra weight to our heads”.



Our most complex organ

The nerves among the neurons are covered with an oily insulating jacket called myelin. Therefore, the electrical signals are transmitted without making a wrong arc. No messages interfere with each other during this communication and there is no confusion or negligence in action.



Neuronal Communication

This communication among the cells and the cells of the other organs that we are not aware of at all is repeated at any moment and there is no mistake in our movements. They can never be vulgarised and they are unspeakable things.

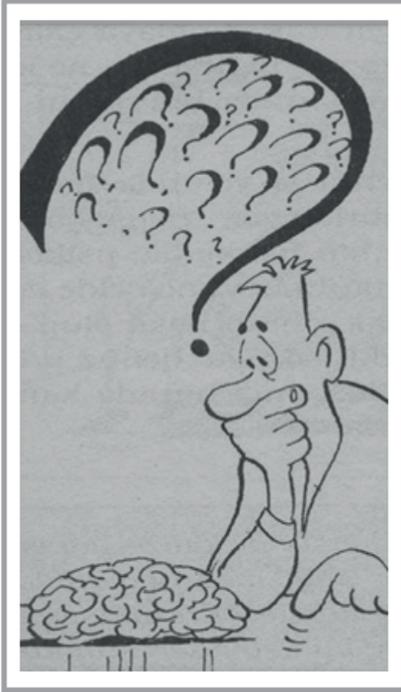
The Functioning of the Brain

“Message speed between the brain and other organs is 580 km/h”

The functions of our brain work for 24 hours, even while we are asleep. Moreover, it doesn't need charging. That's why, none of us uses a charger. How we dream during sleep and the secret of these dreams has not been fully understood yet. Although we do not realize, many organs such as heart, kidney, lungs and liver continue to function regularly when we sleep. While the brain corresponds to only 2% of our body weight, it uses 25% of the body oxygen.

The brain is an organ of detection. It examines, evaluates and reacts to all data from the five senses. It is the administration and information processing center of our bodies. We find a unit related to every organ and senses there. Although our other organs are homogenous, our brain is heterogeneous and contains many different functions. Therefore, it is the most complex organ of our body and according to scientists, our brain is still a puzzlement on several counts. Our knowledge about it is still quite inadequate. There is the visual area on neencephalon, the hearing areas on parietal lobes, the motor (motion) areas on midbrain. The most important parts of our brains are simply conserved in the inner and middle sections. There is the Broca area, which is the center of speech on the middle-lower and the left side. Just a few grams of the hippocampus is our memory center which pertains to the limbic (sensory) system and it is located in the middle-lower part. The hypothalamus is next to it, which weighs 4 grams, creates blood pressure, sexual functions, body temperature and sweating reflexes and our senses such as being thirsty and feeling hungry. The hypothalamus works almost like a thermostat of our brain. It is also the center of the limbic system since it regulates hormones secreted from various organs of our body. Hypothalamus is the most important part of our body in terms of function.

It is known that there is a storage capacity of 86 billion information per day (inferentially 2.5 million GB) in this tiny hippocampus, which is only a small part of the memory center. The fact that our memory capacity is infinite and the center is not in the brain is confessed by scientists. Both the hypothalamus and the hippocampus are in the innermost area, which is very safe against traumas. But they can be affected easily by Alzheimer.



Brain is still a puzzlement

The TSH hormone, which controls thyroid hormones and stimulates the thyroid gland to produce hormone (to increase or decrease) if required, is secreted by the pituitary gland. TRH secreted from the hypothalamus regulates the secretion of this hormone. It is known that there is such an excellent control mechanism in almost every activity of the body.

Another important unit of the brain is the pineal gland. It is called pineal because it looks like a pinecone. Although it is a very light gland such as 100-150 mg, it secretes very important hormones, such as pinolin and DMT in addition to melatonin known as sleep hormone and serotonin known as happiness hormone. We're going to give you more information about these hormones. One of the most important function we need to know about the pineal gland is that it is also the center of our biological clock.

The pituitary gland in the same region secretes hormones that stimulate the production of sexual cells along with growth hormones.

The brain shell called the cortex below the brain membrane is a very thick layer and densely composed of cells in human. The facts in the functions related to all our senses begin here, then go into the deep brain.

The cerebellum at the lower back of the brain is the center of our balance system. Functions, such as balance and posture of our body in the case of move and stand are organized by cerebellum.

One of the most interesting parts of our brain is the frontmost region located in the forehead area called the prefrontal lobe. This area was considered to be unnecessary because it was poorly developed in animals. Later, it was revealed that this region is of great importance for human as a result of the studies conducted in humans whose this part of brain was damaged. It was seen that the complex movements, such as buttoning have disappeared and moral values destructed; so scientists came to a conclusion that this region is a “human region”. Hence, this brain region is seen as the necessity of being human.

In the middle of the twentieth century, surgeries performed for the removal of prefrontal lobe for offensive patients in US. These patients lost the ability to solve complex tasks, to do more than one work, to plan something; it was seen that indocibility and mental instability developed, those offensive patients became faint-heartedness, showed aimless reflex movements. This process was later remitted after being seen as a cruel and unusual punishment to be given to a human being.

Our brain is composed of two lobes. They join each other through the Corpus Callosum. The left lobe has rational features and is responsible for complex mental activities such as speech, logical thinking and calculation. The right brain hemisphere gives meaning to life and is related to imagination, emotional skills, aesthetic thinking and art activities. Corpus Callosum is responsible for coordinated work of two hemispheres. This fact emphasizes the fallaciousness of unilateral mental training in children’s education; the opinion of training by entertaining, by giving full play to their imagination, namely by making also the right lobe active comes into prominence to nurture creative and inventor people.

The brain's contact with the body is largely provided by the spinal cord. Signals in/out from the spinal cord (which has an excellent protection in the spine) to the brain are transmitted at a great pace, in a split second. The spinal cord in our spine is protected by 3 layers of membrane. In the vertebrae, consisting of 33 vertebrae, the discs among the vertebrae serve as shock absorbers. Therefore, our body can remain upright and flexible.

“While the center of almost all functions of our body is the brain, it is not determined where the center of our brain is. The most important question at this point is where the brain's control center is”.

Despite all these excellent features; our brain is powerless in self identification, just like our eyes are unable to see themselves. It's always been bombarded with great information. Our sensory organs constantly process the arriving information, our brain filters this information, takes the convenient information and excludes others. While our brain processes 400 billion data at a time, we are only aware of two thousand. That is to say, all the information reaches our brains at any moment, but we are only aware of the part we are interested in. Accordingly, scientists say that human beings have never forgotten anything actually what's happened to them. This has been proven by hypnosis studies.

One of the most interesting and astonishing aspects of our body is the perfect speed of messages between the brain and other organs. The transmission rate of these messages is 580 km/h. A message from the brain to the tiptoe reaches in a period of time like one-hundredth of a second. When we see a stone being thrown at us, we suddenly lean or dodge. So, how much does this behavior occur with our will? For instance, when we realize such a danger, we perform a reflex movement without knowing which muscles to contract and how our body to incline. At that moment, perhaps millions of messages are transmitted between our brain and our muscles. Of course, these are things that people have to excogitate about and they are not random events.

Persistent vegetative state is the condition that the functions of the brain are disabled although the all body functions (such as heart, kidney) are normal. In this case, human is no longer human (human like may be), he/she is not different from a plant.

The most interesting point for the human body: While the center of almost all functions of our body is the brain, it is still not determined where the center of our brain is. The most important question at this point is where the brain's control center is. Scientists still have to give a clear answer to this question. Some of them explain it as "a power beyond the brain". Yes, a power beyond the brain, but what is that power? In fact, our brain stands as the single connection between the known realm and the unknown. At the moment, most scientific studies are aimed at understanding this fact.

Is Our Brain Similar to a Computer?

"Nothing can be smarter than its producer".
Cybernetics

Some of our scientists liken our body to a machine, some of them liken it to a computer. The brain has also circuits and a hard disk in which information is stored just like computers. Therefore, it is said to resemble a computer.

But according to the most basic rule of Cybernetics, nothing can be more intelligent or more advanced than the inventor or the creator. In addition to this, even one of the most advanced computers is nothing compared to the brain. The advocates of the contrary do not know the power and capacity of the brain. Communication and processing power of parts of a computer are expressed in thousands and the whole structure and processing speed are easily known. However, even the activities of our brain about our five senses

are not fully understood; and our emotions, that is the formation of thousands of abstract attitudes such as love, hate, sadness, compassion, affection and anger, cannot be explained in any way.

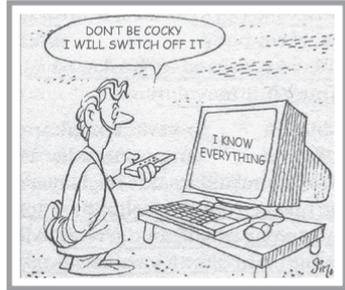
Computers operate by the on-off principle according to the programs given by the human brain. The computer only does the operations which human taught it to do. Of course, people are programmed in a similar way with a divine program. We can call this gene engineering as fate. But even the comparison between computer and brain is not possible. If we go back to Cybernetics; “Each system has a superior system that creates it”, so we should see the creator of the human just like we see producer of the computer. This is called “Reaching to the producer from the work of art”. In other words, it is to see the painter in the painting, to feel the Creator in the creature.



With the brain surgeon of the century, Gazi Yaşargil...

Stephen Hawking says “A worm’s brain is smarter than a computer”. Prof. Dr. Gazi Yaşargil, who is one of the greatest neurosurgeons of our time, says “Our brain is 11-dimensional while computer has two dimensions, we have a grasp of four dimensions partially”. How strong the computers are, they can only process under the command of human being. However, our brain is multifunctional and manages our whole body. These features are not available in a computer.

We can summarize all of the activities of computers as “making a series of operation” task that we assign. They can’t do anything except for programming. The main difference of machines is that they have no spirit, and therefore no will. The machine cannot be aware of what it is doing. If you buy a most advanced camera, you can make the best shots, but it can’t see them. The caricature of our cartoonist Vehip Sinan tells us a lot.

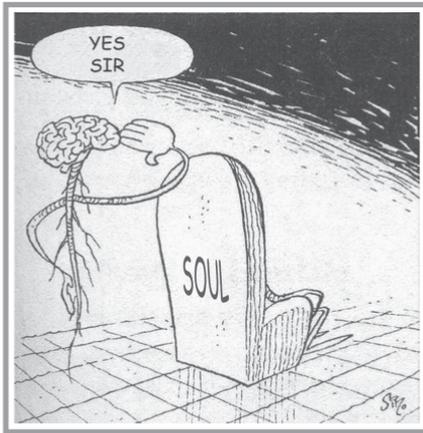


The power of a computer

REAL ADMINISTRATOR: THE SOUL

*I came from the eternal, clothed myself in flesh,
took the name Yunus.*

Yunus Emre



Real Boss

If we compare our brain to the cockpit in an airplane, a perfect pilot cabin and a control center, who is the pilot, in other words, the commander of this plane? No matter how advanced the aircraft and cabin are; airplane will not be able to take off if there is not a pilot for many years. Our brain is just like this. The pilot and commander of our brain is the soul. You can call it what you want, “Power beyond the brain” is definitely our soul. There is no meaning to deny the soul because we cannot adapt it to the positivist and materialist understanding. At the same time, it does not seem to be able to adapt our emotions such as love and compassion with materialist face of science. For example, how can we explain a mother’s compassion for her baby according to materialist terms?

We can liken the soul to electricity in a light bulb. How is a light bulb useful without electricity? Does it give light if it waits for years?

Many examples can be given. For example, can a piano perform a musical piece by itself? It may clatter due to a mouse passing over, but a pianist is required to create a harmony. The soul is like that not only for the brain, but also for the whole human body. It is a pianist who makes body work harmoniously, a pilot who makes body activate, electricity which makes body vitalize.

The whole body including the brain can be explained with the physical dimensions; since the soul is in a different dimension, it is useless to seek it in terms of materialist values. It is said that our body is the saddle beast of the soul in the ephemeral world. Thus, although our soul has many abilities, it can only reveal its capabilities in this world by being clothed a body. In this way, the soul manages our body, takes him away to the places where he wants and shows around, and actuates in any work that he wishes. The soul gives meaning to the body; it brings vitality, will, movement and discernment. They both constitute the human. Body without soul, soul without body does not make sense.

“The soul manages our body, takes him away to the places where he wants and shows around, and actuates in any work that he wishes. The soul gives meaning to the body; it brings vitality, will, movement and discernment”.

Although our soul is a purely abstract entity, some Western scientists who are in search of measuring everything have attempted to calculate the weight of the soul and they have even stated that the weight of the soul was 21 grams and they have talked about this in a movie. These are redundant efforts and the soul has no value as a matter in reality.

When we say “me”, we don’t think of our material body consisting of one hundred trillion cells, we mean our soul integrated with our nafs (the flesh). If our body constituted “me”, “me” would also change with 98% alterations that repeat every year. However, such a change is not realized in any human being. Yunus Emre expressed this fact very well: “I’ve dressed flesh and bone, I’ve come out as Yunus”. Like

all of us, real “me” of Yunus was his soul. As the sentence he said, he settled in a body when he came to the world, so he was visible.

He also referred to the soul by saying “There is a myself in me who is inside of myself”. In other words, he had a real himself hidden behind the visible “him” that appeared in him as in all others.

The center of human’s non-pecuniary aspects like compassion, conscience, love and hate is the soul that is abstract and has real presence.

In fact, it is the soul that interprets what he/she sees and hears. Those who say that these are done by the brain cannot provide any explanation. In other words; sadness, joy, imagination, compassion of human being are high human qualities and they are spiritual even if they create some activities in the body. Such features are not available in animals or they may be available in very primitive styles. Because there is no soul in animals.

According to the understanding of Islam; Almighty Allah has given soul to human by whiffing his own soul to zygote formed by combining sperm and ovule in the mother’s womb (Secde, 7-9). This soul is not a piece of Allah’s soul. According to İmam Gazali, the thing transferred to human by whiffing of Allah is what is transferred when a human whiffles something at his hand. The soul gained by this whiffing is also the divine light of Allah and is in every human being.

In addition, Allah Almighty lands a symbolic contract with this sperm which will form a human being. Allah asks “Am I not your Lord?” and the cell that will develop as human being answers him by “Yes, You are my Lord” (Araf, 172-173). This information called creation is placed in the genetic code of this cell which will form the basis of human, together with its other features. The desire for eternity plays a part in creation because of Allah longing and the influence of Allah’s soul.

“People always yearn the right, good and beautiful throughout their lives, since the disposition always involves absolute good, right, beauty and oneness”.

People always yearn the right, good and beautiful throughout their lives, since the disposition always involves absolute good, right, beauty and oneness. There is no human being who is opposed to what is obviously beautiful, good and righteous. Here, information concerning the entrust is also placed in this creature. For this reason, human is deemed worthy and he/she is totally considered as sinless and innocent till to puberty.

The soul should not be seen as a secular critter. While the body is finite and mortal, the soul is an immortal being. For this reason, the soul forms the difference between the living and the dead. Thus, even though the body gets old in years, the soul can remain young. In fact, elderliness is not a matter for it. People can say that “My soul is young”, so it is not wrong.

Psychology is called today as science of soul. According to Elmalılı Hamdi Yazır (a famous religious scholar, glossator) “It is a science of nafs”. When we look at the widespread use of psychology, the soul is not used in its true sense. Here, the functions of the brain are wrongly called as the soul. The acceptance of these functions of the brain as soul is not considered as correct in this respect. According to many psychiatrists like Prof. Dr. Ayhan Songar and Prof. Dr. Sefa Saygılı, “illnesses determined as mental (soul) illness are not illnesses of the soul, but the illness related to the brain functions”. Because the soul belongs to Allah and does not sick inarguably.

In fact, the body is not hidden from the soul, and the soul is not hidden from the body. However, it is reported in the Qur’an that no one is given permission to see the soul, and there is little information about the soul. The effort of human being is to understand this very little information. Its nature is therefore unknown. For this reason; dealing with and researching about the consciousness, which is the manifestation of the soul and which is called the inner eye or the eye of the heart, will give better results.

EVERY HUMAN BEING IS SPECIAL

“Each person is given a special barcode”.



“Each person is given a special

One of the most important differences between humans and animals is that each person is different from the other. In many ways it is possible to distinguish people from each other. For example, we distinguish someone we already know if we see him/her. Because everyone’s face has been created differently, we also know that our facial features form our personality. The pupils (iris) vary in everyone.

Even security systems for this difference have been developed. Even if he/she changes everything, he/she can’t erase the difference in his/her pupils. In addition, the Creator has given each of us a barcode: Our fingerprints.

Do you know that fingerprints are different even in identical twins? Recently, the capillary map of the palms (thenar) has been found to be different in every person and personality recognition devices have been developed for this purpose. The marks on the tongue are known to be different in every person. As mentioned

before, it is told by scientists that the brain curves are different in every human being. However, none of these differences is observed within animals.

What does all this mean? Apparently, the Supreme Creator has attached very special value on all people; he says merely “You’re all special, I’ve taken care of all of you”. Based on the result arising from this topic, no people are worthless and every person is an important interlocutor of Allah. So, no one has been created as a rambling one.

AESTHETIC CREATION OF HUMAN BEING

“We have indeed created the human being in the best of moulds”.

(h Tin, 95/4)

In addition to special creation of human, he/she has been created aesthetically. Have you ever seen more beautiful one drawn as alien creatures than human in cartoons? We can show one of the latest science fiction film “Avatar” as a sample. Do you think anyone would want to be that type? Creatures who have eyes displaced out of the way, faces ugly not comparable with human, blue-colored and tailed. We guess it would be inevitable that our eyes would be damaged by a minor trauma if we had those eyes. And the tail, good heavens, it’s not something you ever want to get used to (let’s mention here that Avatar means supposedly Allah in Indian beliefs).

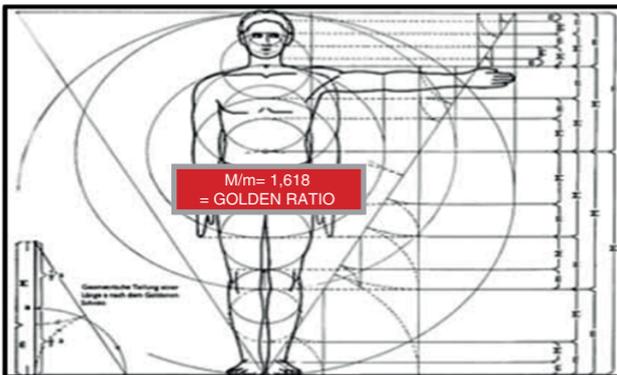
Apparently, more beautiful than the current type of human will never be possible. Oh no, it’s already. Because Almighty Allah says “We have indeed created the human being in the best of moulds (Tin, 4)”. At the same time, in terms of harmony and usage of our body, we have been created as orthostatic in the most suitable and most useful form to fit human dignity in comparison with animals. Moreover, when we try to change the places of our nose, ears, eyes we see that these changes will not befitting. Then everything in our bodies is the most beautiful in the current places.

It is a known fact that the human form is also aesthetic throughout the ages. The human body fits the golden ratio. It is known that the golden ratio which is said to be found in many species in nature is present in many features of the human body.

In history, the West first heard the gold ratio from the Italian scientist Fibonacci in the 14th century. Fibonacci admitted that he received this knowledge from Harezmi, a great Islamic scholar who lived in the 9th century. As it is known, Harezmi was a great scientist who found zero and is accepted as the father of Algebra. Fibonacci, who was affected by Harezmi, propounded Fi sequence. Fi sequence is numbers starting from 0 and 1 and then adding up these two numbers as the third one and this algorithm continues (adding up the last two numbers). To find sequent term The Fibonacci sequence is 0, 1, 2, 3, 5, 8, 13, 21, 34, 55, 89, 144, 233, 377, ... and so on. The ratio obtained from the division of two consecutive numbers after 13th term is 1,618 and called as the golden ratio.

As it can be seen in the figure, many ratios (M/m) in the ideal human body correspond to 1,618. Of course, it is not possible to obtain this ratio exactly in every person. But this ratio seems possible in ideal human dimensions. It is known that great painters and sculptors (such as Leonardo da Vinci and Michelangelo) matched their works to this ratio.

It is also understood that the human body is also aesthetic with all aspects and “Verily, all things have We created in proportion and measure (Kamer, 49)” with the expression of Quran.

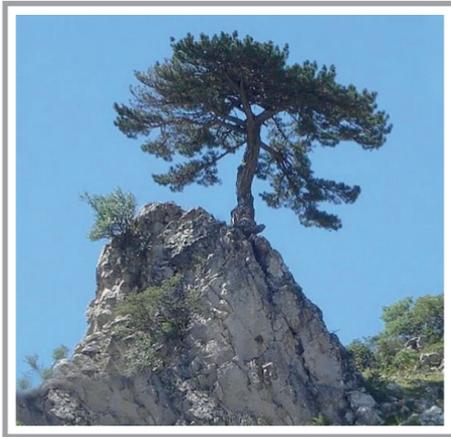


“Our bodies are created aesthetically”.

VITALITY AND THE LIFE

“No positive scientist has been able to prove vitality”.

There have been many debates in the world of science about how life and vitality began in the world. Is life an abiogenesis or biogenesis? In other words, did the creatures initially develop from the non-living, or directly from a living organism? Materialists and evolutionists advocated abiogenesis by saying that everything emerged out by matter and therefore vitality came to existence itself by matter in a long time, in an unknown and unimaginable way. According to the results of a number of recent experiments, scientists have explained that abiogenesis cannot be possible. The result of these explanations is that living things have never evolved from inanimates but from another living thing, so life is biogenesis.



A Tree Growing on a Rock

Although such issues are discussed in scientific circles even today, chemists make a confession: “According to the chemistry, life (vitality) cannot be proven, so there is no vitality scientifically. But it’s a fact that everyone knows, and we have to accept it”. Of course, according to the physics, life or vitality cannot be proved, too. This is one of the most important

issues that scientists are incapable of. Scientific circles are in advance acceptance that such issues cannot be proved or unknown in “for what” and “the reason why”.

Quran tells us that “When He decreeth a matter, He saith to it: “Be”, and it is”.

Here again religions and especially Islam become involved and say that: “Life (Hayy) is one of Allah’s attributes”. The Quran tells us that “To have a presence for everything depends on the command of “be” of Allah and Allah has a puissance that makes everything alive from livings and non-livings”. As living beings can be created from the dead soil, living beings also eventuate in death. In addition to this, Allah has made water as the instrument for life. According to Quran “Everything is made of water”. Water is the cause of life and vitality. Without water, there can be no vitality.

Vitality, according to Islam, is a divine breath that circulates on the world of non-living matter and energy. Indeed, it is said in the Quran as follows: “And in the creation of yourselves and the fact that animals are scattered (through the earth), are Signs for those of assured Faith (Casiye, 4)”. Although Mevlana (Rumi) said ”vitality“ for the soul; in fact the vitality is independent of the soul and belongs to this world. It is also called as brutish spirit. Vitality in plants, animals and humans is biological and sign of life, so it comes to an end with death.

OUR SENSES

*“We think we’re rich, however we’re poor;
We think we are free, but in fact we are in captivity”.*

Muallim Naci

As we know, our perception of the outer world as a body is through our 5 senses. Thanks to our senses of vision, hearing, smell, taste and touch; we realize the world of matter around us. If we don’t have one of these (especially one of the first two), our contact with the world is limited and we are considered as disabled.

We have evaluated that how underdeveloped our senses opened to the outside world are in comparison with the animals.



“Our senses are windows that open to the outside world”.

We are kneading, evaluating the data related to our senses with intelligence-mind-consciousness filter for us unlike animals. Even if our senses are enough to connect our body with the outside world, we understand that our organism is not enough for us; it limits us. Therefore, human beings use the wisdom to make their organisms more adequate. That’s why, we’re more superior than animals. For example, when we have insufficient vision, we develop cameras and see the remote areas of the world simultaneously.

When our hearing is insufficient, we can easily hear a friend in the farthest part of the world by developing a mobile phone. This is the case with wisdom that does not exist in animals and in this way, as a human being, we are much more superior than animals. Thus, we have been establishing the culture and civilization that animals have not been able to do for millions of years. In this way, we control the whole nature and the world, we dominate it.

Despite all these developments with mind, human being is still bored; he/she realizes that he/she has a limited, finite life; he/she is not satisfied or happy with his/her position as a result of this consciousness. He/she is worried about the awareness of limited and temporary world. The great Islamic mystics call this body which is limited to the five senses as body-cage. The human being sees himself imprisoned in this limited organism and frown upon. Human beings observe that their bodies are not enough for themselves due to their superior autocritic ability (consciousness), therefore they feel incapable of working and make an effort to complete it. Muallim Naci explained this situation of human beings in his poem as follows:

*“We think we’re rich, however we’re poor;
We think we are free, but in fact we are in captivity”.*

The fact that our five senses are limited forces, people and develops their skills with the idea of completing themselves. Thus, they form technology. So this limitation is auspicious and in favor of human. The desire to make a variety of such tools mentioned above, i.e. camera, glasses, telescope, mobile phone, airplane, missile, stem from overcoming the limited organism. But none of them can lead to the real happiness. For this reason, disappointment always as a result of the effort to be happy with the matter condemns human to depression and a stressful life. Nowadays the cases when the young people reach the high level wealth, they commit suicide are investigated, and the spiritual hunger seen in almost all of them is the most obvious indication of this.



Body-cage limits the human

The premonition except the five senses that is examined and called as the sixth sense (“foresee” in the past) is a situation accepted by everyone. The intuition, which is seen as more developed in women, means that a future event can be felt beforehand. This is the connection with the transcendent realm, which is seen as a sense of the spiritual nature of human. Only Allah knows the future (unseen), but with the notice of Allah, some people may be partially aware of the knowledge about the unseen.

Another parapsychological condition, like the sixth sense, is telepathy. It means that people who are far from each other communicate with each other without a physical connection. Scientists have done very intensive studies on this subject and they have proved the existence of telepathy. Previously, this phenomenon was thought to be by the electromagnetic waves of the brain, but it was determined as an opposite situation later. It was understood that the waves belonging to the brain could go only a few meters away. In the course of these studies; Russians placed a person, Tomashevski who was telepathically powerful, in an insulated Faraday cage that did not pass electromagnetic waves, and they found that this person could send information to his friend at a distance of 1500 km. A submarine called Nautilus, after having sailed into the sea in the

1990s, it was reported that an officer had telepathically transmitted the ship's information about 300 miles away and this news had a great influence on the public. As a result, it is understood that telepathy is a purely spiritual phenomenon as a whole. We can often see telepathy in mothers. You must have heard of many mothers who have been restless by feeling the distress and even death of their children. In a study conducted in the United States, it was found that 60% of women had telepathic events. As a result of these studies and awareness of the senses, scientists have admitted that they cannot deny the existence of the soul and fallaciousness of materialist understanding.

Here, we also emphasize the other parapsychological, paranormal terms: Psychokinesis, which means that people affect articles and their environment without using their body and muscles; Telaesthesia (such as telepathy, intuition, clairvoyance) which means to gain oversensitiveness in the ability of hearing and understanding; Metaphysical phenomena, which are not fully understood by science, are also frequently seen in people like *dejavu*, which is an event that has the feeling of being previously lived. Scientists work intensively on all these unusual situations.

Our Spiritual and Carnal Feelings

There are different emotions in humans along with the five senses. These can be negative as well as positive. Negative emotions are described as the inferiority of our desires and positive feelings as the spiritual aspect of our desires. Negative feelings such as selfishness, pride, arrogance, envy, doubt, stinginess, greed, jealousy, anger, fear and sadness pertain to our desires.

Unfortunately, people live these negative feelings in a very comfortable way that they do not like when others do. These are emotions that activate the desires of the self and can lower human beings. Although restrained ambition and anger may be accepted partially in certain conditions, emotions such as envy, arrogance,

jealousy cause certainly self-depreciation in human. For instance, Hacı Bayram-ı Veli said about arrogance: “The arrogance is similar to a stone fastened to the waist. Human cannot fly, nor can swim with it”.

In contrast to negative emotions, there are also beautiful and positive feelings that always elevate human beings which are love, trust, responsibility, fidelity, fairness, altruism and patience. These feelings are related to the direction of the desires towards the soul. Love and altruism (working for others) in these feelings may be the remedy for all the problems of today’s humanity. The crying of the baby after birth (with the exception of medical reasons) is due to the need for trust with the concern of being away from the mother. This need reveals one’s desire for attachment and endurance.

Some negative feelings given to human can reach positive results if targeted. For example, the sense of hatred that we see as negative when it is one’s own personal interests; it becomes a person’s honor when it is against the wickedness, immorality, injustice and oppression socially. Anger also becomes a high feeling if it is developed against injustice. A person who doesn’t have anger in spite of the persecution loses his/her humanity. So where all these emotions are used is important. For example, the statement of the prophet Muhammad for anger is excellent: “He is the valiant who can control himself/herself when he/she gets angry (Buhari, Edep, 76)”. Because as it is known, “When the anger comes, the mind goes”. The state of anger enfeebles mental skills. For this reason, he/she presents carnal and unhealthy reactions. Here we can share a great example: As Ali (one of the first muslims and the third khalifa) was going to kill his opponent in a war, he spit on Ali’s face. However, Ali didn’t kill the man and liberated him. The opponent was surprised by this situation and he asked Ali why he behaved like that. Ali answered: “I was going to kill you for Allah. But if I kill you now, I would kill for my desire”. It is seen that Ali had a very strong manner when he prevented his anger.

“Mental skills lose power when human gets angry and present fully carnal and unhealthy reactions”.

Emotions such as ambition and greed give admirable results to produce great works and improve knowledge on the condition that they are used in a restrained way.

Feelings like pleasure and delight used in the satisfaction of human self are like that, aren't they? If they are rightful and do not harm anyone else, they are beautiful, they color our lives. Rightful pleasure also make our lives livable. In fact, it would be nice to satisfy our true pleasure with the service of other people, for example to hold an elderly person's hand, to please an orphan. One who experiences this pleasure can never move away from it again. In this way; the spiritual pleasure have a different taste, which is not told, but experienced. Mevlana says: “What emotion you turn the way of the world of the invisible realm, this emotion is no longer obsolete, does not waste away, does not die” (The invisible realm is the absolute world known only by Allah).

That is, human can turn most of his/her feelings which seem to be negative into positive if he/she wants.

Directing the Senses by Hypnosis

One of the studies that unveils the subconscious is undoubtedly hypnosis. It is a controlled sleep state induced with inculcation by a hypnositer. In human hypnosis studies, which have been known and practiced by human beings for centuries, it has been revealed that human capacity is more than we know. Hypnosis may also interfere with the senses of a person. For example, you can make a hypnotized person eat a bitter onion like a sweet apple. So much so that, he will still say that he feels apple taste in his mouth when he wakes up. In another example, it is possible to remove pupil constriction in light

(miozis), which is a physiological state, in hypnosis by inculcation that the person is in a dark environment. This effect of inculcation on the human physiology is countless. It is understood that the people who know the hypnosis and the topic, can lead people to irrational actions by inculcates or advertisements. Here, we have understood the secret of Corporal Seyyid who showed great heroism in Çanakkale Battles and could lift the 276 kg cannon ball when he came face to face with enemies. He could not lift this weight at normal time. So, we realize that human has a power far beyond what we know. In addition, subliminal messages relevant to subconscious are used by communities which want to direct societies, human emotions and behaviors.

The Data of Our Senses is Relative

Scientific studies have shown that our senses and emotions cause some biochemical activities in our brain. Therefore, it is understood that these mental activities and programming of our brain need the soul which is the power beyond the brain. The human mind was found to be separate from the brain. Nevertheless, we cannot explain many of our feelings. For example, can we describe the smell of rose, fear of death, affinity, love and anger? It is not possible to express such emotions but can be learned by experience. Just like the case below:

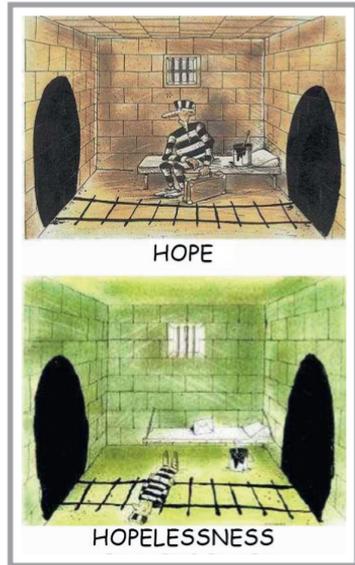
When Napoleon was defeated in the Battle of Waterloo, he fled alone and took refuge in a shop in a village. When the enemy soldiers arrived, the shopkeeper hid him and directed the soldiers to the wrong side. Later, Napoleon felt relieved when he saw his own guards coming and then went outside. The shopkeeper called out to him as he prepared to thank him: "Sir, how was the fear of death?" Napoleon got angry on this question and shouted "How dare you man! How can you ask me such a question?" He turned to his soldiers and said "Arrest this man immediately and execute him"! While the

man was in fear and astonishment, the soldiers tied his hands and eyes and took him to the near of the wall. The man didn't even notice what was happening, waited for what was going to happen and a fire was ordered in a cold sweat. After a while, someone untied the bond in his eyes. Napoleon who was smiling at him said "That was the feeling".

Yes, some emotions are not known without experience, but to experience is not absolutely required to learn if the subject is smart people.

Therefore, there is no absoluteness in any of the limited and mortal worlds we perceive with our senses at every moment because the data of our senses is relative. As in Einstein's famous relativity theory, everything belonging to this world is relative. So everything is relevant to our perception and perspective. Everything that you can think of is relative like size, weight, happiness, fatigue, loneliness, pretty or biting. Let's give examples: Take a glass of water in your hand, it is quite light, but if you wait for half an hour, it will get heavy, so you will have difficulty holding your arm. In the first pages of our book, we have seen that the world is bigger than some other planets until comparing the world with the sun. When antares, the big stars of the Milky Way, came out the sun seemed smallish. Human's loneliness sometimes does not disappear in any crowd. People can be alone in the crowds. If a Allah-friendly person is lonely in the mountains, he is not really alone, and never has that feeling. These manifest the relativity to our eyes very clearly.

Isn't that our happiness? When we are very happy, the death of a loved one is enough to poison the rest of of our lives. If you like drinking coffee well-sugared, coffee with a little sugar is extremely



They both look at the train.

tasteless for you. If you get used to coffee with no sugar, then coffee with a little sugar will be very sweet for you.

Here is a story told for the relativity of fatigue: A family goes on a picnic. While the mother was cooking, the father and his 5-year-old son were walking towards the mountain. When they went far away and it was time to turn, the boy started crying: "Dad, I'm so tired, take me on your lap." The father is also tired, thinking about what to do, goes and takes a tree branch and gives it to his son and says "My son, look, I bring you a horse, if you get on you will reach up to your mother comfortably". The child rides the horse made out of the branch with great excitement, runs at full gallop without feeling tiredness and reaches her mother. Isn't that the same for us? At a time when we feel very tired, if we meet someone we love and haven't seen for a long time, we neither feel weariness nor complain.

"Every feeling in this world is relative. Getting rid of the limitation and the relative environment will only be possible with the effort of reaching our Creator".

As we said at the beginning, all kinds of feelings in this world are relative. But this relativity, in fact, also makes people feel a sense of insecurity. It makes people of our age depressed. Absoluteness (100% certainty) belongs only to the Supreme Creator. To get rid of the limitation and the relative environment will only be possible with the effort of reaching our Creator. According to the great mystic Muhyiddin Ibni Arabi, it is not possible to know the absolute truth, that is Allah, with the five senses. If the human being wants to find the true satisfaction, to reach the real happiness, he/she has to reach the freedom by getting rid of the body cage. It is only possible through rising morally (spiritually).

Mevlana (Rumi) explained this issue as follows:

*"Dude, you're totally thought.
You are flesh and bone for the rest.
If you think of roses, you'll be rose garden;
But if you think of thorns, you'll be thorn patch".*

Yes, everything is about the perspective of human and the beauty is in the eye of human who looks at. One day, Abu Bakr (the first khalifa) looked at Prophet Muhammad and said “What a nice person you, ye! Muhammad”. And he replied “Yes, you’re right”. After a while, a polytheist revealed his anger by looking at the Prophet and said “Ye! Muhammad, how repellent and ugly you are”. And he replied again as the same “Yes, you’re right”. Abu Bakr, who witnessed this situation, was surprised and asked “Both of us said the opposite things, but you said “You are right” to both of us. What does it mean”? Supreme Prophet says “I’m a mirror. Everyone looks at me and sees what is in himself/herself. You saw the beauty you had inside of you, and he saw what was inside of him (Kenzu’l Umman)”.

Control of Emotions

Emotions can sometimes lead to exorbitance that causes own destruction. For this reason, the success and exaltation of human being are related to being able to impede the feelings which are the tools of self. Patience, therefore, is of great importance in every stage of nurture of human. Those who can control and master their emotions patiently become wise people.

In a study called “Marshmallow” experiment at Stanford University in the USA, 5-year-old children were given some tests and two marshmallows were placed on one side. The marshmallows weren’t supposed to be eaten until the tests finished. But if someone wanted to eat before he/she finished the test, he/she could eat only one marshmallow and not eat the other. After these rules were explained, children were observed. Some of them weren’t patient, they ate one marshmallow at the beginning and became disqualified. The others who tried to complete the test and have two marshmallows, strive to cover them with paper or their arms in order not to see marshmallows. Thus, it was observed that the children who deserved

two marshmallows were able to master themselves because they were able to behave patiently and thus succeeded in their later lives. Because those children have managed to control themselves throughout their lives.

We can easily say that the fasting of the Muslims is very important for the control and nurture of emotions and thus the self.

TEMPERAMENT AND THE ENNEAGRAM OF PERSONALITY

“Style of statement is same of the teller”.

Human's innate behavior, style and tendencies are called temperament. From another angle, temperament can be regarded as the product of the combination of spirit and body. The characteristics of human temperament can be directed towards the good as well as the bad. However, human's temperaments cannot be absolutely good or absolutely bad.

Temperament is in fact a matter of style. That's why, it's said that “Style of statement is same of the teller”. In other words, one determines himself with his style. Therefore, in order to understand a person, it may be enough to look at his style, that is to say, to make him talk a little. What we call the personality exist over time by these temperament features that develop and mature as a result of communication with the environment. A person reaches a true and real personality through an education appropriate for disposition. Misleading education and orientation may result in unhealthy personality types that harm the environment. Pseudopersonalities that wear separate masks in each environment and have different personalities exist as a result of the loss of people's naturalness. Here, appropriate education is very important in terms of the creation of real personalities.

“Human's innate behavior, style and tendencies are called temperament. From another angle, temperament can be regarded as the product of the combination of spirit and body”.

Many scientists who want to categorize human nature and personality types have divided people into different groups throughout history. Today, it is tried to be developed as a discipline. For example, today's medical authorities present three different personality models as "asthenic, athletic and picnic types". The asthenic type is weak, sensitive and also very stressful. Athletic types are average types that appear to have the ideal body as in its name. Picnic types are fat, unworried, cheerful and paternalistic personality model.

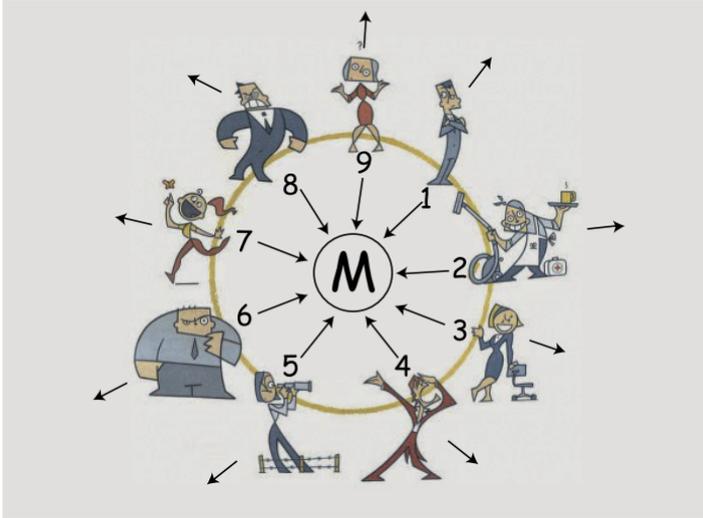
Although human typing was studied in the old times (enneagram in the West), many Islamic scholars, especially the great Sufic Ahmet Yesevi, were very interested in this issue, and then some Western scientists were influenced by them. There are three different types of personality in this different classification, in which the Islamic scholars and today's western scholars come to an agreement considerably.

1. Physical personality structure: People of this personality type have a practical structure. Physical attitudes are at the forefront and they are intrusive. Personality types 1, 8 and 9 are physical types.

2. Emotional personality structure: Ties of affection are in the foreground in this type of people. Their sensuality is important. Personality types 2, 3 and 4 are emotional.

3. Intellectual personality structure: The intellectual view is in the foreground. Intellectual and mental activities are important. Personality structures 5, 6 and 7 are intellectual types.

All of these typologies have good and evil personalities. In the figure, the good and ideal type is reached by going towards the center, and the pathological (morbid) type by going out in each personality type. Many people may be involved in several of these personality types at the same time. In other words, they are not strictly separated. We can easily say that the more people in the world; the more humor, characters and behaviors we can see in them. After all, if you ask "Who am I?", we can say that "You are the compound of all living and non-living people you have ever communicated with".



Personality types

When these types of personality go inward, towards the center, towards the ideal, they meet in the middle, in other words at the “core human”. According to Islamic scholars; he/she is the most beautiful example where each personality structure unites on the most ideal type (M). Namely, the lover of Allah is Muhammad (peace be upon him). Western personality analysts, removed the understanding of Core Human concept after receiving this model from Islamic scholars. Thus, according to them, the role model has lost its meaning.

Now let’s analyze the personality types briefly and separately:

1st Physical Personality Type: People of this personality type are very organized, tidy, restrained and well-disciplined. They attach great importance to morality and their sense of responsibility is high. They tend to be the perfectionist characters. Those who are negative are wower, that make life unbearable for the people around them.

2nd Emotional Personality Type: These are love-centered, always giving, altruistic types. They are willing to serve, be appreciated, helpful and love to speak. They are kind, waiting for kindness and appreciation from others, but they can get hurt easily.

This is the type of mother who exerts herself to please her guests. They show empathy of the highest order. So they can be teachers, psychologists, marketing experts and public relations staff.

3rd Emotional Personality Type: These are people who motivate others very well, value career, love competition; they are success-oriented, ambitious and impetuous. They're good marketing experts. They make publicity of themselves first. They attach great importance to the Western type of personal development. According to them, everything in life is trade. They are literally the American type. They always want to be the top and popular. Life is a race and competition for them. But they have difficulties with saying "No". They can't continue the marriages for long. If they reach maturity and take lessons from their mistakes, they can attribute their success to Allah's sake.

4th Emotional Personality Type: These are people who are difficult and have contrarian personality considering "Do the opposite of what everyone does, be different". They draw attention with their interesting clothes, symbols and jewelry. They like abstract thinking, they don't like to share. They are introverted, cannot do teamwork. They are people who are artists, poet-spirited; they have curiosity in philosophy and metaphysics; their imagination has developed. Types like Frédéric Chopin, Pyotr I. Tchaikovsky can be considered in this group. These types with melancholic attitudes should be brought together with reality. They can be successful in business that requires art such as architecture and design.

5th Intellectual Personality Type: They are curious and intellectual personality types who value expertise and knowledge. They are pedantic and opponent types who are arrogant; they cannot communicate well, but love scientific studies. They don't believe in unreasonable things. They are planned and programmed and they love numbers. Prosecutors, judges and scientists such as Einstein are considered in this type.

6th Intellectual Personality Type: They are cautious people who avoid risky ventures; who are questioning, skeptical and often

pessimistic. They care about insuring their business. They value intelligence. Conspiracy theories are important for them. Detectives and intelligence officers are these types.

7th Intellectual Personality Type: These are people whose imagination is wide and who are cheerful, witty and farceur. They are also innovative and inventive. They are enthusiastic, original and optimistic. They care about brainstorming and adventure. They love to learn by travelling and they can plan even when they are running. Although they are not leaders, they are loved by the society. They are fidget, insatiable, disorganized and unstable personalities. Galileo Galilei, W. A. Mozart, Thomas Jefferson and Benjamin Franklin are good examples.

8th Physical Personality Type: These people have leadership spirit. They are freewheeler, generous, brave and actionist types. They express their anger easily. They are practical types that look like trustworthy and they love to solve the problems by interfering personally. They are generally straight-out and leaders who can pave the way for communities. The negatives are the mafia types.

9th Physical Personality Type: People with this personality structure are staid, easy going and patient. They are a natural big shot who implement balance policies and have high persuasion abilities. Their negatives are indecisive, but they are peace loving, tolerant and mediating types.

PHYSIONOMY

Recognition by looking at people's faces from outside has attracted the attention of many people throughout history. In fact, efforts searching the codes of the human character in the physical appearance of the face, nose and eye structure still continue. This understanding was first encountered in Aristotle time. The idea that personality traits can be understood from the shape of a face, which is called physiognomy in the West, is known as "knowledge of face" or "knowledge of clothes" among Islamic scholars. The most important Islamic scholar on this subject is Ibrahim Hakkı of Erzurum. Psychiatrist Prof. Dr. Erol Göka said that "This approach, which has different manifestations in the West and in the Islamic world, cannot be scientific or Islamic and it goes up to racism in practice in especially Western countries". For example, the understanding that a person with hard eyes and thick lips could be a thief became popular during a period in the West. Thus, some people were found guilty because of their nose, lip or eye shape. Even today, it is possible to say that this is still partially valid. Instead, it is the real science for Islam that is para-psychology given to some great personalities. Here one can know the character of the other person with intuition and ability from Allah. There is also a hadith about it: "Beware of the acumen of the believer, because he is looking with the light of Allah (Tirmizi, Erfsir, 15)". Apart from all these explanations, it is possible for experienced and expert people to solve the others with body language.

CHAPTER 3

VIEW OF CIVILIZATIONS ABOUT HUMAN

“A human who has self-conscious knows Allah”.
Socrates

All societies around the world have been involved in different civilization departments. Material, spiritual and cultural values of societies are the raw materials of civilizations. Civilization refines them by involving all the cultural values of societies and brings them together in a holistic understanding by making them aesthetic. It's a matter of style. There is a harmony in the societies within a civilization circle in terms of life, social relations, art, aesthetics, environment and human perspectives. Civilizations are exalted with respect to the elegance, delicacy and point of view in their sense of aesthetics and become respected in the world. But above all, the measure of civilizations must be human, because civilization level is determined with the view and importance that they attach to human. Here we will try to summarize different understandings with respect to different manifestations of civilization.

PHILOSOPHICAL OUTLOOKS ON HUMAN

Civilizations, as mentioned, gain value with respect to anthropic understandings. There are many philosophical views in the basis of Western civilization along with Roman Pagan and Christianity. Philosophy is, in fact, a mental effort that explores the source of knowledge and questions human, transhuman and existence. Since Ancient Greek, hundreds of philosophers have played an active role in the formation of Western civilization. They have been generally away from the Divine messages and tried to reach every point that could be reached with the mind. Much progress has been made in this regard. Many idealist, materialist, rationalist and spiritualist movements tried to answer (ontologically) the existence of human being.

The part of philosophy that analyzes the theories of existence is called ontology. Ontology searches the nature of being and questions human, source of knowledge, spirit; and answers to the question of “What is Allah?”. But the views on these issues are so different that almost every philosopher has given different answers. These can be grouped under two headings in terms of Western Civilization: Materialists and Spiritualists.

According to materialists; everything is made up of matter and its different manifestations. Matter is eternal, and therefore they do

“There is a harmony in the societies within a civilization circle in terms of life, social relations, art, aesthetics, environment and human perspectives”.

not believe in the soul, the eternal life or Allah. Spiritualists, on the other hand, see the soul as a separate and completely independent being from the body. According to them; body is limited, static and captive. The soul is free, dynamic and willful. Despite these views; spiritualists are positivists, they are hand in glove with psychics and say that they are in contact with the dead. Although there are many differences between them, they believe that the soul matures in time and thus they believe in reincarnation.

Pantheist philosophers, who regard all existence and everything in nature as Allah and identify Allah with nature, continue their influence even today. Sentences like “Nature has created in this way” that we hear in many occasions are the result of effects of pantheists. According to them, the created things and the Creator are the same, that is, nature and Allah are united. In fact, it means idolizing and deifying of objects, materials and all creatures. Therefore, pantheists believe in a Allah who exists only with the physical uniand whose existence depends on nature. In this understanding, which is considered as another form of atheism, nature is seen as Allah. There is no entity other than what is seen. Yet such a Allah cannot create the unifrom nothing, because such a Allah cannot exist independently from the physical universe.

Because of these different understandings, philosophers could not agree on the source of knowledge. For example, the founder of positivism, Auguste Comte reported the matter as the source of information. According to him, all spiritual events were manifestations of matter. Empirical ones, such as Epicure, saw this source as “the effects coming from outside”; Sensualists like Stuart saw our emotions as “the first elements of knowledge”. Schopenhauer attributed the basis of being to will, some others to our minds or our consciousness. Pantheist Spinoza, on the other hand, said that “The source of knowledge is Allah, which is the basis of existence, that is nature”.

Humanism, which said that it placed people in the core, has found many supporters and has made people the focal point of life more than any other philosophical views since the middle of the

19th century. However, it reveals a fake love of humanity by isolating human being from values. Humanism believes in the eternity of the human mind. But it does not accept that human is so special and so different from animals. Therefore, it is against to dominate the living things. Humanism is an ideology whose foundations are based on Greek and Pagan understandings. It rejects religions and has no moral basis just like all philosophical approaches. However, its great advocate Renan called it as “the religion of the time” and Auguste Comte called it as “the religion of humanity”. A Turkish philosopher Cemil Meriç, on the other hand, called humanism as “the religion of an unbelieving era”. According to this ideology; there is no Allah, people created Allah in their imaginations. Therefore, it gets along with atheism and materialism, and it offers people a secular life. Although there are no definite criteria, advocates have said that humanism can perfect human beings and bring them to the highest levels. But it is unclear what measures and role models it relates to. As a result, this understanding that has no sanctus served greatly the present capitalist exploitation and consumption system.

“Socrates said a wise sentence ‘Who knows himself/herself knows Allah’. This statement was said in different styles in many belief systems up to Islam”.

In Ancient Greece, in the time of Socrates, the purpose of philosophy was to know the human being. The philosophers always sought eternal truth, eternal kindness and eternal good. Even Socrates said a wise sentence “Who knows himself/herself knows Allah”. This statement was said in different styles in many belief systems up to Islam. Later, in the Islamic literature, it was said that “Who knows himself/herself knows his/her Lord”. It is clearly understood that this is a wise sentence which goes back to the beginning of human history.

Through philosophy, philosophers have reached every point about human that could be reached with human mind. However, no philosophical movement has ever emerged that comprehends all aspects of human beings. Some of these philosophers, such as

Aristotle and Pascal were considered to be the first, gave different horizons to humanity. Aristotle mentioned about “a golden median” in human relations. According to him; everything had to be within a measure. For example, people had to eat adequately while eating, not excessively, but not stay hungry. Instead of cowardice or stupid venturesomeness, he/she had to have smart courage. Instead of being stingy or extravagant, one had to be generous. This is actually the message which Islam wants to give, and Islam calls it as “steering a middle course”. Similarly, we can encounter with the wise sayings of all philosophers from time to time. But since they did not receive Divine help, none of them could complete the whole puzzle, explain the life or the human completely. In other words, they were able to reach a certain truth with the mind, but could not go further than a certain point.

Some of them even led humanity astray. For example, some said that they had to endure the pain and even enjoy it; others expressed the need of “staying away from the pain, but living the moment and never thinking of death”. Thus, they formed a hedonist community that only thought of their own pleasure and delight. This wrong mentality affects some people even these days.

Harmful Consequences of Philosophy

“Philosophers are birds with one wing”.

Mevlana

Some philosophers have caused great harm to humanity as a result of their thinking systems. For example; Nietzsche, who was hostile to all monotheistic religions especially Christianity, had a pagan belief at the same time. The fascist and communist dictators who caused the catastrophes of Europe in the 20th century emerged from his “superior human” understanding. The superior human understanding eventually formed the superior race. As a result, hostile types to humanity such as Hitler and Stalin came into

prominence. Nietzsche, who said that Allah was dead, was accepted by many philosophers of our time as “a philosophy authority” and he spent his last years in a mental hospital with psychosis. At the entrance of the university it was written that “Allah is dead”. When he died, a student erased this sentence and replaced it by “Nietzsche is dead”.

Today the social psychologist Karen Horney, although she is narcissist (self-loving), says “the anxious person of our age” seems to experience more and more trouble.

“Efforts to create the superior race led to the emergence of fascism on one side; and communism to manage people in herds like animals on the other hand”.

Philosophical thoughts have always stayed away from understanding and explaining human beings because none of them could explain human beings completely, because of trying to adapt all the behaviors, desires and aspirations of human beings to the material patterns by shifting to a complete materialism and tending to deny and neglect those who did not observe these patterns. In fact, many philosophers did not understand the discrepancies of life (such as life-death, eternity-mortality) as a result of lack of understanding of monotheism (Allah’s oneness). They were condemned to a depressive life like Kierkegaard. That is why, Mevlana called the philosophers as “birds with one wing”.

When the evolutionist Darwin’s mentality that advocated natural selection in the biological sense, Freud’s insights that all human beings acted with sexual impulses from childhood and Nietzsche came together; an understanding of civilization emerged, which saw human not different from the animal, and thus said that the powerful human was valuable. As a consequence; the efforts to create the superior race led to the emergence of fascism on one hand, and on the other hand the attempts to manage people in herds like animals caused the emergence of communism. In addition to this, capitalism was also a result of the superior human understanding

which made everything legitimate for making power and money with a Machiavellian mentality and which was based on exploiting the societies by making them consumption societies. Thus, the 20th century entered the history of mankind as an age of ideologies, resulting in the deaths of millions of people with two eurocentric world wars. In other words, humanity could not be happy with these ideologies. In the meantime, it should be noted that most of these understandings have atheist ideas that do not accept the existence of Allah. Atheists claim that the laws of the jungle have no justification and the uniis completely meaningless. Therefore, the real value of the human being cannot be understood by them.

Today, two aspects of humanity are still emphasized on the basis of the economic understanding of liberal capitalist systems: the first is selfishness, the second is rationality. Since the rationality of the human being in the capitalist understanding is based on the consideration of his/her interest, henchman comes to the forefront in all circumstances. Other features of human do not matter here. Any way for their self interest is acceptable. In this case, pragmatism is important, and its origins are based on psychological hedonism. Therefore, people who pursue pleasure and interests take up the society. The result is a society that is insincere and untruthful. An unhealthy society whose basic motto is “homo homini lupus” and “vae victis”; people think “What’s for me in it?”, for the others “Me generation” in the words of Jean Twenge!

“Capitalism promotes fear, anxiety, selfishness, insecurity, ambition, sexuality, restlessness and anger in the world rather than feelings of love, altruism, and empathy”.

Capitalism promotes fear, anxiety, selfishness, insecurity, ambition, sexuality, restlessness and anger in the world rather than feelings of love, altruism, and empathy. People in this mindset, who continuously want more, consider emotions such as austerity as outdated and ancient. In this case, one always wants to get rid of the inner distrust by saying “more and more” and getting more goods, but he/she never succeeds.



1994 Pulitzer award winning photo

Thus, the instinct of possession kills all other human values and overcomes them. Isn't that the attitude of Kevin Karter, who won the 1994 Pulitzer Prize with the photo above? After taking this photo, he was excited for the award and finally achieved what he wanted.

Is it really a success for humanity? After three months, he remembered that he had forgotten something at the place where he took this photo, but it was too late. What happened to that kid? He didn't know, because he had just left the kid and got stars in his eyes, but in the meantime he had forgotten his humanity. It was released to the public that he committed suicide due to his depression as a result of this reality. Here is the success of the West and the Western and the point reached in the name of humanity! Let's not forget that this attitude will not be demonstrated by any human being raised with the understanding of Islamic civilization.

To give a small example, we can talk about the esteemed journalist Coşkun Aral. When this journalist saw someone injured in the Lebanese Civil War in the 1980s, he discarded his journalism and rescued him from the fire line.

Doesn't the attitude of Europe and America based entirely on the interests of the colonies show the value that the West gives to other people in this direction? Aren't those who exploited Africa

to the marrow responsible for the millions of children who starve to death today? When we visit Africa, we see that the countries which are said to have gained independence cannot be economically independent at all.

As a result of the capitalist understanding, which is influential more today, millions of people are working for peanuts for minority interest. The 400 families in the United States are said to be economically stronger than the sum of 330 million people. This point is a subhuman result. The recent “Street Wall public demonstrations” that started in the USA and expanded to the Western capitals are an indication of this revolt (As it is known, Wall Street is the center of capitalism). So people are still unhappy.

Reincarnation (transmigration of the soul)

“The concept of transmigration of the soul is based on the Caste System in the Far East”.

Reincarnation means that “The souls mature by passing from body to body”. The foundations of this belief were first emerged in Brahmanism, Hinduism and Buddhism in the Far East. Since societies with these beliefs have a caste system, reincarnation is said to develop based on the system. The nobles in the caste system keep the majority which are slave under control with this understanding and thus prevent the revolts against the system. Accordingly; if slaves become calm and good people, they can rise to the next degrees in their next lives, gain a more mature and better social level. Otherwise, they will fall to lower levels.

According to this understanding, until the soul matures and reaches Nirvana, it returns to the world again and again in other bodies and continues maturing. This body is not only a human body, but also different living things. This view was carried to the West by Plato. The opinion that it got about in the Middle East and the world later is dominant. However, there is not a well-established opinion among scientists and no serious result has been put forward.

Some people appeared from time to time, claiming to have lived in other bodies in other countries before. Almost all of these people, heaven knows why, lived as elite people either as a prince or princess in ancient history, and they did not say that he/she lived as a servant or a slave. It is noteworthy that those who uttered this issue in Turkey were generally among the Christian and Nusayrian Arabs in the vicinity of Hatay.

Of course, such a belief destroys the understanding of the Afterdeath and the idea of Divine justice. That is why such an opinion is unacceptable in Islam. It was stated by the scholars that a believer who believed in such a thing would accept nihilism. It is not acceptable for a human being to be an insect or a mouse in another era or to be another person who could do evil for human that was created with great care by the Creator from the fingerprints to the aesthetic structure. Where is this maturing? Besides, if people had been so mature by this process, would there be such problems today?

This case, on the other hand, resembles a subconscious play. It is easy for someone to become crank by supporting his/her subconscious complexness and escapism with his/her dreams. Such people may also associate himself/herself with some imaginary identities by these subconscious effects. You've heard of many mentally ill people who thought they were De Gaulle, Napoleon or Gandhi. These people were mostly schizophrenic and paranoid. My deceased professor Dr. Ayhan Songar's marshall at Bakırköy Mental Hospital is famous, for example.

According to some Islamic scholars; some of the people who said that they experienced reincarnation (soul transmigration) had some information through the genies. As a result, whatever such an understanding is not suitable for the Islamic faith.

Development of Psychology

The study of the state of human mind has been conducted throughout the history of humanity and many different approaches have been exhibited in this field. Modern psychology began to develop towards the end of the 19th century. This branch of science was influenced by philosophical movements, gained a different dimension with Sigmund Freud for the first time. Freud described consciousness and unconsciousness in his own way and used the terms id, ego and superego. According to him, ego expressed human consciousness, i.e. self, id expressed subconscious and superego expressed overconscious. Consciousness was like an iceberg, and the invisible part of the iceberg formed the subconscious. Anything we could think of and did not know where it came from could be explained by subconscious and unconscious processes. On the other hand, superego was a set of values such as religion, morality and social rules which, according to Freud, were the concepts that suppressed the human being and should not have existed. Unconscious access was through hypnosis and dreams. Freud connected dreams and all symbols to repressed sexuality. According to him, human was almost a sexual pervert from birth and had sexual pleasure even when he/she was sucking milk from his/her mother. However, the unconscious he described at the ego level is only preached by Islam. As Freud had a materialist understanding, he took human into the laboratory and tried to understand him/her under the microscope. Later, the scientific community realized that human being was too complex to fit into a microscope.

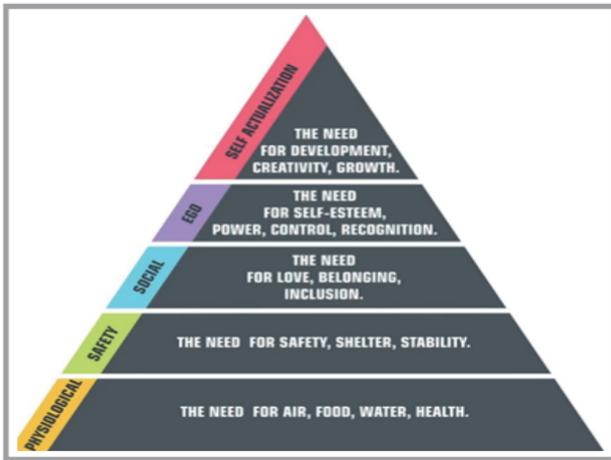
Later, Jung, who opposed Freud's conception, said that dreams and symbols should have been evaluated within one's original circumstances. According to Jung, consciousness was the part of ourselves which we were aware of. It started with the birth and developed by interacting with the environment. It had 4 dimensions such as thinking, feeling, sensing and intuition. The ego consisted of all feelings and thoughts perceived at the level of consciousness.

Unconscious could be examined in two ways as personal and social. All our memories in our personal unconscious were stored and none was lost. We couldn't remember events we didn't care about or we repressed. That's why, repressed emotions formed our failings and we didn't often notice them. If a person did not notice them, they gradually dominated him/her, affected his/her lives negatively and decreased his/her energy of life. Human who recognized his/her complexness and broke his/her chains by fighting them regained his/her freedom. According to Islam, this state is explained by the idolization of the love of the world in the hearts of human beings and it is stated that a person can attain real freedom only by believing in Allah. The social unconscious which was explained by Jung was influenced by a number of symbols, cultures and events of common concern, sadness and joy of communities and groups.

The third stage in psychology is accepted as "humanistic psychology" led by valuable scientists such as Karen Horney and Erich Fromm. According to them, human beings had spiritual needs and their main concern was the basic anxiety, especially stemming from the need for trust. From infancy, everyone feels lonely and helpless. People either create an atmosphere of trust with love or develop a sense of narcissism. The isolation of people in the crowds due to lack of love in the West accelerated the formation of these narcissistic personalities. K. Horney et al. identified the anxiety of man but could not show a way to get people out of there. Therefore, the esteemed writer Taha Akyol wrote, "I wish Erich Fromm had not died without recognizing Islam".

Abraham Maslow, one of the defenders of humanistic psychology, created a pyramid that revealed "the hierarchy of human needs". According to the pyramid shown below; there are physiological (animal) needs of people such as eating, drinking, breathing, balance and sexuality at the base; the search for security on the second level; the desire to belong to a place on the third level and the search for dignity on the fourth level. There are self-actualization needs in the attic. This pyramid has its own hierarchy. Accordingly, people cannot perceive the upper levels before the needs

of the lower ones are completed and the needs of upper level cannot be brought to the agenda. For example, according to this, a person who eats his/her fill on a daily basis but cannot complete the need for security cannot have the need to improve his/her culture by reading books. A person who completes properly this whole pyramid will possess divine characteristics such as trust, courage, determination, healthy decision making ability, strong will, patience, trust, love and altruism. Maslow said that people at this level will get rid of anxiety despite all kinds of problems and will be peaceful and happy. But here, the materiality of needs is discussed. At this point, according to Islam, a self-fulfilling person is a perfect human being.



Maslow's Hierarchy of needs

The fourth stage of psychology recently developed is transpersonal psychology. Maslow's perspective is actually the basis of this psychology. This psychology is also called psychology of spirituality or sufic. This is a psychology developed by the partial recognition of excellence in Sufism. Its aim is to show the person who he/she is, what potential he/she has and what can happen if he/she does not try to uncover that potential. According to this perspective, he/she is not actually aware of the spiritual (metaphysical) treasures within him/her. This magnificent potential within the human being must be revealed. Thus, the human progress will take place, and he/she will attain to real satisfaction and peace, that is, to confidence.

UNDERSTANDING OF PERSONAL DEVELOPMENT

*“What they call human is not hand, foot and head;
They call sense the human, not brow and face”.*

Kaygusuz Abdal

One of the most influential subjects of young people especially those who want to succeed is “personal development” which has recently started from Western countries and spread all over the world. Hundreds of books have been written about it recently to fill the shelves. Let me share a memory about it.

I went to a conference with friends and my daughter after an invitation; the speaker began to shout all the participants several times to say that “I am a star”. So I asked for permission from people around me and went out because I was bored. This scene was ridiculous for me. It turned out that the speaker was a personal development specialist, an NLP expert. Afterwards, I have to say that I have listened to the conversations of more reasonable and useful personal development specialists, and I have benefited from many of them and even made some friends among them. But, since that day I have thought “What are the benefits of personal development to young people”?

“Personal development in Turkey as well as in the West are quite popular and becoming widespread rapidly. People, especially university graduates, are striving to get at least one certificate to get a job”.

First of all, we have to say, personal development in Turkey as well as in the West are quite popular and becoming widespread rapidly. People, especially university graduates, are striving to get at least one certificate to get a job. Many commercial firms are encouraging their employees in this direction. They get trainings on subjects such as influencing people, being successful in the job, looking effective and strong, human relations, body language and good speech. The names of some of the books on this subject that are published every day are as follows: “Wake up The Giant inside”, “The Art of Getting inside One’s Head”, “Think and Become Rich”, “How to Make the Person You Target to Say ‘Yes’ in 8 Minutes” etc. In these books, people are taught the ways of success with short sentences. Books like “How to get rich in 10 lessons?, How do you influence others in 30 seconds?” compete with each other on the market. Each publisher endeavors to publish at least one or two personal development books in order not to fall behind this race.

Westerners seem to have opened the door for people, overwhelmed by the emotional emptiness which is created by capitalist understanding, to see and show powerful themselves in this way. Thus, it is said that the gap is tried to be filled. Because, as in the discourse “I am a star”, there is a capitalist approach that emphasizes the individual strength of the lonely person in the crowds. There is a struggle for personal superiority by gaining a carnal and untroublesome blessing. The understanding that one can attain a very good position and financial power by decorating the appearance of the human being is valid.

Fortunately, there are people who guide for personal development on the basis of faith, not in the capitalist logic. Personal development trainings are beneficial for the development of self-confidence, perfection of attitudes and behaviors and human relations. Young people should know how to achieve success and dignity through work. But like many ideas and insights from the West, NLP also contains the West’s mistakes. First of all, it should be said that it has a very superficial and non-sincere, false understanding. Young people who buy one of the hundreds of books sold for commercial purposes or went to these conferences and hope to develop shortly without

paying a price are unfortunately disappointed. In other words, the glorified youth called stars are returned to the burst balloon when they encounter the first difficulty. Expected result: Depression and loss of self-confidence completely. Stress goes head-to-head with Western self-development, which derives from Maslow's hierarchy of needs, which prioritizes appearance and material needs; because it is not clear where the person will stand on this subject. Spiritual satisfaction is also not enough. The problem here is not in personal development, but in the way that the overweight person is dressed in the clothes of a weak person, the problem is to take and apply a doctrine directly from the West that does not fit in different societies like us. Personal development seems to have been taken from us and then returned to us by losing its soul because Islamic civilization has always promoted human development. According to Islamic doctrine, "A person who has two identical days is at loss". In this respect, there are many in the Qur'an that guide people to self-improvement. For example, "And he revealed to His Servant what he revealed (Necm, 10)". Mevlana's Masnavi can be expressed as a project of "being a human" based on the Qur'an.

Just like this understanding, in the basic books of Islam it is emphasized that the success of a person whose soul is not satisfied is temporary and he/she cannot help to himself/herself or to humanity. A person who cares about his/her appearance without inner beauty is just like the cake whose packaging is very nice but stale and rancid, his/her real value is understood in a very short time.

"Islamic civilization has always promoted human development. According to Islamic doctrine, a person who has two identical days is at loss".

In addition, such people are dangerous to societies. Unfortunately, mankind observes that how much harm people who don't have moral or sacred values but financial capability and authority give to the world. The performance of great capitalists who exploited the society or people who developed themselves to be the leaders of a society like Hitler is quite obvious. Great social scientists see this as a danger and point to the importance of the moral basis like Mevlana.



Capitalism has led to a dead end

Unfortunately, self-centered behavior constitutes the soul of modern societies in which capitalism prevails today. Accordingly, those in the periphery are valuable to the extent they serve power. Otherwise, they do not have a meaning. Here, in fact, human beings also disappear, but they are approved based upon their power and financial capability.

Erich Fromm, who was also a great social psychologist, complained that the center of value in the modern age has shifted from human to what human possesses and decries this understanding by saying “I’m as valuable as the things I have, otherwise I’m nothing”. So in this case, the value of human is as much as financial capability. There is no moral concern in the West’s superior human understanding. Since the goal is to reach power and to embrace more financial value, everything for success is allowable. Therefore, “Big fish eats little fish” is completely natural. “Homo homini lupus” statement expresses human relations in Western philosophy; therefore, employees are only important for efficiency and they are as valuable as they serve the power. A personal development based on this misunderstanding will lead to fake relationships among people

“There is no moral concern in the West’s superior human understanding. Since the goal is to reach power and to embrace more financial value, everything for success is allowable”.

and lead to less favorable consequences in the construction of a beautiful and peaceful society. People who have this understanding will not also be happy with what they do. No matter how spectacular a person is by all appearance, he will

not have long-term success unless he enriches his spiritual world. Look, how nice Kaygusuz Abdal explained it:

*“What they call human is not hand, foot and head;
They call sense the human, not brow and face.”*

Mevlana says, “Until when will you play with ornament of jug? Give up the ornament of your jug and search for water. Not every nacre contains pearls, my sweetheart! Don’t look at sacre but the pearl inside, don’t be deceived by its shape”. Yes, a point of view that does not value the meaning and soul is no longer valid and it can’t lead human to beatitudes.

In spite of all this, we do not think that the gloss is insignificant. But unless the gloss integrates with the heart and spiritual beauty, it will not bring any benefit neither himself nor his milieu. The wise people who capture this integrity are heroes in the name of humanity and form a role model. We have a lot to learn from them. Tranquility, peace and happiness of humanity will be possible by following these people.

If our personal development experts can make contemporary inferences about the works of Islamic civilization and demonstrate an understanding of personal development that fits their beliefs while knowing the Western-based understanding, they will serve not only Islamic societies, but also all humanity. I conclude with a wonderful statement from the great Mevlana that can be written at the beginning of all personal development books:

“Hey! Morally justified! If you become the treasure itself, there will be no decline in that treasure”.

TODAY'S SCIENCE MENTALITY

*“The irreligious science is blind,
the religion without science is lame”.*

Ali (may Allah be pleased)

Throughout history, man questioned his environment and the whole universe, including himself, and wondered why and how the being came to existence. This questioning and curiosity gradually increased scientific developments. Here, the data obtained through the five senses were observed and evaluated. In recent centuries, positivism stemming from materialist understanding has been based on the idea that everything was made up of matter and that science could only emerge through laboratory observations and empirical methods. So everything was based on five senses and it was thought that human beings were only biological and physiological based. As a result, the human was tried to be identified in the laboratory or only under the microscope. Therefore, the spiritual (metaphysical) aspect was denied and the human was evaluated as an animal.

Determinism is one of the principles of experimental science and is based on the cause-effect relationship. According to this, retrospective reasons have an important place in today's formation. Aside from determinism, the principle of

“According to Islam, the tree exists for fruit. At the same time, people do not perform their actions for just onereason, they also have forward-looking goals and expectations”.

finality is not considered because it is not accepted by positive scientists. Finality is based on the principle that all events have a purpose. For example, only determinist thinkers said that a tree causes fruit. Mevlana stated that the fruit causes the tree, which was the result of the Islamic understanding. So according to Islam, the tree exists for fruit. At the same time, people do not perform their actions for just one reason, they also have forward-looking goals and expectations. This cannot be neglected. But today, science does not care about this fact. Determinist understanding wants to investigate how things happen when dealing with objects, always neglects why and leaves the answer to the clergies. Therefore, the understanding of science is like a bird with one wing at the present time.

In fact, the underlying reason why scientists stay away from religions is righteously the domination of the church. For example, even in the 16th and 17th centuries, this domination was against the free thoughts of scientists (Scholastic - repressive mindset). Therefore, Bruno, who said that “The world is rotating”, was burned by the order of the church in Rome Square after being put on trial in the Inquisition Courts and Galileo was crept in these courts. As a result of the reaction against this attitude, religion (Christianity) was secularized. The misfortune of such scientists was perhaps that they had such an advance idea without recognizing Islam. Because even five centuries before them (in the 11th century), Ghazali said “Who doesn’t believe the world rotates denies the truth”.

Einstein said about the relationship between science and religion: “I am interested in how Allah created the universe. Why he created is the subject of the clergy. But I wonder about it, too.” But then, when somebody asked “You discovered the atom, what do you think about the atomic bomb?”, he complained that “If I had known this would happen, I would have been a shoemaker.” Isn’t there a paradox? When “why” is not considered, does something lose its meaning? If mankind just deals with how the uniwas created, like Einstein, the existence of the Creator is ignored. But if he thinks why it was

created (finalism), he can perceive the existence of the Creator. So the talent is to see the painter while looking at the painting.

Since the scientists remove science from religion, the understanding of human-centered science and the idea that science serves human happiness disappears. Therefore, science which does not have sacred values is also open to abuse. The great physicist Max Planck, who introduced the quantum hypothesis for the first time, said: "There can never be a real contradiction between religion and science because one is the complement of the other". Paul Davies, one of the most influential advocates of modern science, said in his speech while receiving the Templeton Prize: "Science can only progress when a scientist adopts a worldview that accepts Allah".

Today, human beings have damaged the environment and the world more than ever before. The ozone layer around the world has been depleted, ecological balances have turned upside down, weapons that can kill hundreds of thousands of people at a time have been developed, deviant thoughts that may cause trouble for humanity have been used by changing genes.

The human mind has sought answers to a few questions throughout human history. If we reconsider this issue; "Where did I come from, why am I living, what is the reason for my existence, where am I going?", human beings always question the position with such questions. We considered that there is no such questioning in the other creature and that even one's own organism and all living and non-living creatures expected to be read as letters unaware of themselves. The first commandment of the Holy Quran for mankind is "Read", "Recite in the name of your Lord who created (Alak, 1)." He is ordered to read

"An important maxim that Einstein said but attributed to Ali: 'The irreligious science is blind, the religion without science is lame.' If science wants to make people happy, it must adopt the moral understanding given by religion".

both the Qur'an sent to man and the messages of the whole uniwith wisdom. These messages from the Creator form the basis of science. What a person wants to achieve with science is to open and read this magnificent unibook. After accessing the stored information, the aim is to take control of the entire environment and thus, to develop technology. As a result, the purpose of all these readings is to achieve the real happiness.

I mean, the first thing that science should not neglect is to develop for the benefits of humanity and the environment. Thus, scientific studies do not develop at least against the humanity and the universe. It is only then that knowledge becomes hidden cause and united with insight. That is why the great Prophet of Islam implored the Creator "I take refuge in You from useless science (Muslim, Zikr, 73)".

Galileo defended himself against the church as follows: "If Allah didn't want people to study nature, he wouldn't give them that amazing brain". Yes, Allah has given us all the opportunities, brains and wisdom to explore everything in the uniand for the development of science. But Allah also preaches morality through religions. In other words, "Whatever you research with science and wherever you go with it, just have ethic, do not cause harm or unhappiness to people".

An important maxim that Einstein said but attributed to Ali: "The irreligious science is blind, the religion without science is lame". If science wants to make people happy, it must adopt the moral understanding given by religion. Only then a person does not go astray or will not lead to disaster for humanity.

Einstein, who saw this fact close to his death, said in his interview as the last message: "The improvement of conditions on earth depends on not only scientific discoveries, but also the realization of a moral order".

According to Islamic culture, the human's duty in this world is to render this world prosperous and beautify it. In other words, in this world we must endeavor to live and sustain

the concept of paradise we miss. We must be in such an effort in our relations with people, our respect for the environment and our aesthetic understanding, so human beings feel themselves in heaven in this world.

Even if one is wrong and a bad person, he/she desires and loves the good, the beautiful and the right; honour among thieves. We should beautify the world and turn it into heaven with our desire in accordance with the nature, but we turn it to hell with our own hands. People make dungeons to other people in the world with the excuse that they are narrowing their territory.

As a result, we can say that science and technique should not force human to knuckle under nature. On the contrary, they must strive to give the unito human service by making peace with religion. In this way, they put human's bliss among the goals and do a good job for humanity.



Human beings turn the world into hell.

Quantum Physics

“Every single particle hides in a sun, just then,
if this particle opens its mouth like this and then
if this sun comes out of a wait,
the heavens and the ground
will be smashed to smithereens because of its flash”.

Hz. Mevlana

After the 1950s, with the discovery of the electron microscope, subatomic particles called “quarks”, which are one trillionth of a millimeter in size, were detected in the proton inside the atomic nucleus. Each electron in the atom is called “quant”. Thus, the developing subatomic particle physics is called quantum physics. With this understanding of physics, almost all of our knowledge in the classical sense has been revolutionized. Quantum is said to be a physics of probability. With this development, Newton’s certainty knowledge was replaced by probability-uncertainty knowledge.

First of all; with quantum, the idea of classical matter has been completely destroyed. Quantumists have shown that subatomic particles can negotiate all distances in space with an instant communication. Thus, it is said that there is doubt about the existence of the substance. Matter almost disappears as we approach it. In researchs with electron microscope, 99% light is seen even in the hardest object, while the rest sometimes is matter and sometimes wave. For this reason, it is stated that matter sometimes turns into energy. Thus, the materialist conception that everything is made of matter is fundamentally destroyed.

A quantum physicist, Niels Bohr said that “The physicist who was not shocked by quantum physics did not understand

physics". Bohr, in one of his studies, showed that the subatomic particles did not regularly move from one energy level to the other, but jumped; he called it quantum leap. This situation made physicists think "Does the particle move to another dimension when jumping?" Accordingly, everything interacts with everything. Particles are also affected by thoughts.

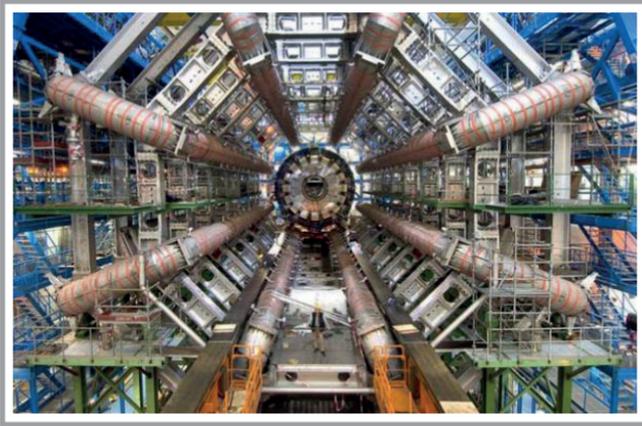
The units spoken in quantum physics have decreased to the dimensions by no stretch of the imagination. While the size of a bacterium is measured in one thousandth of a millimeter, viruses are observed in dimension of one millionth of a millimeter, "the quarks" placed in the proton of the nucleus of the atom form a microcosm that is one trillionth of a millimeter in size. Recent research has revealed that there are realms in quarks that have not been named yet. From the macro cosmos to such small realms, there is a magnificent layout that causes astonishment and evokes admiration. Scientists call it "the laws of nature"; Islamic scholars say the Sunnah or Act of Allah and they claim that there is a designer-creator of this magnificent being from the principle that it is One who creates everything. We examine even a small work of art and then judge its artist. Therefore, not being able to go from work to artist (from created to the Creator) is just like not understanding the enormous difference between looking and seeing. It is certain that a person who thinks without prejudice will reach that point.

According to these results, scientists almost come to the same point as the discourses of religions. In fact, it is revealed that everything is one thing. Some scientists who are interested in quantum physics go so far to argue that after a while they will reach Allah through the science. They express the existence of a single perfect intelligence which leads to great harmony in the universe. So according to the quantum, everything we see has an invisible side.

"Some scientists who are interested in quantum physics go so far to argue that after a while they will reach Allah through the science".

According to the quantum, we are all energy. Quantum physicists say “If we looked at the world from a dimension that could recognize this energy for a moment, not from the world, we would be able to see each other in the form of shining lights. The enormous energy, not by any stretch of the imagination, that comes out by splitting the atom proves these thoughts.

It is stated by the scientists that the Big Bang, which explains the first emanation of the universe and hence the world, created a great energy and 70% of the whole universe emerged in the first second. Thus, the speed of light was exceeded millions of times. This is not different from the discourses that Islamic scholars say: “The formation of everything began with one order of the great Creator”.



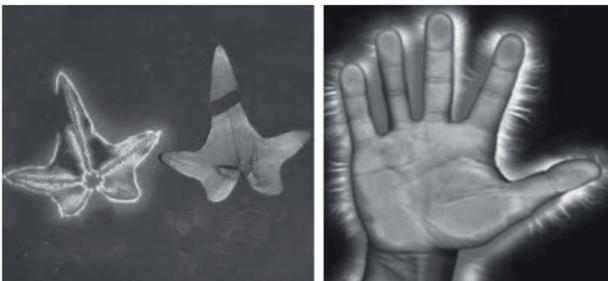
CERN

At the European Council for Nuclear Research (in French Conseil Européen pour la Recherche Nucléaire), which is 27 km long and established one hundred meters below the ground between Switzerland and France, it is tried to determine how matter is formed by the sub-atomic particles. The Big Bang, thought to have formed the universe, is attempted to be regenerated in that environment with the experiments.

Science has not understood what caused the Big Bang yet. Therefore, the secret in the creation of the uniis thought to be in these subatomic particles, so these particles are called “the Allah Particles”.

According to quantumists, all particles telepathize with each other, communicate at an incredibly infinite speed. Going far beyond the speed of light, the concept of infinite velocity is a proof of the existence of abstract entities. Here we think of Kirlian photography made many years ago. According to this, all living and non-living objects form an energy field in their environment according to their situation. This is more distinct in all living creatures as far as its vitality. For example, a patient’s aura around the person is seen as very weak compared to someone healthy or an athlete. It is seen that this aura changes according to whether a person is calm or angry. With this method, Kirlian took a photograph of a half-cut leaf and saw it as completed in his photograph.

Because of quantum explanations, we know that the uniis the work of a great organization. There is a consciousness that holds all the pieces together. David Bohr argued that the unibehaved holographically. So even the smallest part of the unishows the whole. Each piece carries the knowledge of the whole. Therefore, the whole unicomunicates at the same time. According to quantumists, the whole uniknows what the smallest part knows. So, nothing can be considered separate from the whole. In recent years, three-dimensional hologram technique has been developed with this scientific knowledge.



Kirlian photos

Holographic technique is the three-dimensional projection of images taken on film with different laser beams. Interestingly, no matter how much these films are disintegrated, the complete object appears in each image. For example, even if you project the three-dimensional human image into four or more parts, the human image appears as a whole in each part. This has been a surprising development for scientists, but it proves the quantum principle “The piece reflects the whole”. When I was surprised to hear this hadith about this topic, my admiration was even bigger for the great person who said it: “The part is the mirror of the whole”. This sentence, which was told 14 centuries ago, is understood by science nowadays. We have already said that “DNA of each cell contains information of the entire human body”.

At this point; with the development of the quantum, we see that all the wise people and Divine books have foretold this for many centuries. Sems-i Tabrizi, who was the friend of the heart of Mevlana, said “The whole universe, with all its layers and complexity, is concealed within human”. Mevlana said additionally, “Every single particle hides in a sun, just then, if this particle opens its mouth like this and then if this sun comes out of a wait, the heavens and the ground will be smashed to smithereens because of its flash”. He talked about the great energy in the atom long before scientific developments.

As science progresses, all misconceptions are destroyed, but reasons are not addressed due to prejudices. For example, the reasons for gravity and gravitational force have not been found yet. There is the same prejudice here, and so this gravitational force is not questioned. Positivist scientists wince since the truth of Allah will be accepted when these come to the agenda. So there is no idea what will happen when this force of gravity loses its significance and the centrifugal force comes into prominence. George Gomow, one of the great physicists, expressed scientifically what Mevlana said centuries ago: “We live in a realm where every object in it can be considered a nuclear bomb in practice because the atomic nuclei of all matter

can either disintegrate or fuse together. In either case, a terrible amount of energy will be released at once. This is probably the real apocalypse.

As a result of all this information, it is revealed that there is an abstract unioutside the tangible universe. The tachions of the abstract uniare identified with quarks, the smallest building blocks of the tangible universe. Unlike quarks, they are not in the form of particles, but they are holistic and said to have no limits on their velocity. It is difficult to understand this right now, but work in this direction continues at full speed.

Quantum Philosophy

“The only true wisdom is to know that you know nothing”.

Socrates

While scientists continue their work, some Western intellectuals, as usual, are trying to form “quantum philosophy” as a new religion in the light of developments in quantum physics. Since they are deprive of divine revelation and understanding, they are on the wrong track. For example; from this point of view, human beings may claim that they can be people closest to Allah (perish the thought, a prophet) by reaching different dimensions if they wish; they even derive deviant thoughts including “They can become Allah”. Someone should be able to tell these people of science and philosophy that they should also take Divine messages into account.

In fact, the most important purpose of divine revelation is to give human the main norms (rules). These can be regarded as compass about life and creation. As long as human beings have a course (clinging firmly to Allah’s rope), our minds will always

help us to find the right thing to do with scientific discoveries. So, if we can use our minds in the light of revelation, the mind can only then find the truth. The information obtained at this point may make a person understand his/her limit. Perhaps, as Socrates said at the beginning and as Einstein constantly repeated, “I know one thing that is I don’t know anything”.

“If we can use our minds in the light of revelation, the mind can only find the truth. The information obtained at this point may make a person understand his/her limit”.

The world’s greatest cosmologist Allan Rex Sandage, who unraveled some of the mysteries of the stars, detected distances of galaxies in the deep of the uniand found the speed of expansion of the unisaid: “What I learned from science is this: The world is too complicated to explain in science. I can only understand the secret of being with supernatural things. This approach forces scientists to believe”. After these sentences, we can explain scientific studies as follows: Scientists get excited while discovering something new and they think open-mouthedly that they create something new and they do not question. However, it should be known that only the things created and hidden by the supreme Creator are discovered and brought to light by science. Besides, something that doesn’t exist is not created by human beings. Davies believes that the laws of physics actually exist and what scientists must do is not to invent them, but to reveal them.

In the light of all this amazing information, we can easily say that it is impossible not to admire those who know this perfect macro and micro cosmos. Almighty Allah explains this order in the Holy Quran: “You do not see any inconsistency in the creation of the Most Merciful. So return [your] vision [to the sky]; do you see any breaks (Mülk, 3)”

RELIGIONS' VIEW OF HUMAN

"If there was no Allah, everything would be allowable".

Dostoyevski

All the religions that emerged in the history evaluated human beings in their opinions and revealed different messages according to the importance which they attached to human beings. I would like to summarize these perspectives without boring you:

Constantine, who is a secret Pagan, gathered the "Iznik Council" in 325 and put the Pagan culture into Christianity so that the statues entered the church. Since then, with the acceptance of the Prophet Jesus as "the son of Allah", the concept of "deified person" has been placed in the basis of the Western mentality.

As for the Far Eastern beliefs, it has a completely different understanding. According to Buddhism; man should not have any claim. One should not strive to correct something, nor should it produce any will. Buddhism is built on leaving the world. For this reason, one should be satisfied only with passive goodness without harming anyone. At the same time, in the very crowded Buddhist societies, religion preaches that people act in a lot of psychology. This understanding is based on the suppression and limitation of active thoughts and actions. On the basis of this belief, everyone's thoughts are accepted together without discriminating between good,

bad, beautiful, ugly, right and wrong. In other words, there is no good, direct, nice attitude. These understandings cannot be limited by any measure of value. Therefore, a di(syncretic) understanding is dominant in the society, in which no one is involved in someone else's faith.

In the Jewish belief, the chosen racial understanding is at the heart of the belief. All other people, except Jews, are second-class people. Even other communities that choose Judaism, the religion of the Jews, are not considered with the Jews. All people exist to serve Jews, the superior and chosen race. This tribe killed Hazrat Zechariah and Prophet Yahya, a member of the Jewish tribe, who shook his views and positions. Finally, they attempted to kill Jesus Christ. According to the Jewish belief; the value of man exists only by being Jewish and not in opposition to their understanding.

In Christianity, all the children of Adam are born sinful, primarily due to the mistakes of Hazrat Adam and Eve, which require expelling from heaven. man tends to obey the devil at any time. Therefore, in some sects, a human lives a hermit life in the monastery and is detached from life. Priests and nuns do not marry. In the Catholic sect, the sanctity of marriage is so much that man is not given the authority to divorce. According to this; There is no truth except what the clergy (clergymen) say. Communication with Allah can only be established through them. The sin of man can be forgiven by confessing to clergy man and it needs to be accepted by them. The authority to baptize to clean the original sin also belongs to these clergy.

According to a myth conveyed by Anselm, the founder of dogmatic theology, the father Allah brought the son Jesus into the world in the guise of man in order to remove this first sin, and he saved all humanity by suffering and sacrificing his life. Thus, The sinless Allah saved his own defiled honor and build the peace by improving his relations with human being.

The people in ISLAM

Islam reveals that the mind will be insufficient on ontological (existential) issues and that it can only be resolved in the light of revelation. In other words, as some great thinkers (thinkers) say, “This work is neither solved with simple reason, nor mindless.” The mind in human is actually a fragile mind. With the support of that revelation and with the light of unity (Allah’s unity), it turns into a full (kulli) mind. The mind of the prophets is full mind, they also have a mind far above humanity called “calamity”. In fact, what is called as a total mind (full mind) is sunnah, which binds all creatures other than Allah. This is the laws of nature (nature) that we know, and it is a universal order that encompasses all living creatures.

“Islam has a conception of civilization that puts human at the center. Being human is enough condition to respect it. What makes man valuable is not social, political, economic and racial positions. Only virtuous and a pious person will predominate.”

The secrets and subtleties of this order, everything that can be reached with full intelligence, are given to the prophets who have been made superior and distinguished. Their mind enlightens humanity with the light of Allah. Without this revelation support, the mind (fragmentary mind), unaware of the light of tawhid, cannot reach true and absolute knowledge in questions related to man and the universe, and cannot lead man to happiness. This is the reason why philosophy has not been able to achieve results that will bring man to happiness.

Some Muslim scholars liken philosophers to people who try to find their way in the temporary light of lightning strikes in a pitch black night. Because many philosophers are devoid of revelations, they have not been able to create a system that

will make people happy, as a result of which the people of our age have become uneasy and troubled. Philosophical insights created by philosophers are always incomplete because they lack morality, and because they are unable to replace human value, they hardly put happiness in man. Philosophers, compared to supreme prophets, are extremely cold and have no moral understanding. They can never embrace man with mercy and affection like prophets. For this reason, they could not affect humanity as much as the prophets. Especially the prophet of Islam Hz. Muhammad (pbuh) was placed before humanity as a “moral and exemplary person” by the supreme Creator.

Islam has an understanding of civilization that places people at the center. Being a human is essential to respect him.

What makes people valuable are not social, political, economic and racial positions.

Only by being virtuous and having a piety, man becomes superior because he gets more humility as he rises. These aspects are also given importance in the eyes of Allah. Yunus summarizes this situation in the best way: “We love the creation, because of the Creator.” In Islamic countries, people who have different religions have lived together for centuries without problems. That’s why they created an open civilization. This requires always respecting the religion and belief of the “other”. A very important and clear meaning in this matter is Maide, 32: “Whoever kills a person without killing one person or making mischief on earth seems to have killed all humanity. Whoever saves a life is like saving all people’s lives. ”

In Islamic civilization, we can see many examples of this, as in the following case. One day, Abu Zer (ra), one of the friends of the Messenger of Allah, called Bilal-i Habeşî, the black man, “the son of the black woman”, Bilal was very upset about it.

The incident came to Rasulullah and when he heard it, he was very upset. He summoned Abu Zer and informed him about his sadness. The word they say reveals his human

measure. “O Abu Zer, the white woman’s son has no advantage over the black woman’s son.”

Abu Zer, who understood the importance of the word he said, put his head on the ground and on the sand and shouted, “Bilal, I will not lift my head off the ground before I step on it.” Bilal did not do this, holding him by the arm, lifted him up, embraced with love in the presence of Rasulullah. (Buharî, İman, 22).

Unfortunately, the negative attitude of the “belief in the other” in Europe, which is today the center of civilization, is embarrassing in the face of such attitudes, where tolerance has become a character. This is a dead end street for the West. Racist brutality like that has never been seen anywhere in the world.

Like all Muslim societies, it is the Islamic civilization that remolds Turkish society. According to Islam, is not only the human that is valuable. Everything surrounding us from the animals to plants, from rivers to mountains deserves respect. Because everything is a blessing, and Allah commends them to mankind. Muslims have a civilization that can even house birds and establish foundations for many animals. For example, in Mevleviyeh, to put the head after kissing when taking any object is an etiquette.

Valuable scientist Doğan Cüceloğlu’s test reveals this understanding very well. One day, the teacher puts a piece of dry bread on the floor and calls out to the students: “Friends, now I will give someone 50 TL to step on this bread. “When no answer is received from the youth, he starts increasing the figure,” 100, 300 TL “. A little later, a male student with long hair and an earring rises from behind and said, “Hodja, teacher, do not tire too much. Even if you give millions, no one will step on it. Because it is a blessing. ” Hodja is surprised and comments as follows: “This is called Anatolian yeast and you cannot come across this understanding in the West.”

Yes, in many people in the society of Muslims, this nature is manifested (even though he/she is not aware of it). This understanding is a civilized point of view that has been filtered through the centuries, on the basis of which is the understanding of Ahmet Yesevi, Mevlana, Yunus, Hacı Bektash, in short, Islam and its Supreme Prophet. Society, even in the most ignorant periods, carries traces from them. Isn't this understanding at the heart of the efforts of thousands of Turkish volunteers who go to Africa to help people against Africa's exploiters in these days?

Allah describe that people should not think about "becoming self-sufficient" and characterises it as "going beyond the limit" and says that we must hold tight to Allah's rope to avoid deviant paths. According to Islam, this is the common way that will protect people from wrong and lead them straight. This is why we will ground on this understanding in the rest of this book.

CHAPTER 4

NONPHYSICAL ASPECT OF HUMAN

“Human is apparently calm, but he/she has a doomsday somewhere deep inside”

Abdulahk Hamit Tarhan

EMOTIONAL HUMAN

Apart from emotions, human beings have been created in a way that has no conflict in animals in terms of their spiritual structure. So he is an emotional being. Realizing that this world is not self-sufficient and does not fit in its container (body) is the basic drama of man.

In human beings, good and evil, mercy and brutality, and justice are accompanied by persecution. He is human who is apparently calm, but has a doomsday somewhere deep inside. In other words, it looks quite calm outside, but there are storms and quarrels in it due to this contradiction. The only reason that these opposite understandings coexist is because people are in a test. For those who have the meaning of life, “Life is a test.”

“There exist together good and evil, compassion and savagery, and justice and cruelty in human.”



Human is apparently calm, but has conflicts in fact

The children of Adam, who was the first person, had a fight with Cain and Abel; Kabul killed Abel just because he was jealous of him. In fact, every person has a Abel and Cain inside. The symbol of Abel is the heart, and Kabul is the soul. The heart here is the spiritual heart that symbolizes our soul, our heart, always shows the good and beautiful side of man. On the other hand, the self is animalistic, it represents the side of a person who is self-

seeking, who thinks for himself, lives for his own pleasure and enjoyment. In the Holy Quran, a versicle says “And have shown him the two ways? (Beled, 10)” Mevlana explains this contradictory structure as: “We are such creatures that sometimes the angels look at our goodness, and they feel sorry for ‘why we are not human?’ Sometimes the devil gets tired of our evils and rejoices by saying ‘fortunately, we are not human!’ Western Hölderlin says, “Nothing can rise as much as human, nor descend as human”.

Let us explain this two-way structure of the human with a story: One Indian talks with her granddaughter in an open area, two black dogs and one white dog interfere with each other. The boy asks his grandfather: “Why do you always dive these dogs together, what do they mean?” Dede replies: “Look, son, there is this white dog, that’s what he represents goodness, if it is black, evil.” So the boy said, “So which one wins?” When he said, the grandfather said, “Which one should I eat well?” says. If we take a good, correct and beautiful attitude and nurture this attitude like us here, we will be good people and we will pass the test successfully. This will bring us the consent

of Allah. On the contrary, if we determine our attitude towards the bad, wrong and ugly, this situation will lead to negative results.

Humanbeings has been struggling between these two directions throughout his life. Mevlana says about this: “The animal was saved by its animality and angel survived by his angelicity. It’s human who’s wavering between the two.” This makes the person a dramatic presence. That is why a person is in a state of anxiety and restless life. Sheikh Sadi Shirazi also stated this situation: “a drop of human blood, a lot of worry.” he says. Because of this contradictory state, people become more concerned and stressed with themselves.

If a person lives according to the creation, that is, what Allah wants from us, then he becomes “the most honored of the beings (esref-i mahlukat)” and he is happy in both worlds, that is, he is happy. On the contrary, if he lives in contradiction with the fit, without living in divine measure, then he falls to the lower level than the animals (down below) and becomes an adal (creature from the animal below). We often see such people in our lives. We see many murderers that we can say that “they haven’t gotten their share of humanity”. Allah gives us the following clear message: “We test you with the charity and the evil, as a test.” (Enbiya, 35)

Human is really an insatiable being. But there is a great sense of humanity in the same person who sacrifices himself for others. Which emotion he/she brings something into the forefront will determine his/her value. Our Prophet reveals dissatisfaction of human when he says “Give a man a valley of full gold, he wants another valley full (Buhari, Rikak, 10).” It is stated that “man is created very ambitious” in the Holy Quran. But this characteristic of human is his/her weakness,

“It is stated that “man is created very ambitious” in the Holy Quran. But this characteristic of human is his/her weakness, but also his/her strength.

but also his/her strength. He/she reconstructs the world, develops techniques under favour of this characteristic. Therefore, one can also turn this weakness into an advantage. On the other hand, any person who does not try to turn his/her weaknesses into positiveness can be used by malicious people. It is understood that people can use most of emotions such as ambition both for usefulness and malignity. This is the indicator of the test. Those who use for usefulness are rising and those who use for malignity are descending people.

Human beings who are created as conflicting and limited at the same time, are smitten with eternity. They were created, but miss their Creator. Therefore, they always try to exceed themselves. This situation creates an important potential in human. Is it not this dramatic aspect that makes people human then?

NEEDS OF HUMAN

“Little food, little talk, little sleep”

Eating and Sleeping Needs

In order for the body to survive, it needs to be fed and rested. It is known that the foods taken are the raw materials that will be converted into the building blocks of the body in the cells. Therefore, it should not be the type that harms the body. Otherwise, there will be disruptions in the body. This can be a result of putting diesel on a gasoline powered car.



“Little food, little talk, little sleep”

It is not yet known exactly what kind of damages the harmful additives that have dominated all kinds of food have caused.

But these items are seen as the cause of many emerging diseases. Therefore, when people eat, they should turn towards what is useful and natural. A wise so-called, “Do not torment your body.” It is called. In the Qur’an, “Do not put yourself in danger with your own hands.” It is ordained. (Bakara, 195) Of course, it is also necessary to stay away from drinks and foods that are harmful to our body and forbidden by ALLAH. From another point of view, harams are harmful to people, and halal ones are those that are of great benefit.

As with everything else, it is very important to follow some measures here. As prophet Muhammad (peace be upon him) says: “You should not eat before you get hungry, you should get up before you are full up (Buhari, Etime, 12).” Of course it’s not right to blame any of the foods. If everything is eaten in a controlled manner, it does not seem possible to cause a problem in the body. This is the latest medical opinion. There is a recommendation to become perfect human being: “little food, little talk, little sleep”. Because eating too much, talking too much and sleeping too much are obstacles for maturing as well as health.

Sleep is the time of rest for the human body. It is also the greatest blessing to human beings. This is best known by those who suffer from insomnia. Sleep time for adults is medically 6-8 hours. During this time, sleep is not always at the same level. There are different phases. While the brain is active during sleep, many body functions and metabolism slow down and relax. REM (Rapid Eye Movements) phase, which is the second

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and deep phase of sleep, corresponds to 20 % of our sleep. This stage is about 50 % in newborn babies. It is a moment of complete spiritual and physical resting; it is a phase in which the body functions go to the minimum levels and the muscles are completely relaxed. Remembered dreams usually belong to this sleep period. It may be enough to sleep much shorter for someone capturing this phase at night. For this reason, noon sleep is recommended by the Prophet, which is also called “the beauty sleep” among the people.

Melatonin, which is the hormone that enables us to sleep, is secreted from the pineal gland in our brain. This gland is active in the dark, neurohormones such as pinoline and DMT are secreted together with this hormone. The pineal gland is a very small organ with a total weight of 150 mg, which is the most blooded in our body along with the pituitary gland. However, its task is very important for the body. It has also been found that the causes which increase the hormones i.e. activate pineal gland, provide protection against aging, cancer, dementia, stress and hypertension. These substances are equipped with antioxidant, anticancer and anti-stress factors.

It has been found that the pineal gland, which evolutionists described it as “an atrophied organ from our reptile ancestors” in the last century, controls all the endocrine glands in the body. This gland produces higher degrees of secretion in infants and children. In this way, it helps the child to sleep more and develop faster. In addition, Descartes described it as a point of transition between body and soul. This view has been confirmed by scientific developments. So, the pineal gland is also known as “the mystical gland” and the “3rd physical eye.”

According to Psychiatrist Rick Strassman from the New Mexico School of Medicine in the United States, who presents his work in the e-book “Spirit Molecul”, pineoline and DMT hormones secreted by the pineal gland play very important roles

in metaphysical and psychic moves such as mystical pleasures, state of trance and ecstasies in human beings. It is interesting that the pineal activity and the secretion of these hormones reach the highest levels between 2 and 4 o'clock at midnight. In other words, it is the time that both the state of sleep and the mystical states of the human peak and become open to contact with the spiritual realms. DMT that gives mystical emotions is also found in the esfand which is a plant known in many regions of the world. It is known that the Amazon natives fall into a trance by using this herb in religious rituals.

The secretion of the pineal gland increases further as it rises above sea level. This explains the Prophet's reclusion in the cave on Mount Hira. This is also the reason why Christians prefer high mountains for monasteries; it is also the wisdom that many Islamic saints prefer the high mountains as a place.

A versicle from the Holy Quran: "And it is He who has made the night for you as clothing and sleep [a means for] rest and has made the day a resurrection (Furkan, 47)." According to this verse, the night is a quilt. When it becomes dark, all goods and worldly things are covered and the door to the

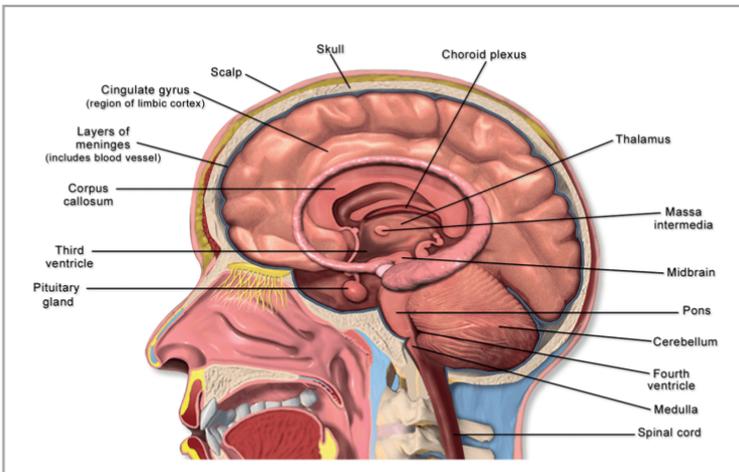


Sleep is the rest of the body

spiritual world is opened. In other words, the transition from matter to meaning becomes easier. Human beings reach the spiritual realm from the world they live in by opening their eyes of heart; regains their emotional calm. These times are the time of night prayer recommended by Prophet Muhammad.

According to recent scientific studies, it was understood that not sound sleep, but rather divided sleep was more relaxing. The word “teheccud - night prayer” already means divided sleep. This is an excellent indicator for the human being. Therefore, human should be able to interrupt his sleep during these hours to open the door of the spiritual realms for the progress of spiritual and the inner illumination.

Pineal gland is drawing attention because it provides the transition and the relationship between our body and our soul. This gland is also regarded as “the main center of our biological clock” which is very important for our body. If one programs himself by the influence of this biological clock, it is possible to wake up at any time. For example, when you set the clock to get up at 5am, you have usually witnessed getting up before the clock rings. This is also an indication that we have set our biological clock.



Pineal gland

It is known that love, hope, belief and submission to Allah increase the activities of the pineal gland; insomnia, stress and depression reduce its activity. In the presence of suitable enzymes formed with positive emotions, the molecules secreted by the pineal gland can turn into serotonin, which is known as the happiness hormone. In other words, emotions that create spiritual pleasure make people happy. These are also the reasons why people remain young and dynamic.

“It is known that love, hope, belief and submission to Allah increase the activities of the pineal gland; insomnia, stress and depression reduce its activity.”

If we go back briefly to noon sleep, this sleep can extend from 15-20 minutes to 1 or 2 hours, and this sleep may corresponds to a longer night's sleep. If it is required to explain medically, cortisol (stress hormone) which is secreted in our body during wakefulness and that increases our fatigue and stress as it increases, falls down during this sleep and we feel like reborn when we wake up. That's why it known as “beauty sleep” from of old.

Many Islamic scholars regard sleep as the death of self. During the sleep, the desires and wishes of the self-disappear, the soul leaves the body cage and can act independently and free. These dreams belong to one's mental state and can be characterized by their position. Human neglecting his/her spiritual aspect and yielding to flesh has dreams “chaotic and delusional” in the words of the Qur'an. If the body is in the field of ecstasy of the soul, then dreams become true.

Sometimes, these are gifts of consolation. In recent Transpersonal and Sufi Psychology studies, these dreams are important for character analysis and determination of the level of the self.

Speech Need

“The word only affects the heart if it comes from the heart”

Mevlana

Another feature that distinguishes human from animals is that he is a talking creature who speaks and expresses his intent. He has learned the name of the whole being from the Creator, thus he became even different from the angels. In fact, Allah uses all the advantages given to human beings as an intermediary to test them. People compromise by talking and what people say is so important because they are evaluated according to their speeches. Beneficial speeches are acceptable for human, but empty talks and bad words are not regarded as speech. The words of some great people are wise words that make those who say immortal. They keep lantern of some kind on people's lives as we often use in this book.

Allah has given human two ears to listen and a tongue to speak; to listen twice and to speak once. Allah wants people to talk through the mind filter what they heard. Most people bypass the brain. So they tell everything they've heard without processing in their brain. Gossip and tittle-tattle are such a things and they are cursed because of this reason. These are the words in which the mind and heart of the human being are excluded, only the self is fondled. Therefore, it reduces level of human dignity and relations.

“Most people bypass the brain. So they tell everything they've heard without processing in their brain. Gossip and tittle-tattle are such a things and they are cursed because of this reason.”

In fact, every word must pass through the heart as well as the brain. Then it becomes a persuasive word, the value and power of influence becomes greater. Therefore, one should not say any word he does not believe, because it will not be convincing. People who are successful in human relations and especially men with a cause who drive people say through the mind filter but also from the heart. Eloquent Mevlana says: "The word only affects the heart if it comes from the heart." Yunus says about the power of the word:

*"You may say such a word that it ends the war,
You may say such a word that causes to get hanged;
You may say such a word that makes poisonous
Food with oily honey."*

Yes, a word can cause a head to be cut off, can even make a poisonous food honey and can take the snake out of its hole. These words can be known; but those who have a grasp of this truth know that they cannot influence society and people if they do not have the elocution whatever task they take, no matter how successful they are in their profession and of course they also know not every word should be said everywhere.

Whatever we say in the name of the word, it is gaining importance with the following warning of the Messenger of Allah: "Allah does not accept the word without practice (Kenzul Umman, 1/260)." Therefore, any discourse that does not come to life is not valuable.

The Need for Faith

*“My discovery of Allah is not a journey of faith,
but a journey of reasoning”*
Antony Flew

Belief, which is the correspond of faith, means to believe in a power without any doubt and to be adhered it. Throughout human history, people have always believed in a number of forces that create and manage the world. Anthropological research says that there is no society that does not believe in such power or Allah. Believing is also a psychological need for people. Because human has always realized that his mind which he has knowledge through his senses is limited. It is because of this limited mind that man is a tragic being. Human is a tragic being because of this limited mind. As a result of recent scientific studies, the gene for believing in unlimited power has been identified in humans.

Throughout history, people have believed in many powers from tangible to abstract in search of truth. Although the understanding of Allah, which creates from nothing and dominates everything, exists in many societies, it is a known fact that idols were made to represent Allah and were worshiped through them.

Because it is easier for people to believe in the three-dimensional and tangible existences that they feel with five senses. When the concept of Allah is transformed into an image (e.g. a statue) with an imagination, the embodiment, in other words the idolatrousness begins. Worshiping idols, attributing power to nature and attributing holiness to nature because of nature's self-creation by chance are results of pagan understanding. The conception of worship of the tangible

manifests itself today in even Muslim societies. People who have sciolism and ignoramus hope for help from shrines.

In some societies such as ancient Greece, the faith gained a polytheistic characteristic with such Allah's fertility, power, beauty, war and peace. In Greece, there are Allahs for everything and they are always in human form. They sometimes go to war between in, and as a result, people suffer from their struggles. In fact, it is even stated that they deceive each other and people, and steal in mythos. For example, the Allah of beauty Aphrodite is also an immoralist Allah. In this way, do not ask how the Allahs manage the world! It is said that these Allahs play a role at the heart of sex freedom, sensual and lustful depravement, and lending credence to homosexuality in the West. Can the grand order in the macro and micro cosmos be explained in this hydra-headed universe? On the contrary, polycentric management creates chaos. In a way, some of the Allahs in ancient Greece represent Allah's attributes. For example, the Allah of fertility is actually the title of Allah's attribute, Rezzak (Provider). Instead of attaching all these attributes to a Allah, they attribute Allahhood to each of these attributes.

In Christianity, which has been distorted by the confusion of Greek and Roman understandings, there is a concept of trinity as we know. Accordingly, this understanding of the triple Allah which consists of Allah, son and holy spirit does not satisfy the high intellectuals. This is a reason for objections to the church.

Abraham's adventure of believing is a sample of the rise of humanity in faith. Ibrahim's father was an idol maker. "So when the night covered him [with darkness], he saw a star. He said, 'This is my lord'. But when it set, he said, 'I like not those that disappear'. And when he saw the moon rising, he said, "This is my lord." But when it set, he said, 'Unless my Lord guides me, I will surely be among the people gone astray'. And when he saw the sun rising, he said, 'This is my lord; this is greater'. But when it set, he said, 'O my people, indeed I am free from what you

associate with Allah. Indeed, I have turned my face toward He who created the heavens and the earth, inclining toward truth, and I am not of those who associate others with Allah' (En'am, 76-79)." Abraham's experience is a great example of the rise from tangible to abstract understanding and the development of humanity in faith. Actually, in this mise en scene, Abraham wanted to indicate the truth and prove that these examples could not be lord by looking at the stars, the moon, the sun and asking "This is my lord?" At the result of this questioning to take the answer "no", all the idols in the minds of polytheists are wanted to topple down

Abstract and plausible understanding comes into prominence along with people's intelligence levels. Monotheistic religions actually combine tangible with abstract. The belief of the unique and almighty Allah in Islam which is the last and most advanced religion offers humanity the truth. Allah is free of time and space. He needs nothing; He is far from all deficiencies. He has absolute knowledge. His attributes are hidden in the most beautiful names called "Esma-i Husna". Allah cannot be imagined except His attributes with bounded rationality; if imagined, He is reified and reduced to a limited extent. We think that the fault of other religions is this. The prophets that He used to send His messages are tangible and lived examples. Humanity has great lessons to learn from the struggles of all the prophets.

When we examine the prophets' struggles, we observe that the biggest obstacle is the fanaticism of the societies and that they do not want to leave from the religion of their ancestors. This behavior shows that the majority of people act in herd psychology and today this is scientifically proven. In a study at the University of Leeds, hundreds of subjects taken to a large

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hall were told to walk in the hall without rules and a very small group of them unaware of the others were told to walk on a certain line with rules. Sometime after the start of this activity, where subjects were forbidden to speak to each other, it has been observed that everyone begins to walk regularly (with rules). Of course, they didn't realize they were being directed. This is a group behavior which proves that a minority like 5 % can direct the majority. This can be an advantage when good leaders exist, but it also shows that people do not think in general, so that they can not go beyond the wrong rules of society. For this reason the Quran commands often to think: "You do not mind?"

"Science is concerned with the shape and sequence of DNA but religion with its meaning"

It is said that the desire to "become a small Allah" lies (suffer from a swollen head!) in the consciousness of people who seek power in the world. This is called "shirk" (sin of practicing idolatry or polytheism) in Islamic literature, it is the most dangerous level that human ego will reach. This point is known as becoming Pharaoh or Nimrod. The struggle of Abraham and all the prophets is for "oneness" against this understanding. With the sentence "There is no deity but Allah", it is emphasized that it is only Allah who has the power and that there is no Allah to worship other than Him. On the other hand, belief in unique Allah improves the understanding of responsibility in people. On the contrary, it is reached Dostoyevsky's sayings: "If there is no Allah, then everything is allowable". In that case, human will have no binding. All kinds of immorality, injustice and persecution will be unrequited. Then we have nothing to say to the Pharaohs. At this point, it is not freedom but anarchy to obey all orders of self. Isn't that how cancer is in the body,

too? Is it possible to define the cancer cells as 'free' dominating and devastating other cells in their environment?

Denial, which is the opposite of believing, brings unbelief in human and it is an effort that makes human psychology too hard.. The atheist or with Islamic expression,(the denier does not believe in the existence of Allah, that He has created everything, that He is omnipotent and has absolute knowledge), and therefore, the the messages He sends, the atheist denies. But any of the denier has ever been able to provide an alternative to this truth. It's because of his/her limited mind. Even as a building has an architect and a constructor, to think that such a perfect uniis happened by itself is actually forcing the mind extraordinarily.

Many thinkers and scientists who have recently questioned how the laws of the uniarise from reach ultimately the answer of "Allah's mind". Antony Flew, one of the most famous atheists of the 20th century, responded to a question about the roots of life during a conference in 2004, he explained that a Creator should be with reference to the complex structure of DNA." At the end of his works, he said that "My discovery of Allah is not a journey of faith, but a journey of reasoning" and wrote his famous book "There Is a Allah: How the World's Most Notorious Atheist Changed His Mind". Flew stated that there is a fine adjustment in the universe. This has shocked the atheist community. Hawking, who is still very confused about it, said that "The greatest evidence for Allah is the order in the universe. The more we discover about the universe, the more we discover that the uniis governed by sensible laws and we still have the following question in mind: What is the reason

"Antony Flew, one of the most famous atheists of the 20th century, responded to a question about the roots of life during a conference in 2004, he explained that there should be a Creator with reference to the complex structure of DNA."

for the existence of the universe? If you want, you can define Allah as the answer to this equation.” After all, this is the point for thinkers and scientists who have an objective view.

In fact, we think that the proportion of atheists in societies is not as large as expected. So for us, the real problem of societies is not atheism, although people believe in Allah but they forget Him in the flow of grandiose life. The exclusion of the Supreme Creator by people and failure to comply with the measures which He has pronounced for people’s bliss are greater sources of distress for communities. The idea that our great Creator has forgotten us and turned adrift is a dead end like belief in Allah remembered only when having difficulties.

The Perfect Coexistence of Science and Wisdom

*“A word is emanated from a crackpot,
then it is unbelievable for councils”*

There is no place for doubt in faith. Where there is already doubt, there can be no faith. Wisdom means having the knowledge that will not cause any doubt about Allah, that is the knowledge of truth from the heart at any moment. This means also to have acquirement. You don’t need so much knowledge to become wise. It is enough to combine mind and heart. One day, Prophet Muhammad(S.A.V) encounters an old woman who spun wool in front of her house and chats. He asks “You believe in Allah?” Woman answers “Is it possible for me to be unbelieving?” and then explains “If I don’t turn this spinning wheel, can this wool will be strand? This huge world

doesn't turn around by itself, There is also a Allah who turns it! (Kenzul Umman)" Therefore this faith is called "the faith of the crone" (pure faith). This knowledge is wise and wisdom in its simplest form, requires have a grasp of knowledge of the reality of life and creation. We come across many people in the community that we can call wise and we are surprised. This statement maybe was said for these situations "A word is emanated from a crackpot, then it is unbelievable for councils".

R. Garaudy says about faith: "There is no proof of Allah. If so, He would be an existence. If proven, then there was no need to believe. In fact, believe in Allah is a choice".

The source of wisdom is heart, soul, inspiration and discovery; the source of science is mind, senses and transfer. The opposite of science is ignorance and the opposite of wisdom is denial. Science and wisdom are good when together; not only the owners, but also the people around them reached real bliss. In this way, the possibility of reaching the truth is almost negligible for well-informed people who do not have wisdom, that is, are not able to engage their hearts. They cannot reach the truth both because of drowning in the details and not seeing the whole, and because of arrogance with knowledge. However, some philosophers express their astonishment: "When we go up the hills that we have been trying to reach for centuries, we see that there are religious scholars who have been sitting there for centuries." Right, let's explain with an example. From ancient Greece to the 20th century, the Western world said there was no beginning and end of the universe. However, since the beginning, Islamic scholars (especially Imam al-Ghazali) have claimed that there is a beginning and an ending of the world. This is what Western scientist Craig determines,

"Science is concerned with the shape and sequence of DNA but religion with its meaning"

therefore praises Ghazali. Positive science, however, reached this conclusion in the 20th century.

Doubt exists in scientific studies and must be . Religion and science are not opposite, rather they should complement each other. We can only have as much knowledge as the Almighty Creator has given us. Therefore, for human there are two sources of information: the book of the whole unicalled Biggest Book and the divine book of the Holy Quran (revelation). Supreme Creator calls both of them as “my versicles – my signs”. The uniis a magnificent laboratory given to people by Allah. In this laboratory, it is the subject of science to examine how the uniwas created. But trying to understand why it was created, that is, its meaning, is the subject of religion. The divine messages are about understanding the meaning of everything. For example, science is concerned with the shape and sequence of DNA and religion with its meaning . Religion explains the meaning of the book while science is interested in the writing and form of a book. Both of these are necessary for human beings. Religion needs science and science needs religion.

Psychiatrists agree that faithful people suffer much less psychological distress. Because believers know their place and limits. As we have described in the stress topic, they believe in the limit of their own mind and power and tries to be patient and trust in Allah whatever happened.

Here, the words of many great thinkers (such as Socrates

“Psychiatrists agree that faithful people suffer much less psychological distress. Because believers know their place and limits.”

and Einstein) should be understood as wise words: “I know something that I know nothing” and “Reality cannot be reached with the mind, but can be reached by the heart”. As is known, the heart is the center of faith. A person who doesn't learn what

faith gives remains absolutely ignorant of truth because faith cannot be replaced with anything.

Human's Three Attitudes That Form Civilization

If we approach this issue from another perspective, three different manners have been the basis of civilizations throughout human history. These are science, art and religion. The ancients called them scientific, religious and artistic attitudes.

Non-livings and non-human beings do not have such attitudes. Human has more or less these three behaviors according to all other creatures. For example, if we deal a butterfly; human can examine scientifically its all characteristics such as anatomical, physiological, biological, etc. and if necessary, he/she can enter the laboratory and learn its cell structure, body movements, how its energy is formed, how it can fly, what are its nutritional habit. Thus, it shows a scientific approach and attitude. At the same time, he/she looks at the butterfly and paints it, collects butterflies of different colors and opens an exhibition, is impressed by its magnificent color harmony and can benefit from it. This shows the artistic attitude of human. On the other hand he/she is in an effort to understand the real artist who makes butterflies with different beauties and expresses his/her admiration. In this case, a religious attitude comes in sight. As a result, the butterfly is grasped in all its aspects. If one of these attitudes is missing, the human approach to the butterfly will be unqualified.

In fact, these three attitudes which human beings have towards all existences are a whole. If he/she does not show one of them, he/she will be incomplete and will not be able

to answer some of his/her questions about the entity. One examines the objective truth of existence from the perspective of a scientist, expresses his/her own feelings and thoughts about the beauties and aesthetic states of the creatures as an artist, thus states subjective truth. At the same time, he/she tries to admire the great artist who created his/her, that is, tries to feel the Creator behind the being with reference to the idea that every art should have an artist and the consideration how each butterfly is a magnificent work of art. A person who demonstrates this religious attitude considers all creatures to be a sign and a letter sent to him/her by the Creator. This is called "going from the work to the worker, from the creature to the Creator", so it is an important expansion in terms of existence inquiry.

It is science trying to read the beings that are thought to be letters sent by the Creator to human; art taking aesthetic pleasure from it; religion trying to understand the absolute truth behind it. Throughout history, human beings and societies which have these three attitudes have established civilizations; different approaches on this subject have revealed different understandings of civilization. People look at the environment (nature and the universe) as a human of science, art and religion and thus they form their own civilization. Therefore, people are trying to reach objective results in the laboratory; to capture the subjective truth and the beautiful one in art houses; to understand the absolute truth of the uniin the sanctuaries. The higher the level of these three different approaches, the more the civilization could affect the world. A civilization does not emerge if one of these attitudes is missing. Societies that deny or neglect one of these have not been able to fully satisfy and therefore make people happy. Therefore, wise people cannot be thought away from science, art and religion. The development of man and the emergence of civilizations stem from the perfect unity of these three styles. It is only possible to reach knowledge of truth by these.

From this holistic thinking, if we look at which being around us, including our own body, it is possible to see the actor (the Creator in every creature) in every act we see there. From this perspective, perfection in the unileads us to the truth, the supreme Creator. In this case, science and wisdom are combined with all dimensions and knowledge of truth is revealed.



THE RELATIONSHIP BETWEEN LIFE, SELF AND CONSCIENCE

*“The ingenuity in this world is not to erase the self,
but to know the self.
This path is established on knowledge and wisdom.”*
Haci Bektaş-i Veli

Human life is a biological reality of this world. Although sometimes used as a substitute for the soul, in our view life is a biological state that appears when the soul enters our body and ends in death.

The self (with its lowest levels) is given for human examination, we think that important part of it belongs to this world, but it is our side related the soul (with its highest levels). So the self is ourselves. Our physical needs are the necessities of our self. For example, to get hungry and our desire to eat in return, to be thirsty and desire to drink, our sexual desires, our needs such as work are completely manifestations of our self.

At the same time, they conduce toward in carrying out useful tasks such as feeding and reproduction. So, self is necessary in many aspects for human beings. If there were no desires such as taking pleasure and eating heartily, Would people try to eat or have sex? Self represents a sense of pleasure and satisfaction. It is the part of the person that has pleasure, sadness and ambition. It is a lion lying within us and always wants to be fed.

In a way, it should be seen as a source of energy for the human being to live, nurture and grow and to continue his generation. It is therefore a blessing from the Creator. But the self can interfere between the human's mind and body, prevents him from understanding his real nature. For this reason, the discipline of the self made by putting criteria to its desires is very important. Self exists only in human and is necessary for the examination, therefore it should always be kept under control. This is only possible by observing the Divine measures, orders and prohibitions. According to Haci Bektaş-i Veli "The ingenuity in this world is not to erase the self, but to know the self. This path is established on knowledge and wisdom".

The relationship of our mind with our self and soul is very important for human beings. If our mind brings the desires and requests of our self to the forefront and makes them dominant, the mind loses level, yields to flesh and this mind is given a name "daily mind". On the contrary, the mind which makes our soul dominant, that is, dominates the self and this mind is given a name "good sense" and it takes us to the wise mind and glorifies human. In today's Western lifestyle, unfortunately, self-pleasures and delights are at the center of the mind, this is called hedonism: holding in high esteem and idolizing the desires of self. The secrets of truth cannot be opened in front of man unless he clears his heart from such servile (vile, worthless) and sensual desires and opens his foresight.

If our self becomes fond of the world and loves it too much, it forgets the true purpose and duties of its existence. This situation is exactly like the father who loves his son very much and who forgot his own business and lost his job. The love of the world should not make human forget his true duties. Every human being has a relic from Abel and Kabul. We have already said that the symbol of Abel is the heart and that of Abel is self. It is a fact that the fight between these two will continue in every human being until he/she dies.

The most important feature of the self is that it can turn towards good and evil. For this reason, Islam evaluates the self in seven different levels. The servile self, which we call animal self, always forces us to go beyond the criteria, to the extreme and animalistic desires of our body. "Have you seen the one who takes his own desire as his Allah? Then would you be responsible for him? (Furkan, 43)" This type of self is often mentioned when speaking about self. This self state also has many different degrees. From sinful man who is devoted to his desires in his own way to the homicides who is making crawl the honor of humanity. Even the devil is ashamed of these last examples. In the Qur'an, the names of Nemrud, Pharaoh, Karun and Abu Jehil are counted as examples of those who idolize their self in this way and consider themselves sufficient.

Like all self degrees, this kind of self is not found in animals. Basic needs in animals remain only at the instinct level. Basic needs in human beings have developed depending on the spiritual and social dynamics of the human being. If we fall for the endless desires of the servile self as a human being, this self can lead us to the points that are immoral and destroy the honor of being human. For this reason, braking the desires of the self to a reasonable and legitimate level will pave the way for human, it will lead to freedom, salvation and advance.

Let us pass on to a story of Nasreddin Hodja on this subject. One day, Hodja cannot deflect his mule into his own direction which he wants. He finally leaves the reins. Those who see this situation asks: "Where are going Hodja?" Hodja answers: "Where my mule goes!" Yeah, Hodja leaves the reins when he can't compete with the mule, but the sufis warn us that this mule symbolizes our self, so we should not leave the reins regardless. How true, isn't it? We must not leave the reins of our self, no matter how hard it forces us. Otherwise, we don't know that it can lead us to what kind of inferiorities.

The second level of self is a decrier self. Self-criticizing, conscience-stricken for his/her mistakes is its characteristics.

The tragic state of many of us stems from this level of self. Yunus Emre says for this state:

*“Vassal for a moment, ascetic for a moment,
Rebel for a moment, submissive for a moment,
There comes a moment my inconstant heart!
You are neither in religion nor in faith!”*

Yes, the real ambivalent-contradictory (tragic) one is a person in this situation. He/she both sins and swears off. He persecutes people, then regrets. Even though this may be seen from time to time in the people who have servile self, they can even burn the world for their own good and they can derogate inferior to the animals. Humanity has taken a knock from them and still does. On the other hand, the person at the level of decrier self knows that they are wrong and always has felt remorse. But he has not rested easy and not yet got spiritual satisfaction.

“Despite human is honored with the statement “not to torment your body”, he also misappropriate because of his/her ambition and insatiability.”

The next self degree is the self level of inspiration. This person can be happy to receive some spiritual pleasures with intuition from time to time. However, these inspirations can be either celestial or satanic. Therefore, it is one of the most dangerous self levels.

The higher self degree is the self level of confidence. A person with a self that reaches this level has surrendered in the way of Allah, has matured and has felt at peace. According to some sufis, soul and self are integrated in anyone who has reached this level. There is no one who can reach this level except the Islamic environment. Because this level of satisfaction is achieved only through the spiritual journey in Islamic Sufism. The reason for the spiritual hunger in the West is the inability to reach these levels. In order to fill this gap, they gravitate to areas such as yoga, reiki, NLP; and give rein to fake directions of people who perform showy programs. Level of confidence

represents the beginning of the true advancement of human. Here, the true believer should be enlightened by facing the universal self and should be able to transfer the beauties and advance to the personal self. The next self levels is possible only with a mystical effort. “ [To the righteous it will be said], “O reassured soul, Return to your Lord, well-pleased and pleasing [to Him] (Fecr, 27-28).”

“A believer who wishes to advance the self levels must always be in fear and hope during this struggle. ”

The 5th level of self is the self of consenting. This is the degree that the self owner consents to Allah. At the subsequent self level: “Vassal consents to Allah, Allah does, too”. Finally, the self of absolutely purified: true perfect human being is in this level of self. This level is the level of the prophets. In all these levels, self matures and advances by suffering and contacting with the soul. On the other hand, there is no soul maturation. Because he is our divine aspect from Allah, so it is already mature.

A self owner who reached these levels, that is, level of “die out in Allah” now is uneasy and disgusted with evil and ugliness; and is happy and good with goodness and beauty.

These self levels can be divided into hundreds of degrees. When Mevlana talks about human beings, therefore, he uses the expression of nine hundred layered of people . A believer who wishes to advance the levels of self must always be in “fear and hope” during this struggle. The human who strives to discipline the extreme desires of the self should exhilarate the divine desires of his/her conscience and heart at the same time. From this point on, he/she should never give up hope of Allah’s mercy and grace, with the fear that the self will defeat himself/herself at any moment. This line between the fear and hope is called “living in metaphysical intensity”. This intensity means profound sensitivity to the commandments of religion. Believers should always live in this intensity.

When it comes to conscience, it is the inner guide and inner brightness of the human being. Conscience is always related to the heart and the nature of human because it emanates from the partial spirit that Allah blows to human. It is the voice of the heart and always calls in people to the integrity. Tolstoy says about it: “We have the light of Allah, and its name is conscience.” Muhammad (peace be upon him) refers to the conscience at the same time as he says “consult your heart (Ahmet bin Hanbel, Musned, IV. 227-228)” for undecided situations. Because the conscience always directs people to the right and the good. It is possible to distinguish between good and evil, wrong and right under favour of that sound within us. Those who act contrary to his/her nature cannot get rid of remorse. In people whose heart is sealed with evil, conscience no longer exists. In this case, the human being has lost human character and has become malefactor. As a result, we can say that conscience is the inner voice inspired by Allah. “And [by] the soul and He who proportioned it, and inspired it [with discernment of] its wickedness and its righteousness, He has succeeded who purifies it (Şems, 7-8-9).”

INTELLIGENCE, MIND, CONSCIOUSNESS, WILL

*“The human should look with the outer eye and
see with the inner eye”*
Imam al-Ghazali

Intelligence can be explained as human’s high perception power. Human perceives the environment and happenings and gives meaning to them with his/her intelligence. Intelligence is innate in every human being, but at different levels. Intelligence is not bound by rules, so it has a free nature. Recently, many different types of intelligence (8 types for now) have been identified. They can be studied in different genres such as intelligence of math, emotional, visual, musical, kinesthetic, naturalist, interpersonal and existential intelligence. It can also be divided into practical, analytical and synthesisist intelligence. Intelligence; it is a great grace given to human by Allah. Animals have very little intelligence to maintain their status and are not free as in humans.

Mind emerges with the socialization and disciplining of intelligence. It is a mental order. it is acquired and matured through experience, environmental impact and education

in time. The environmental effects that make up the mind not only make intelligence useful to human beings, but also can take away from free thinking because of the law of the instrument. Intelligence and mind are both ability. The difference is that mind can be taken from someone else and intelligence cannot be taken from anyone. The greatest proof of the mind is to predict and plan the future. It does so with its past experience and future expectations. The most important feature of advanced reason is the ability to benefit from the experiences of others.

“Intelligence and mind are both ability. The difference is that mind can be taken from someone else and intelligence cannot.”



Mind is an incredible thing

There is no mind in animals, and human beings regain much of what they have lost to animals because of their more developed senses. They can bring under control all living-non living creatures and animals. Therefore, they turn disadvantages of deficiencies of their organism into advantages by making tools. They move ahead of the eagle, which is very powerful for the human eye, by inventing telescopes, microscopes and

cameras; invent motorized vehicles to leave fast animals like cheetahs in the dust; can even overtake all the birds by means of aircraft; can hear people from the other end of the world with phones. All this happens with human intelligence and mind.

If intelligence is not transformed into a mind with an understanding aiming at the happiness of people, it can sometimes self-harm. It may be seen that many talented people use their intelligence for dishonesty and ultimately become disreputable or commit suicide. Great novelist Stefan Zweig was a genius writer, but he went down in history by killing himself. However, these words belong to Zweig: "The higher the level of intelligence, the greater the potential for danger." As it is known, Psychiatrist Freud who had a great influence on the world also died by suicide.

Mind is the most precious natural faculty that Allah has given to humans. It is also a divine light that allows us to distinguish between right and wrong. Thus, all divine messages strikes to the rationals' fancy. But mind alone is not enough. He cannot lead him to the right way, to absolute reality. The mind gains meaning with the heart and only when it serves the happiness of human. The mind that acts with the heart is the spiritual mind (good sense). The daily mind that glorifies the self can lead to destruction. The opinion of the mind with the heart is named as foresight.

"Mind is the most precious natural faculty that Allah has given to humans. It is also a divine light that allows usto distinguish between right and wrong."

According to Ghazali, the five senses are spies of the mind, mind uses them. But mind is also influenced by natural faculties such as imagination, misgiving, memory and subconscious. It evaluates the information received from all of these. If our

prejudices such as imagination, misgiving, and subconscious preclude the reality while perceiving the information around us with our senses, then the information becomes reality in a complicated perception with prejudice. So the mind almost deceives. This state is called “the eclipse of reason”. The misapprehensions in the ideas of intelligent people are due to these prejudices, misgivings and some imaginations. They almost curtain the mind. In this way, we start self-delusion. Aren’t ideologies based on these misperceptions, prejudices and common misapprehensions in humans? Therefore, no ideology has been able to bring people to the full truth and thus to peace. So it all depends on our perception of the truth in the correct way. For this reason, one should be able to identify and overcome all inherent weaknesses.

What we see from human experience is that the mind cannot act in the field of revelation. However, if he/she finds a way in its light, he/she can reach a result that will lead humanity to happiness and peace. How you need sunlight to see, you need the warnings (revelation) of the Creator to have a grasp of all things by reasoning. According to Islam, the mind needs the light of the revelation and the love of the sufis, that is, a mystical experience. In short, the personal mind needs a universal (complete) mind.

On the other hand, because of self-limitation, one turns to the understanding of art with his intelligence against the mind and wants to go beyond the boundaries with art and declare his freedom. That is to say, art and aesthetic values are a rebellion of emancipation against incarceration of intelligence in law of the instrument by the mind. By the way, let us state that science is for achieving “cold (objective) facts”. The artist goes beyond the limits of reason and makes art to reach “abstract (subjective) facts”. Religion is an effort to seek the “absolute reality”. The genius level of high intelligence always riots the domination of the mind but never loses it.

It is called consciousness to comprehend by observing the whole environment and self. At the end of this consciousness, one also realizes that his/her organism is not enough for himself/herself. Consciousness is an inner light. It means that our cognition and intelligence climb over our organism. We reach to the mind in time as a result of the contact of our intelligence with the world of matter; reach to consciousness with the contact of our spiritual life. Consciousness in a way criticizes our mind on behalf of our soul and according to Imam al-Ghazali, it is the inner eye of the soul towards the organism and the world. So Mevlana asks “Who is looking out from my eyes?”

Human intelligence recognizes contradictory concepts between our senses and our consciousness. While our senses instill limitation, our consciousness makes us feel eternity. Our senses suggest captivity, plurality and creature; our consciousness instills freedom, unity and Creator, respectively. Here, our intelligence is toing and froing on these contradictory concepts. Since we cannot deny this situation, we are always in an indecisive and conflicting state.

Mind is like a door that carry us to material values through the senses, and consciousness is, to spiritual values. We are told that there is little information about the soul in the Qur’an, but consciousness, which is its manifestation, can easily be studied. Again according to Imam al-Ghazali, “Man should look at with his outer eye and see with his inner eye.”

Will means that our activities take place under the control of consciousness. Therefore, only human is willed created. For plants and animals, charity- malice, good-bad, justice-cruelty, beautiful-ugly qualities are not available. Animals and other living - non living creatures seem to be unaware of themselves. They are the letters of the Creator wanted to be read by human beings, so they do not have consciousness and will.

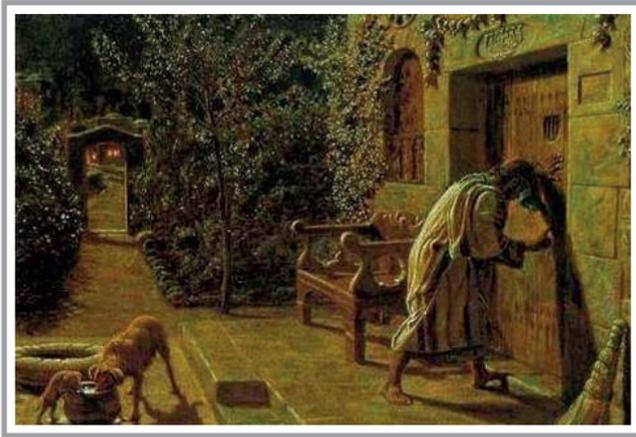
Primitive man or child embodies everything, even religious values. Thus, divine understandings have been expressed by idolizing throughout history. However, it is the abstraction power that can be created through consciousness that glorifies the human being. Human has established civilization and culture through abstraction. Tangible values cannot go beyond being the raw material of civilization and culture.

Human beings advances and gains value with their mind, consciousness and will as much as they reach to abstract from tangible, to culture from nature, to meaning from material, to civilization from wildness, to spiritual values from things. The advancement of humanity is possible by moving away from animalism. Because compassion, affection and attachment in animals are extremely limited.

SENSITIVITY, HEART AND SOUL RELATIONSHIP

*“Allah looks at not your property and your form but your hearts”
Muhammed (peace be upon him)*

The heart mentioned here is the spiritual heart, also called sensitivity. There is a partial connection to the heart, which is the motor of the circulatory system. The heart (sensitivity) is the emotion center associated with the soul. In some scientific studies conducted in recent years, it is reported that the hearts in our body emit magnetic waves as in the brain and there is a great relationship between these two organs. If the relationship between the magnetic waves of these two organs is in harmony,



The door of my heart has no outside knocker / Mevlana

it has a very positive effect on one's health. Stress disrupts this harmony. In the Institute of Heartmath, scientists found that high human emotions such as compassion, affection and love enhance this harmony. This result is accepted as very important scientific data in terms of showing the spiritual dimension of the heart.

The great sufis put people in the center of the uniand sensitivity in the center of the people. Although our self is related to our soul, its position is opposite to the heart. The heart, sensitivity in other words, provides the connection of the human to the metaphysical realms. It is the center of faith as well as affection, love and compassion. The sensitivity is so exalted that even the word "bastard" comes to him. It exalts the word 'low' even when it is used as a prefix in Turkish ('low' in English by oneself). Humility is a feature that is appreciated by everyone and makes its owner a human. Keeping your heart clean is very important for human mental health.

"In order to reach the Creator, the heart must be engaged with the sensitivity. On the contrary, if the sensitivity becomes polluted in the pursuit of the world, that person's connection with the soul and the noble causes will be damaged or broken."

In order to reach the Creator, the heart must be engaged with the sensitivity. On the contrary, if the sensitivity becomes polluted in the pursuit of the world, that person's connection with the soul and the noble causes will be damaged or broken. The things that pollute our sensitivity with the influence of our animal self are emotions such as desire for authority and position, ambition, all kinds of lust, rage, envy, hatred and jealousy. When these emotions settle in our sensitivity, it become dominated by the self, which is a disaster for human. In a person who has filled his/her sensitivity with this kind of worldly feelings, he/she becomes the place of delusion

and fight. Therefore, such a person loses peace, experiences tediousness and faces moral corrosions.

The sensitivity shows the reality of human. People gain value according to their thoughts of their heart. This is called intent, “Deeds are evaluated according to the intentions (Buhari, Bedul Vahy, 1).” Hypocrisy is therefore cursed by Allah. Because what the hypocrites say are never the same with their intentions, that is heart’s desire, they are hypocritical. People who are familiar with this fact always try to understand the real intentions of the other people they are dealing with. Let’s give an example of two people with a knife. People flee from one, seek refuge in the other and submit themselves. We all understand here that the first is the killer, and his intention is to kill the other. The second one is a physician, people know that his/her intention is to save themselves and submit to him/her. A sincere human is a one-faced person whose his/her action and intention are the same. He/she is appreciated and loved in every society. Therefore, Mevlana says: “Either seem as you are or be as you seem.”

Many people of Sufi, starting from the hadith of “The believer is the mirror of the believer (Abu Davud, Edep, 49)”, likens the human sensitivity to the mirror. According to this, in fact, it is he who sees the other person. Accordingly, a person actually is the same person who he /she describes. Therefore, according to Sufis, the mirror of heart should always be polished and gleaming. The way to do this is to repent of our sins and to remember Allah as required. Because according to the Qur’an: “Those who have believed and whose hearts are assured by the remembrance of Allah . Unquestionably, by the remembrance of Allah hearts are assured (Rad, 28).” The person who keeps the mirror clean, that is, cleanses his heart from all the earthly taints, reaches inner peace and true happiness and his heart turns into the sensitivity that Allah is respected. Because the

heart of human beings is the field of view of Allah at the same time. A pure, clean, clear and lily heart is the most important condition of human loftiness in heaven. "Allah looks at not your property and your form but your hearts (Muslim, Birr, 33)." That's why Yunus Emre calls us:

"Clean the your house of heart, your love will come to stay."

This love is the supreme Creator. "We are closer to him than [his] jugular vein (Kaf, 16)." Allah Almighty said that a holy hadith "I didn't fit in the sky and ground, but did in the heart of my believer." Imagine! Allah Almighty who does not fit in time and space says that He fits in the heart of human. See the value given! Thus, even the world is not as wide as the heart as said. People who maintain the goodness and cleanliness of the heart are always loved by the society. I would like to give you an example of sufism on this subject:

One of the great sufis, Ataullah Iskenderi departs to pilgrimage one day. When he arrives in Baghdad, he enters a jeweler. Young goldsmith deals constantly gold in one hand and money in the other. He feels sorry for the young man, but when he observes the heart of the young, he sees that young man is engaged in the invocation of Allah despite there are gold and money at his hand. Then he admires the young man and leaves. Later, when he reached the Kaaba, he saw an old person crying and hugging the Kaaba's cover and envied him. Later, in the observation of this elder's heart he is very much upset by seeing his heart beating for the world unlike the other young people. He understands that solely the emotion in the heart shows the truth of the human being. Finally, he says that our hearts must be in love while our hands deal in like the young goldsmith.

Yunus who is stating “One of the first conditions of respect for people is to value his/her heart” says that:

“Heart is the throne of Allah, Allah looked at my heart, who breaks a heart would be unhappy in the two worlds.”

It is worth mentioning here an event about the value of being conquest of a heart: For the conquest of Khyber Castle, the Prophet declared Ali as the commander. Ali cannot stand on the battlefield, galloping with his sword in his hand from one side to the other, acting as if he wants to kill everyone who will confront him. The Prophet calls Ali and says, “Slow down, oh! Ali; It’s more important to win a heart than to conquer the whole world (Ibn Hisham, Siyer).” Isn’t that a good example of winning a heart? For this reason, Islam has never tolerated the religious war and wanted to make conquests without killing anyone as much as possible. The conquest of Mecca and Jerusalem, where no one was killed, is one of the best examples of this.

Freedom of Heart

“Close your eyes and walk, until your heart is your eye/s,
then another world will appear”

Mevlana

Although the body can be enslaved and imprisoned, the heart cannot be chained. Love of goods, property and money should not be put into the heart in order to keep the heart clean, pure and free. If this happens, then he loses his freedom and becomes the prisoner of the world. Muallim Naci calls the supreme Creator in his :

“My heart has been free since the day being a captive, Attached conscience to you, can attached to something but you?”

Once the heart is attached to Allah, it does not include the worldly goods and becomes free. It is very important for the heart to remain free at any moment for having a strong personality. Therefore, we must endeavor to eliminate negative emotions such as arrogance, conceit, hatred, envy and lust in our hearts as the Kaaba was cleared of idols after the conquest of Mecca. In other words, while we take advantage of the legitimate things that belong to the world, we should not attach to and take them into our hearts. The worldly goods does not harm human as long as he can use it in his pocket, but when he takes it into his heart, he becomes scattered.

We can better understand this with the explanation of Mevlana: *“Obviously, as long as the ship is on the water, the water is a means of lifting and transporting it to its destination. Whenever there is a hole in the ship, and water begins to enter the ship, that ship no longer runs and sinks. Here, the worldly goods like the seathat takes people to the place they want to arrive . If you don’t take it to your heart and stand on it, then you arrive where you want like a ship. If you try to take it to his heart with greed and cupidity, you will sink into the world as the ship sinks. So contenting oneself what an inexhaustible treasure. Not to content oneself, the search for treasure in the goods is futile.*

“Love of goods, property and money should not be put into the heart in order to keep the heart clean, pure and free. If this happens, then he loses his freedom and becomes the prisoner of the world.”

Shams-I Tabrizi says for the cleansing of the heart: *“The actual dirtiness is not in the outside but in the inside; not in the dress but in the heart. No matter how bad looks every stain except it, they are washed and cleaned with water. The only stain*

and dirt that doesn't come out with washing is envy and ill will in the heart.

The heart represents the sensitivity and the brain does the mind. Mind and heart are always in conflict and fight. Both want to provide guidance. But according to Mevlana: *“In matters of heart and love, mind is like donkeys that have fallen into the swamp, it sinks more when it flounders.”*

In fact, we cannot reach the truth neither with mind nor heart. Therefore, we must reconcile the mind with the heart and make them move together. Is not our civilization already a civilization of mind and heart? On the other hand, Western civilization cannot make people happy because it is just a civilization of mind. it also causes destruction of human. However, Western social scientist Bergson says: “Human cannot access truth through reason. One can only access the truth through the heart.” He said so because he felt its lack. In our opinion, both are necessary for the truth.

What can bring our hearts into darkness is doubt. When we doubt our faith, our heart gets bored. Delusion is a worry, apprehension and an inner distress that the devil gives to our hearts. Adam and Eve came out of heaven on this delusion given by satan. In the Holy Quran, Allah always warns believers against this delusion.

In fact, heart is the home of love as well as faith. From calf love to the divine love, love cleanses our heart and makes it mature at the same time. Because the true lover's heart doesn't have things to depress it like arrogance. Lover becomes a person of affection, compassion and attachment.

Mevlana likens human body and heart to a letter ; a letter that its interlocutor is the supreme Creator . It is the human who wrote this letter. Emotions, thoughts and intentions, sayings, works and deeds and behaviors that human has throughout his life constitute the content of this letter. According to Mevlana, this letter of heart should be worthy of Allah. He says that it is necessary to obey the great Prophet and his friends whom

Allah has shown as an exemplary human being. This situation requires sameness in what one says and what one wants. Its contrast is unacceptable hypocrisy and duplicity, is the type of inferiority that Allah rejects.

There are three kinds of eyes in humans: mind eye, heart eye and soul eye. The mind eye is our sensory organ; establishes the cause-effect relationship with what they see in three -dimensional space. The heart eye is about our emotions and our faith. This eye, also called clairvoyance, opens up the spiritual realm. People who do not overlook have the ability to see the truth through this eye . Mevlana says: “Close your eyes and walk, so that your heart be your eye, another world will appear to you.” and Ali emphasizes the importance of the heart eye: “Your eyes see while the heart is blind, what does it do?” Our soul eye is a divine eye, we do not know the exact nature. It can be regarded as the eye of perfect human being because it brought us into contact with the Creator.

Let's end this important topic with h of Ash-Shuara, versicles of 88-89: “The Day when there will not benefit [anyone] wealth or children But only one who comes to Allah with a sound heart (Şuara, 88-89).”

HUMAN STRENGTHS AND WEAKNESSES

*“Indeed, we offered the Trust to the heavens and the earth and
the mountains,
and they declined to bear it and feared it;
but man [undertook to] bear it. Indeed, he was unjust and
ignorant.”
(Ahzab, 72)*

The success of human is through recognition of himself. On the other hand, self-recognition is possible by analyzing his/her strengths and weaknesses. We recommend SWOT analysis, used by every company that wants to develop, to every person who wants to succeed. According to this, one has to have a grasp of his/her own strengths and weaknesses, but he/she has to know the threats and opportunities he/she faces. The person who performs this analysis well, strengthens his weaknesses (eliminates his weaknesses) and makes good use of his strengths will also use the opportunities and take measures against threats. Such a person will be successful in both moral and material areas. Now, let's consider the common strengths and weaknesses of all people together.

Dissatisfaction of Human

*“Goods is humbug and chattels also, come in and
potter some more”*

Yunus Emre

In order to understand all aspects of human, we must first evaluate his/her weaknesses and frailties. First of all, human beings are in need like other living things, but the needs of plants and animals are limited and they are not insatiable. For example, when a lion gets his prey, he takes as much of it as he needs and doesn't think about future. When it's full, it leaves the rest without thinking about who eats. The other creatures that follow it eat from the remaining prey until they are satisfied. But, is that how human behaves?

Human is greedy and insatiable. Isn't that the hadith of Muhammad (peace be upon him) appropriate about it?

“Give a man a valley of full gold, he wants another valley full. Only the soil fills his/her belly. But Allah accepts the repentance of whom swears off” (Buhari, Rikak, 10).



It's like people's bickering

Biologically, human has to eat, drink, shelter, be protected and breed; sociologically, wants to live with other people in a family and a milieu; psychologically, wants to love, be loved, be valued, be appreciated, tick along, be sure of fear and progress (remember Maslow's hierarchy of needs). But he/she misses all this because of the insatiability.

According to the observations of social psychologists, human needs increase as welfare progresses. This increases the weaknesses. Weaknesses produce complexes in humans. The inferiority complex in man arises because of the things he cannot obtain and if he obtains something without merit, the superiority complex arises. Thus, morbid (pathological) types occur. However, wise people is a person who impedes his/her needs, knows the weaknesses and can destroy them. Such people can always be loved and successful in life .

“Wise people is a person who impedes his/her needs, knows the weaknesses and can destroy them. Such people can always be loved and successful in life.”

On the other hand, human will always make tools and machines because his/her needs do not end and will try to complete his/her own organism which he/she considers inadequate. Here, only the *nefs-i emmare* in the human being can cause both development and decline of the human being. The servile self only found in human can cause both development and regress of the human being. The endless desires and ambitions of humans can lead to their extinction. But at the same time, human develops culture and civilization by inventing technology and making tools under favour of these desires and wishes, so he/she becomes superior to animals and can control the universe. Especially if he/she can go towards spiritual goals without spoiling his/her self, then the true progress of human can be possible.

Human is Ignorant and Cruel

In the Holy Quran, it is said: “And they will say, “Our Lord, indeed we obeyed our masters and our dignitaries, and they led us astray from the [right] way (Ahzap, 67).” and “Indeed, mankind is [generally] most unjust and ungrateful (İbrahim, 34).” Indeed, one does not know aghastly what to do in this world, although he knows that he is mortal, he acts as if he will live forever. In the words of commons, he tries to live to a ripe old age. Therefore, he feels irresponsible. Thus, he is unaware of being thankful. Entrusted human cannot protect duly this trust, even harm it. However, the wise people who are responsible have avoided being ignorant and cruel and ungrateful.



Cling to world

The Holy Quran says: “Indeed, mankind was created anxious (Mearic, 19).” and “And indeed he is, in love of wealth, intense (Adiyat, 8).”

The ambition given to human is for his development, gaining knowledge and reconstructing both the world and the Hereafter, otherwise not to be deeply occupied with goods and chattels that will destroy himself. Unwittingly, he will be the object of Yunus’s

verse: “Goods is humbug and chattels also, come in and potter some more.”

In different versices, people are said to be forgetful. The word of human comes from forgetting (in Turkish and Arabic). Therefore, this statement got settled justifiably in our language: “The memory of human is disabled by forgetting.” One thinks

that he is enough for himself, and often forgets Allah until he is badly off. When one is confronted with ineffectualness or death, he remembers Allah, but when he gets rid of them, he forgets at once and abandons immediately his previous state of repentance.

Human being is at loss, because he didn't go into action in spite of being competent according to the the explanation of the versicle of The Holy Quran "Indeed, mankind is in loss (Asr, 2)." Although Allah gives human all sorts of opportunities, that is, his mind, will and abilities to dominate the world, if he does not use his power as required, then he will not have lived fruitfully so that he will make loss.

We learn that the troubled state of human is the cause of the self (because of evil) with the vesicle "And We have already created man and know what his soul whispers to him (Kaf, 16)." It is indicated that man's weakness and that he can easily give up and become hopeless in such versicles: "Or is there for man whatever he wishes? (Necm, 24)." ; "And Allah wants to lighten for you [your difficulties]; and mankind was created weak (Nisa, 28)." ; "And when We bestow favor upon the disbeliever, he turns away and distances himself; and when evil touches him, he is ever despairing (İsra, 83)." However, there is no such situation for a believer. He knows that he is always with Allah and that everything He has given is good. Because we always know that there's something good in what's happening.

There are many versicles expressing the human character: "And man supplicates for evil as he supplicates for good, and man is ever hasty (İsra, 11)." ; "But if We give him a taste of favor after hardship has touched him, he will surely say, 'Bad times have left me.' Indeed, he is exultant and boastful (Hud, 10)."

In this way, the Holy Quran of Islam reveals the weaknesses

of people in a very realistic manner. We have already stated that if the weaknesses are not eliminated, they will turn into complexes and prevent to use one's loaf. But if a person wants, he can turn all these negative sides into positive ones.

There is no other creature in the world where the distance between the best and the worst is as great as in human being has. Animals are also directed towards good and evil. Of course, this good and evil in animals is only according to us, humans. However, animals do by their nature. For example, there are only a few kg of meat and milk difference between the best cow and the worst. But, human has this characteristic? The worst can kill millions of people without unblinkingly and the best can have mercy to the whole living and nonliving world, and therefore to all humanity and the uni.

Allah Almighty has already told his angels that He will create a person with such a difference between positive and negative. According to the Qur'an, the dialogue with them on this issue is as follows: "And We have certainly created you, [O Mankind], and given you [human] form. Then We said to the angels, 'Prostrate to Adam'; so they prostrated, except for Iblees(satan). He was not of those who prostrated. [Allah] said, 'What prevented you from prostrating when I commanded you?' [Satan] said, 'I am better than him. You created me from fire and created him from clay.' [Allah] said, 'Descend from Paradise, for it is not for you to be arrogant therein. So get out; indeed, you are of the debased. [Satan] said, 'Reprieve me until the Day they are resurrected.' [Allah] said, 'Indeed, you are of those reprieved.' [Satan] said, 'Because You have put me in error, I will surely sit in wait for them on Your straight path. Then I will come to them from before them and from behind them and on their right and on their left, and You will not find most of them grateful [to You].' [Allah] said, 'Get out of Paradise, reproached and expelled. Whoever follows you among them - I

will surely fill Hell with you, all together' (Araf , 11-18).” It is important to note here that satan does not say to Allah that he will not prostrate; he rebels against His command “Prostrate to Adam”, and is cursed for it. In this case, it is necessary to think what is the status of people who do not prostrate to Allah.

According to Islam, world life is the exam of the human. This is revealed by Allah. According to the Holy Quran, to pass this exam “hold firmly to the rope of Allah all together (Al-i Īmran, 103).” Human should destroy all his weaknesses and be a true vassal of Allah, he must be worthy of this value given to him. To go in the right direction is sacrificing the desires of the self for the commandments of Allah.

According to the Qur’an again; “And he revealed to His Servant what he revealed (Necm, 10).” According to this versiclee, a person cannot wait for the livelihood of Allah while lounging about, it must create reasons for it, that is, do the necessary works.

It is a fact whcih Islam accepts that human is a human with all his mistakes. Because Allah Almighty has created people tend to be sinful, and human will be able to get rid of these sins by repentance . Therefore, it is reported that people can go to heaven not only by what they do, but by gaining Allah’s sake.

Human Strengths

“Do you not see that Allah has made subject to you whatever is in the heavens and whatever is in the earth and amply bestowed upon you His favors, [both] apparent and unapparent?”(Lokman, 20)

The human being, who has received this great address from Allah, surely is above all creatures and the very honourable of the creatures. The most important reason for this superiority is consciousness and will. The consciousness and will are the vehicles that will lead man to become the very honourable. There is no creature, including angels, which has will except man and jinns.

It is his power to question and criticize himself by his own will. For this reason, he is honored with this great divine address and the trust is commended to him. The Holy Quran says: "Indeed, we offered the Trust to the heavens and the earth and the mountains, and they declined to bear it and feared it; but man [undertook to] bear it. Indeed, he was unjust and ignorant (Ahsab, 72)." There are different views that the trust here can be mind, will, deeds, talents. If we don't have all these, we can't be human and they are a means of human examination. Some Islamic scholars say that trust is "property", the realm of all creatures including human and we use this view as base. Because the real owner of the property is Allah, but it is given to the human's disposal. It is clearly stated in this versiclee that everything on earth and in heaven is created for human and given to his disposal. Human's treatments towards himself, environment and creatures in the unimust be in the direction of "not to betray this trust" but to be worthy and will therefore be questioned. Therefore, he will not torture his own body, not harm the ecological balance, not hurt a fly, and will not persecute people. Of course, while not doing these negative behaviors, on the contrary, they will exhibit positive behaviors. In other words, according to his attitudes to trust, he will or will not be successful in his examination. That's why we are honored with this address: "Indeed, Allah commands you to render trusts to whom they are due and when you judge between people to judge with justice (h Nisa 4/58)." From here, all kinds of authorities and positions should be given to the people who is competent. The wise word "we carry the trust (body)" which is said among the public conventionally,

supports the idea of faithfulness to the trust.

Despite the fact that mountains and stones are so strong, they are afraid to be entrusted with the trust, this is a symbolic expression, but it can be explained by their knowledge that they are aware of the tremendous responsibility. However, it seems that one can easily betray in spite of accepting this trust. Therefore, people are characterized as “being very ignorant and cruel.” Today, we must see the harm that most people and groups do to other people and the environment and even to the whole world as betrayal of trust.

Although human is honored with the address “Do not torture your body”, he betrays that trust from time to time because of his ambition and insatiability. He is torturing his body by overshooting the mark with alcohol, cigarettes, drugs, stress and overeating or undereating, that is, two-sided extremism.

Another view on trust is that it is the Spirit of Allah, the spirit of Allah blown to human, and this approach is also accepted. Because the human soul has come from Allah and will be returned to Him again. That is, it is the trust until it is delivered to the owner. This is the soul of Allah that makes human honorable. This is also Allah’s light within us.

Because of the trust given to him, human is entitled to become the caliph of Allah on earth. There is an aptitude of human for advancement by disciplining his self. The true value of the human whom Allah Almighty blew from His own soul is given only by entering this path of advancement. This also means showing the necessary respect and love to people of this value. In Islam, the effort of the spiritual advancement of human is called as sufism. According to His Holiness Imam al-Rabbani, the aim of sufism is to reach the position of sincere commitment. Only with this high sense of sincerity does man realize his advancement. Then there will be a human being who is straight-out, who does not wish harm on another and

who disdains to use illicit means.

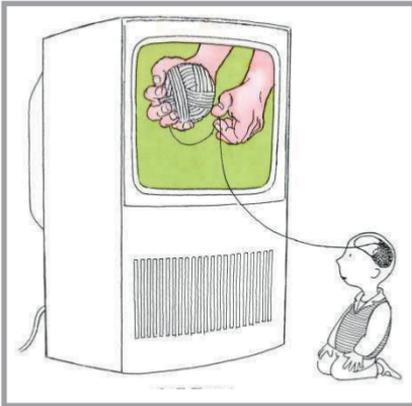
A wise word of Islamic culture says: “One of the tasks of human in the world is to improve and beautify the world.” Yes, one should try to make the world look like the heaven in his relations with other people, animals and plants. Unfortunately, on the contrary, he turns into hell with understandings devoid of divine messages.

HUMAN ACTIVITY AND WEALTH

*“I was upset because I didn’t have shoes,
until I saw people without feet.”*

Mevlana

It is required that today’s technical developments must make people more active, but unfortunately they lead to the opposite. We must turn television, computers and especially the internet to good account, but they are used in a way that makes people completely passive. Instead of doing “brain sports” that will increase brain activities such as reading, thinking and imagining, the brain of the human being is constantly being pacified.



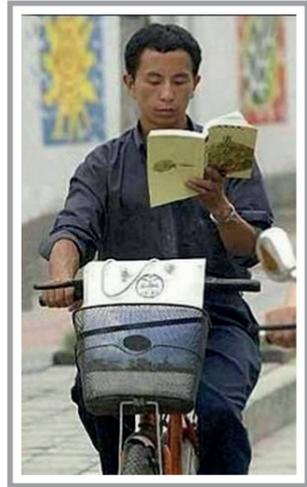
As it is known, Alzheimer is one of the most terrible diseases of our time. In addition to factors such as alcohol and smoking, it has been proven that this disease progresses in people who reduce their brain activities, do not think, dream, that is, do not use their brain enough. Those who suffer

*The most dangerous situation for the brain
is passivity caricature
Hasan Aycin*

from this disease lose their personality, do not recognize the people around them and engage in immoral behaviors. This means the disappearance of human characteristics and the emergence of animal characteristics. In order to prevent such a disease, it is recommended that the brain must be continuously in working order.

Efforts such as reading and thinking are activities that always work the brain and protect it from diseases such as Alzheimer. Scientific findings indicate that people with active brain do not suffer from early dementia. In the Qur'an Almighty Allah also recommends often that we meditate. Meditation, which also means deep thinking, is an effort to benefit from the collective (universal) mind. So this is to think about the existence of nature and the wisdom of creation and ourselves; it is the most advanced human (brain) activity.

The person who works his brain with active thinking should always work like the Prophet throughout his life without saying "I am tired", he should strive to keep the trust of body healthy for life and to avoid the illicit means. However, one should always be aware of the value and wealth given to him, and must struggle. The greatest wealth of man is first of all faith. What is the benefit of temporary wealth without faith? A person who cannot be attached to Allah Almighty through faith will be affected by all kinds of winds and may fall into loneliness among the crowds. That is why everything becomes beautiful by faith.



Thinking and reading is the sport of the brain

Most of the prophets sent to people as messengers of Allah have suffered a great deal. Their patience and faith in this struggle should be a role model for all people and people should never be frustrated in their struggles.

However, one should always be thankful for his own position. Always thinking people living in worse conditions and giving thanks will comfort human. This also prevents people from getting stress. When people do their best and finally turn to reliance, they keep away from diseases such as stress and are more resistant to other diseases with the effect of high spirits.

“When people do their best and finally turn to reliance, they avoids diseases such as stress and are more resistant to other diseases with the effect of high spirits.”

Mevlana says “I was upset because I didn’t have shoes, until I saw people without feet.” Indeed, one does not appreciate what is in his hand, but desires what is in others. However, there are many people like Nick Voicic in the photo who doesn’t have arms and legs and are happy even though he doesn’t have what most of us have; we have to be thankful. Otherwise it would not be possible for people to be peaceful.



Nick Voicic

Our magnificent body, which we have examined in many aspects on the previous pages, works like a charm constantly without our intervention, even we are unaware of its working. For example, are we aware that our kidney is working? Allah forbid! if we are aware, there is a problem definitely. If your kidney has a few mm stones, it warns you sharply, so you have to learn the entire anatomy of the kidney. In the same way, we come across patients who know the heart vessels better than doctors. As long as our body is healthy, it does not make itself evident and. Those who are always aware of this state of health are intelligent people. Imagine that there are people who can

give all their property in the world to have our liver, our hearts. So we are unaware of how rich we are.

In a lesson, the teacher says to the students “Prepare papers, I’ll do written examination. Just one question: Write down, what are the seven wonders of the world ?” Students start writing. Most of them finish right away. But one of the girls couldn’t finish but is thinking. When the teacher asked, she replies as “Sir, I’m thinking about the last one. I just found it.” She, like the others, delivers her paper. The teacher glances at all, almost all of them have written the answer correctly: “The Pyramids, the Statue of Zeus, the Hanging Gardens of Babylon, the Lighthouse of Alexandria...” But the girl who delayed her paper wrote different things. The teacher reads it to other children: “*The seven wonders of the world are for me: 1 - to see, 2 - to hear, 3 - to smell, 4 - to taste, 5 - to feel, 6 - to love 7 - to laugh.*” The teacher liked this answer more than the other answers. Really, isn’t it? Who cares about the Hanging Gardens of Babylon, the Statue of Zeus. Many place already is gone with the wind. What this girl wrote are the greater values for all of us. I wish we could add something to seven wonders more valuable, our heart...

IS MORALITY NECESSARY?

*“What advances morality is neither knowledge, nor conscience;
sense of merit in human is from the fear of Allah.”*

Mehmet Akif

Another difference between human and animal is his morality. For example, animals do not feel ashamed and worried about their nakedness, behaviors and attitudes. However, human being has the sense of shame and morality as a necessity of being conscious. This feeling is the most fundamental fact that only belongs to man and advances from wildness (animalism) to civilization. The advancement of humanity is related morality. According to social scientists, the basis of law is also morality. Moral behavior is an awareness of an effort towards perfection, to have a measure of the environment and self. Animal formation impedes this effort of perfecting and civilization; it is to live freely with instincts, desires and ambitions of self. This is the regression of humanity and cannot be an attitude of human. Indeed, according to the philosopher Nietzsche, “instincts” remain when religion disappears, in that case, only the “animal human” can be mentioned. From now on, law of the jungle enters into force. Everything is in favor of the strong, and if you are strong, everything is allowable. In fact, this clearly shows that the basis of morality is based on a holy (religion). Therefore, there is no or fake morality for those

who have no sacred values. If there is no sacred value, there is no supreme authority that values and limits people. Thus, the ethical situation remains at the mercy of each person to the extent of his power.

Here I want to give an example of an event that has taken place in recent years. In 2011, a racist person in Birmingham, England, deliberately hit and killed a Muslim young person with his vehicle and incidents had been occurred. When the father of the young man who died called for sobriety dispassionately and incidents were stopped, on the contrary he may caused big social events. Father Tariq Jihan came to the fore of the country's agenda in less than no time and was shown as a model by the public. Cihan had said "I'm a Muslim, I believe in destiny. His fate was like this, Allah rest him and forgive his sins." The Daily Mail columnist A. N. Wilson had written the article "The legacy of a society that does not believe in anything" and explained his ideas: "anarchy is normal in a society devoid of religious values and the concept of family, faithful people protect societies from anarchy." In his article, Wilson states that this expression contains very imposing and peaceful message which destroyed the perception of "Muslim terrorist" and put the fanatics to shame. At the end of his article he emphasizes that Europe needs such a system of moral values.

"Morality is the criterion of what is "good", the determination of these criteria is meaningful if it is of divine origin."

Morality is the criterion of what is "good", the determination of these criteria is meaningful if it is of divine origin. Otherwise, there will be cacophony as caused by philosophers. Dostoevsky said that "If there is no Allah, then everything is allowable." When such an understanding prevails in society, everything will be at the mercy of human. In this case, who can stop people from stealing, killing someone or adopting a manner

of immoral attitude when they get the chance? Therefore, it is the common opinion of big-timers like Dostoyevsky; the source of morality is religion, fear of Allah. The fear here is due to the apprehension of lacerating and upsetting a loved one. Mehmet Akif tells how nice: “What advances morality is neither knowledge, nor conscience; sense of merit in human is from fear of Allah.”

How can you trust a person’s word if he has no divine connection that limits him? Mevlana says “Knowledge that one rotten to the core is like the ax given to the hand of the waylayer.” Thus, a human being without moral measures is a danger to the extent that he increases his knowledge. Let us make it clear here that a person cannot be moral by just talking. However he realizes himself with his deeds. According to Islam, the most important duty of a Muslim in life is “to order goodness (that Allah has shown us as good and righteousness) and to prevent evils.” This understanding manifests itself as a very basic moral criterion and is of great importance for social morality.

There are three types of morality in Islam: first, morality of animal human; people with this morality love the pleasure of life, but hate its sufferings and anguishes. He rebels against the limitation of his own body and enjoyment, lives for pleasure, but escapes everything that reminds him of his helplessness, mortality and captivity. He doesn’t want to talk about death and remember it. Loneliness gives them great anguish since it leads them to the heart-searching. Senses are active during the day, consciousness in the night. He tries to numb with substances like alcohol and marijuana when he faces pain, distress, death at night.

The morality of the animal human is based on hedonism. Unfortunately, some efforts made in the name of today’s fashion, art and cinema are the basis of provoking the five senses for pleasure. The owners of this understanding exploit everything they can use. For example, they promote sexuality and nudity in all commercial advertisements. These people live

with their instincts to enjoy, and they don't bother about the others. Others do not matter to them. Even if they are powerful, they can plague other people with by breaking the laws. Unfortunately, today's humanity often sees its manifestations in the world. Those who have this morality are the owners of the animal self. This type of morality is also called secular morality. In such an understanding of morality, everything is acceptable to achieve the goal. The underlying desires for insatiable interest is a mentality in which today's capitalist exploitation treat it with great respect.

The second type of morality is the morality of the tragic human. This realistic person is neither ideal nor compels himself to forget his own reality. He totters between two. He is cruel in one aspect, aggrieved in another. This human type is in always a state of inner conflict. For example, he shoots a bird, then wails. In this type of morality, there is a conflict between the data acquire the senses and consciousness. While our senses are the external eye, our consciousness is the internal eye that criticizes him. Tragic people live both good and evil together.



Animals also suffer

These people are between fear and hope . Those who have this morality are decrier self owners. They blame themselves for their mistakes and feel ashamed. These types are the majority in societies.

The third type of morality is “the ideal human’s morality”. They are like pearls compared to the sand in the sea. Prophets and people who advance in the way of Allah are moral heroes with this exemplary morality. In the face of secular morality, it takes the place as a heavenly understanding of morality.

The interest is not even a matter of discussion, what is essential is the consent of the community and the Allah. It is the subject that to wear his heart on his sleeve. According to the description of Imam Ghazali, they are those “who look with their outer eyes and see with their inner eyes.” These great people see the limitation as the key to endlessness, the mortality as the key to eternity, the creature as the key to the Creator; to say “me” is known as misbehaving among them. They are aware that the world and wealths like authority, position, money, power, etc. are temporary, and do not value them overmuch.

Islamic scholars say that Allah gives man three spiritual and physical powers: 1 - Mind power (knowledge power), 2 - lustful power (the power of all self-desires and wishes), 3 - power of indignation (anger- reaction power). Each of these forces has a excessive (extreme), a low (deficiency) and a intermediate (moderate) degree. The extreme performance of mind power is to use intelligence in the direction of evil, to deceive others, the deficient degree is foolish, the moderate one is called as wisdom. The extreme performance of lustful power is debauchery, the deficient degree is dullness, the moderate one is called as chastity. The extreme performance of indignation power is aggression, the deficient degree is cowardice, the moderate one is called as courage. The degrees of extremity and deficiency of these three powers lead to humiliation that will dehumanize a person. The moderate use of these, on the other hand, will bring wisdom, chastity and courage ; if all three are found in one person at the same time, one will have “justice”. This is also the basis of Islamic morality. Achieving this degree is only possible with self discipline. This

is the type of human being targeted by Islam. In this regard, the Qur'an states: "He has succeeded who purifies it, And he has failed who instills it [with corruption] (Şems, 9-10)"

None of the world values should be allowed to exploit people. People should leap over their senses, not give much value to the world, and turn to eternity, freedom and perfection. The great people of this high moral level have been distracted from their own troubles and have taken the trouble of all humanity. Therefore, the morality of the ideal human is the morality of Allah. Because in a sacred hadith "You are commanded by the moral values of Allah (Taberani, Mucemu'l Kebir)." The purpose of this is to have a little some attributes such as Latif (deigning), Vedud (loving and loved), Adil (equitable), Sabur (patient), Wahhab (outright), which are the attributes of Almighty Allah (These attributes are absolute and complete for Allah). In order to reach this morality, we have to know the attributes of Allah (Esma-ül Hüsna) very well.

In the Holy Quran is commanded for Muhammad (peace be upon him): "And indeed, you are of a great moral character (Kalem, 4)." Aishe, his wife, said that for his morality "He had the morality of the Qur'an and was the living Qur'an (Muslim, Musafirun 139)." As long as people have a high morality, they are glorified and appreciated in society. If the great hadith was written at the head of all moral books, humanity would be advanced gradually: "You can't be a true believer unless you want for your faithful brother what you want for yourself (Buhari, Iman, 7)." According to a Japanese scholar who studies Islam, this word should be written at the head of humanity's honor pages.

The highest level of morality is decency, and it is explained as knowing your limits. In fact, religion is merely composed of decency. Decency is a line of respect that must be protected, first and foremost for Allah, and then for all other creatures, living and non-living. Mevlana says about this topic: "*Sir, know that decency is the soul in the human body. Decency is the light of*

the eye and heart of Allah's heroes. If you want to stamp the devil's head out, open your eyes and see; decency is murderer devil. If man has no decency, he is not human. The difference between human and animal is decency. What is human, I asked the mind. The mind called to my heart and said "human is decency". Open your eyes and look at all the words of Allah! All meaning of the Qur'an is decency by verse."

At the same time, according to Hacı Bektash-i Veli, "Decency is to hold your hand, your loins, your tongue." The believer is a person consented by his neighbors since he holds your hand, your loins, your tongue. In the old institutions or in some books, the importance of this was revealed by the words of "decency for Allah's sake!" The words of an unknown poet are very famous:

"I searched and requested from the council of the people of wisdom,

Every talent is acceptable, but decency absolutely, decency in any case!"



Decency for Allah's sake!

DO WE HAVE OUR DESTINY?

*“Are you running from the fate, oh my Prophet?
I am taking refuge in destiny of Allah from happenings of Allah “
Hz. Muhammed*

One thing that have been wondered and questioned throughout human history is the understanding of destiny. The subject of fate has never been fully understood. I wonder if we have a pre-planned life? So, is there any point in to be tested in this life? So, this life has no meaning in terms of being tested? These and similar questions still engage our attention.

In fact, destiny is pertinent to the eternal and absolute knowledge of the Supreme Creator. Destiny is that the Almighty Allah absolutely foreknows everything that will happen to us both with and without our will. We are not doing because Allah already knows, but He knows in advance that we will do so through His eternal knowledge. Here, human is free and there is no compulsion on him. Allah has left it at the initiative of man, even though He has mastered the details.

“Destiny is that the Almighty Allah absolutely foreknows everything that will happen to us both with and without our will.”

The Almighty Creator has ordained our program of life with his eternal knowledge and plenary willpower, and has previously written to registry (Obvious Book – Kitab-I Mubin). That is destiny. It is the awareness and determination of the actions that a person will do during his life. Information written to registry about each person is also recorded in the person himself. According to Brazilian psychologist Dr. Renata Jost de Moraes: “Human knows everything about himself and feels it in his mother’s womb from the moment he falls into the womb as a sperm.” Dr. Moraes found this through his interesting research on hypnosis on 28,000 patients, he stated that the upbringing of the child started in the womb, so that people should not be in negative movement and discourse from that moment on.



Our destiny depends on our preferences

Destiny is also called “predestination”. Believing in destiny is a condition of faith for Muslims. Registry is a book and a treasure of knowledge in which Allah Almighty has determined everything that has happened and will happen. Everything is known to Him before. In this book, what all people have ever done and will do from Adam to the Resurrection have been recorded. The existence of human

memory is also evidence for the existence of Registry. This record depends on the deeds and free will of the people. It’s called as “happening” that records come to life in due course. It is destiny if something is desired and attempted, as a result if Allah creates the act of good or bad, this is happening. There’s no such thing as fate bring the happening. For example, having a child for a family is both fate and happening. The absence of

child is only fate, in that case no happening occurred.

While Muhammad swiftly passing under a building that was collapsing, one of his friends asks “Are you running from the fate, oh my Prophet?” He replies: “I am taking refuge in destiny of Allah from happenings of Allah (Muslim, Kader, 1).”

The knowledge of Allah is certain and absolute. Only He knows where and when the dead will be. That’s why it never changes. We can only know when people die. According to Islamic scholars, there are two kinds of fate:

First, it is the destiny caused by one’s own choices. This means that one’s own will affects his own destiny. The only way to ask any blessing from Allah is to fulfill the necessary reasons for it. It’s like not waiting to win without working. It’s like getting married to ask for kids. Whoever wants to attain eternal bliss, that is, heaven, must fulfill the desires of the Creator.

The person who fulfills the reasons trusts in Allah, in other words, he appoints Allah as an agent and just waits for the result (from Allah). Resignation is also to know his place and his limit. The result is Allah’s will (predestination). This is the kind of fate caused by human beings. This is known in advance by Allah’s eternal knowledge.

Second, this kind of fate takes place without the will of human. People don’t know about it, it is impossible to know the wisdom and secrets of such fate. The Prophet had a hadith: “Don’t talk about destiny, it is the secret of Allah. Do not attempt to reveal the secret of Allah (Tirmizi, Kader, 1).” Here again, trust in Allah is important. This kind of fate doesn’t have people’s judgment. For example, Pharaoh killed hundreds of thousands of children to change this fate, as it is known, but his fears come true; he feeds Moses in his own house, which caused his own death.

Prayer is very important for human beings in both kinds of understanding of fate. It is recommended to do what is possible, and eventually turn to trust and prayer. Muhammad said “Prayer is the essence of worship (Tirmizi, Daavat, 1).” In the Qur’an, Allah Almighty speaks to believers as follows: “And your Lord says, “Call upon Me; I will respond to you.” Indeed, those who disdain My worship will enter Hell [rendered] contemptible (Mümin, 60).”

Mehmet Akif’s couplet will be earrings to the ear :
*“Trust in Allah, embrace the effort, obey the reason;
This is the way if there is, I don’t know another way out.”*

If one wants something and attempts it, Allah Almighty creates it. It doesn’t matter whether it’s good or evil. He is the creator of good and evil: “And if Allah should touch you with adversity, there is no remover of it except Him. And if He touches you with good - then He is over all things competent. And He is the subjugator over His servants. And He is the Wise, the Acquainted [with all] (Enam, 17-18).” This is the case in the act of human; human wants, He creates. We have already mentioned, for example, a person bends with reflex and a move to avoid a strike. Hundreds of muscles are contracted to varying degrees. We do not know and determine any of these. Only we want to do the bending reflex and Allah creates. We want to eat something, secretion starts from the mouth without our intervention, the digestive system is activated.

If a person pays attention to the health of the body, its life may be prolonged. While the average life expectancy of Westerners is 80 years old, it is of course not in the justice of Allah that it is less than 70s in Turks and 50s in Congo, Africa. It all depends on our conscious care of our own bodies. Some hadiths related this: “The charity extends life (Tirmizi, Birr, 16)” ; “Keep in touch with relatives (Buhari, Edep, 13)” The hadiths

like these show that our destiny is partially in our hands. In fact, it is stated by the scientific community that Allah created the human body for about 120 years.

We can explain our will about fate with other examples: When we get on the elevator, all we have is to choose which floor to go to and press that button. We can watch a good program or a disgraceful one with a remote control in front of the television. The rest will take place in the direction of our preference. When we attempt something, it is Allah Almighty who will create it. In other words, creating the result appropriate to our preference belongs to the Almighty Allah's will and absolute power. That choice is human freedom. We can choose the way we go, the jobs we desire; we can make a selection. Almighty Creator tells us, "O servant, whatever way you want, I will lead you to that path." Of course, we mustn't forget that we are responsible for the results of our preferences.

Allah Almighty pave the way for good when we want good, for evil when we want evil. In other words, Allah creates both of them according to our will.

Here, let's try to explain our role in destiny with another example. In a computer game, can I leave the game itself alone because I am willing to accept whatever my fate is? Then an inevitable ending! If the person wants to play the game, especially if he wants to win, he has to show his skills. But if he does so, he will finally consent his fate. Otherwise, the game will stop being a game.

There is Goodness in All Happenings

*“Who, when disaster strikes them, say,
“Indeed we belong to Allah, and indeed to
Him we will return.”
(Bakara, 156)*

A believer who believes in destiny sees his beauty and virtues as a blessing Allah has given him, thus, he doesn't sink into arrogance. He accepts evils as his own fault and repent. So when one does evil, he has to repent. Muhammad (peace be upon him) words of “Repentant is not sinful (Bukhari, Cenaiz 92).” isn't that an indication which people are being directed to change their destiny even then? At the same time, how much does Allah accept all sincere repentance value us?

The believer must give patience and trust to all that has happened, and be grateful for whatever the outcome. In this way, we may be cleansed of our sins. We cannot comprehend what is good and evil about us.

Here again, let us clarify the subject with a story: In a country in North Africa, a king goes hunting with his vizier as usual. The vizier has the habit of say; “There is a goodness in that too.” One day, while hunting again, the king's finger was chopped. While the king writhes in pain, the vizier says, “There is a goodness in this, my king.” King gets angry and imprisons the vizier when they returned to the palace. Later, in a hunt, he is caught by cannibals and is abducted. The cannibals set

“A believer who believes in destiny sees his beauty and virtues as a blessing Allah Allah has given him, thus, he doesn't sink into arrogance. He accepts evils as his own fault and repent.”

cauldrons and begin to throw the king's men one by one into the boiling water. When it's time for the king, they see that he has a missing finger. They immediately release him and move him away. It turns out, people with organ deficiency is cursed for them and they don't eat. So the king escapes to the palace and immediately calls his vizier and apologizes to him. The vizier answers again "There is a goodness in this, my king." and he continues his words against the king's confusion: "Imagine what would happen to me if I were with you?" Yes, just like the vizier always says "There is a Goodness in All Happenings."

Allah creates both causes and conducives. Although the mother and father caused the baby, they did not create it. Even though the killer causes death, it is only Allah who created death. One day, a pagan came to the Messenger of Allah and wanted to give it a try: "I have a butterfly in my palm. Guess he's alive or dead?" Muhammad gives a very important lesson, saying "It is in your hands."

According to Behlul Dana, everyone takes their own fire for the Hereafter . This is our test. Believing in fate is like believing in the shipmaster of the ship. Trust and submit after believing... In fact, as it is said, "One who believes fate feels safe." Therefore, the believer turns the calamity to patience and blessing to thankfulness. Let's mention the following versicle here: "No disaster strikes upon the earth or among yourselves except that it is in a register before We bring it into being - indeed that, for Allah, is easy In order that you not despair over what has eluded you and not exult [in pride] over what He has given you. And Allah does not like everyone self-deluded and boastful (Hadid, 22-23)."

When it comes to the sealing of people's hearts, this is entirely the result of people's will and preferences. This is the same as sealing the shop of a person who does not comply with the law. In fact, their hearts have been rusted of these people by the evils. Because people are responsible for all their actions. Allah Almighty states that He has sealed the hearts of incorrigible people misdoing.

Human beings are not responsible for the nonvolitional situations, in such cases there is no punishment or reward. For example our gender, our race, our body structure, our height, the environment in which we were born, our parents, blood circulating in our veins, where and when we will die. In addition, the Supreme Creator informed that He does not charge any soul except [with that within] its capacity. And also he indicates that a ny person is not responsible for finding the true path and going astray of others. Allah has a freely declared that a person only can find true path and go astray by Him, states that we can only conduce toward it.

Let's finish this topic with the story of the famous Master of Center that mesir paste is distributed for him every year in Manisa. When Master of Center whose actual name is Moses, who completed his education in Istanbul and lived in 15th and 16th centuries, was a student in the madrasah, his hodja Sumbul Efendi gave an assignment him and his friends: "When you go to home, think about 'What would you have done if you were, no-never, Allah?' and then give me your answers."

They starts to answer one by one the next day. One of them says "If I were, no-never, Allah, I would destroy the unbelievers and eliminate the evils," another answers "I would extend the life of the good people." When Moses' turn to come: "If I were, no-never, Allah, I would leave everything in its center as it is now, I would not change anything." Then the hodja turns to all: "You all attributed deficiency to Allah, Moses said the truth of all that Allah did, he held the right decision. That's why, let's call you as Master of Center." Yes, Allah has created in the right and the most beautiful way what He has created, we should be thankful. The right thing is to accept and give thanks to what is beyond our power but happens to us.

As a result, we are only responsible for the actions we treat with our own will, to be patient and tolerate what happened to us will also glorify us in the presence of Allah.

DISEASE OF OUR TIME: STRESS

*“I seek a remedy for my trouble,
It turns out that my trouble was the remedy.”*

Niyazi-i Misri

Most common diseases that today's people are exposed to are psychological disorders such as stress and anxiety. When it is investigated, it will be seen that the underlying reason for them is that people become even more insatiable and do not accept their position. Both the inability to meet their desires and requests, and the idea of finiteness oppresses and wear people out. Therefore, they suffer from anxiety and cannot get rid of psychological disorders. Anxiety is a state of general concern. Fear is the anxiety derived from something. These concerns create delusion, eventually stress and anxiety in people. In fact, many psychological disorders are due to human graspingness, encouraging of ego instead of restraining.

According to observations made in today's people; this apprehension and doubt is increasing. Psychologist Jean M. Twenge, an observer, and at al. found that although today's youth have much more than the young generation in the

*“Many psychological disorders are due to human graspingness,
encouraging of ego instead of restraining.”*



Anxiety is a state of general concern

1970s, they were far more anxious than them in the books (“Me Generation” and “the the Narcissism Epidemic”) they wrote as a result of their work. They concluded that this is due to lack of confidence. Indeed, young people are actually living more comfortably and having laid-back lifestyle in the US than before but they don’t feel safe. In other

countries, this situation gradually manifests itself in this direction. A selfish, egois and “narcissistic” generation emerges with the wrong education to improve children’s self- esteem, parents’ effort to make every wish of their children (pampering) and NLP studies on this psychological background. The media produces slogans in the style “First, you must love yourself in order to succeed” by supporting this attitude. However, scientific studies have shown that this attitude does not bring success. American child psychologist Dan Kindlon explains that the parents began to obey their children while children must obey their parents, this leads to seven deadly sins in children (lust, gluttony, greed, sloth, wrath, envy and pride) which are symptoms of narcissism.

As a result of such an approach, young people gain an understanding that never cares and thinks of others. Thus, a young generation rises that does not accept any social measure, says that “it is only my own happiness that is important to me” and believes that the world should rotates around itself. Narcissism brings some benefits to people in the short term, but in the long run it is costly. This situation breaks off young people from the environment and causes to a great loneliness

and eventually to depression. This is a development that can cause the disintegration of societies.

The capitalist mentality which supports such an understanding in accordance with its interests leads to diseased communities (having narcissistic personality disorder) with narcissism

In conclusion, according to recent data in the US; one out of two people needs psychological help. These people, who cannot enrich their inner world, pursue the beauty of the façade and become depressed easily due to deformities or signs of aging

Concepts such as altruism and empathy seem alien to these narcissistic young people and they falter in an effort to make their shape and appearance more beautiful. They also embrace the fraud of personal development as if they hug like a snake. Artificial smiles shown while being taken photo, artificiality of marketers, understood readily body language efforts draw certainly your attention. When people value formalism so much, of course dietitians and plastic surgeons work overtime to make people happy and to resolve formally this the blue devils. The West wants to get out of this state, but unfortunately it doesn't know how to get out. Human wants to get rid of the tension of the world's hurry and go to the daily rhythm of relaxation. People pursue this through a number of meditation methods such as Yoga, Reiki which have recently become fashionable, but they cannot satisfy people permanently. In Islam, salaah is the prayer that puts people into the rhythm of relaxation from tensions. Human stressed in all the troubles of the world gives way to all his tensions by feeling in the presence of Allah while he performs the salaah in reverence. Hereat, he returns to world affairs with a new dynamism.

In fact, according to psychologist A. Maslow, human beings need a set of values and a philosophy of life as well as

need for daylight, food and love. In other words, it is necessary to give ideals of humanity and life to new generation in order to get rid of contradicting itself. Then human can use his troubles and distresses to motivate himself, just as Niyazi-i Mısri says:

“I seek a remedy for my trouble, it turns out that my trouble was the remedy.

I seek evidence for my real mccooy, it was evidence for me.”

Stress develops with anxiety and worries as a result of a person's obsessions and weaknesses. It also depends on intolerance and lack of patience. Whether or not human does his best, what happens to them gets bored if they are not what they want. He makes himself miserable with such questions “Why isn't it happened like I wanted, why did this happen, why it is happened like this?” However, he is not aware that he goes beyond the limit. For the believer, after his best efforts, there is nothing but patience and trust. The rest is in the sight of Allah.

A person who trusts in Allah and is patient of the happenings, does not both worry; and he knows that “Good and evil is created by Allah and there is evil in what we know good, good also in what we know evil.” Thus, he Stress develops with anxiety and worries as a result of a person's obsessions and weaknesses. It also a person who trusts in Allah like that? Let's listen to Sems-ii Tabrizî: “Submission to Allah means neither weakness nor passiveness. On the contrary, such submission requires being extremely powerful. This person stops struggling in turbulent and gulf waters, lives in a safe range.” Mevlana says: “take sanctuary to Allah, Adam's ale is in Him, wish the salvation in every breath from Him, only Him.”

Even so, when I heard the word of a great person “A true believer does not stress.”, I could not accept actually. But when I got wise, I saw how right he was. Yes, such a disorder is not

possible for a person who trust in Allah in the strictest sense. That person says “Allah exists, there is no worry.” and he trusts after doing his best, that is, he takes sanctuary to the supreme Creator and there will be no distress for him. This is the only way to become tranquil. If you don’t believe, try and see. As the poet says, “A lonely person will only get rid of this loneliness by leaning on “the owner of orphans”:

*“There is no one outcast, everyone has one;
I am desolated, help! hey! The owner of orphans.”*

Avni (Fatih Sultan Mehmet)

Disbursement to Please Allah (Infaq) and Self Sacrifice

“Self Sacrifice is the highest of the order of faith.”
Hz. Ali

Someone should be able to explain to today’s stressed people that happiness is not through taking but giving. Be sure of the only reason for our concerns is adherence to matter and the world . Therefore, we can guarantee that there will be no such problems for a person who distributes what he possesses to the human beings especially the needy ones, gives them moral and material support and empathizes with them. Because “The body is always satisfied with taking, and the soul with giving.” Here we should be able to tell humanity very well “disbursement to please Allah (Infaq)” and “Self Sacrifice”

offered by Islam. Infaq means spending, disbursement, simply to please Allah without asking for any favor or hoping for a return even though it is a painful experience. Self sacrifice is also called altruism meeting the needs of others, even if you are in need. That is, to prefer someone else to yourself. Martyrdom is one of the highest degrees of self sacrifice. In other words, self sacrifice is the highest degree of generosity. Of course, here it is essential that the unselfish person must not go down to the level of a helpless person by knowing no bounds. At this point the Divine measure is: “And do not make your hand [as] chained to your neck or extend it completely and [thereby] become blamed and insolvent (İsra, 29).”

“In a globalizing world, a person who think that all oppressed societies are neighbors to us and who are interested in their problems has no personal troubles, this situation is conduce toward to be grateful at any moment.”

Ali says about self sacrifice “It is the highest of the order of faith.” and Muhammad (peace be upon him) says “One who distributes water to a community should drink the water at the latter end (Muslim, Masjid, 311).” Here we see that sharing is glorified. The following example is quite striking: One day a companion comes to the Prophet and says “Hi! Messenger, I’ve distributed half of what I earn today, I kept to myself the other half.” The Prophet answers: “What you distributed is yours, what you kept is unknown.” These and similar examples are quite high in Islamic history. What we distribute to others on behalf of “Disbursement to Please Allah (Infaq) and Self Sacrifice” is counted it to our credit (good deed) by Allah Almighty. In one aphorism for the people who conforms to self sacrifice it is said that: “They love those who emigrated to them and find not any want in their breasts of what the emigrants were given but give [them] preference over themselves, even though they are in privation (Haşr, 9).”

The altruistic people who act in accordance with the hadith of Prophet Muhammad (peace be upon him) “Who occupies full while his neighbor is hungry is not from us (Buhari, Tecrid-i Sarih 7/406).” do not have a state of stress. In a globalizing world, a person who thinks that all oppressed societies are neighbors to us and who are interested in their problems has no personal troubles, this situation is conducive toward to be grateful at any moment. No social hardship is revealed in addition to mental disorders for a person or a society which think so.

I would like to explain with a historical event what is the view of success, victory and trust in human life: When the second Sultan of the Ottoman Empire, Orhan Gazi watches Bursa from the mountain during the battle readiness, before the conquest of Bursa. At that time, his commander calls him: “My sultan, do you believe that we can conquer Bursa? Will triumph be ours?” Orhan Gazi looks away and says with a great trust in response to this question: “We are responsible for service, triumph is from Allah.” Human beings are always on duty with working and making an effort on the right way. Then success and victory should be expected from Allah. Here, “the prayer” comes into play, some may know the true power of prayer. Not to trust and feel anxiety after straining every never cause human unrest and get into stress since human have exceeded. For this reason, it is not possible to catch such a disorder for a believer who has trusted in Allah.

“We are responsible for service, triumph is from Allah.”

Orhan Gazi

It is for this reason that a perfect human being has a soul of satisfied and that tranquility is seen on his face. Because the properties of the true believers are mentioned in the Quran as “Those who observe the limits [set by] Allah (Tevbe, 112).”



Signs must be inside us

not you, just the signs.” As it is understood, not to lose the signs of the path of life, we must place them inside us. These signs are the signs of our ideals and courses. They are the basic rules and measures that Allah has given us.

With all these insights, one should have ideal and course. So his life will gain value and will not lose herself. A group of tourists traveling through the jungles of the Amazon are in a flap and begin to bemoan while they return. The local guide surprised by this situation asks them the cause of their concerns. They all think they're lost because they can't see the turn signs. The guide says by touching them all one by one “Look, you're all here, the lost is

From Farness to Intimacy

*“We are captive of absence from home,
nobody knows us but you.”*

Fuzuli

The basis of mental disorders such as stress is to stay away from the supreme Creator and to tend to the world excessively. In fact, we are on exile and living in a foreign land in the world life , we are alone. The source of all our troubles is to be full of longing for the world of eternity. The only way for human beings to get rid of farness in this world is intimacy, that is to be

close to Allah. In this case, one feels never lonely and wretch, lives in safety.

Fuzuli interprets this approach as follows:

“We are captive of absence from home, nobody knows us but you.”

Necip Fazıl says similar things:

“Whatever I approaches, its end is farness and ailment; Understand that there is no closeness with anyone other than Allah.”

The word that impressed me a lot comes to my mind when I get into a little bit of trouble and it relaxes me: “If one day you have a trouble, don’t turn to people and say I have a big trouble.” Reconsider your trouble and say: “I have a great Allah.” Doesn’t Jacob say that when he lost his son Yusuf? “He said, “I only complain of my suffering and my grief to Allah, and I know from Allah that which you do not know (Yusuf, 86).”

Mevlana says about the problems encounter by human the following with a good example: “The aim of the hitting the rug with the stick is not to beat the rug, but to dust the rug. Allah takes your dust and dirt away by giving you trouble.” In this way, difficulties and troubles empower people who know and who are patience. It’s like a silkworm story. One day, someone had mercy when they saw that a silkworm came out of its cocoon with great difficulty; then, he took the cocoon into his hand and started to expand the hole . Then he started observing what was going to happen. The silkworm came out of the expanding hole very easily but could not fly. Because that strain is making the silkworm stronger, thus the whole body, including the wings, was developing under favour of that difficulty. This is also the case in human. The difficulties of life improve and maturate him.

In fact, the crises have a dynamism that drives wise people. Mevlana who points this meaning says:

“Troubles and problems are our guru.” From this point of view, stress becomes a motivating force for human.

Yunus Emre is in a complete reliance:

*“Nice to me from you,
Either bud or rose thorn;
Either caftan or cerement,
Your favour is nice, your grief is nice.”*



He is with Allah

Muhammad had taken shelter in the cave of as he and his companion Abu Bakr escaped from the idolaters. When Abu Bakr saw the enemy coming to the gate of the cave, he began to cry with the worry of fearing that the Messenger of Allah would be harmed. Then Muhammad relieved his mind by reciting the revelation to Abu Bakr: “Do not grieve; indeed Allah is with us (Tevbe, 40).” And consequently, no idolater even felt their existence, and left without damaging them. An aphorism to remember during troubles! Let us conclude this section with a divine word that offers a definite solution to stress:

“Unquestionably, by the remembrance of Allah hearts are assured” (Rad, 28)

IS DEATH AN ANNIHILATION?

*“Death is the end of physical life,
but the thought of death can save our lives.”*

Heidegger

The most important reason of human unrest in the world is his mortality in this world. Death is the destruction of human biological and psychological existence. If human were immortal, perhaps he would have no worries. But he thinks and is afraid that he will be deprived of many things he has done in the world and that everything will disappear. Therefore, the fear of death threatens the desire and joy of life, which is one of the most basic desires of human. This fear sometimes becomes pathological and leads to psychiatric disorders; sometimes it forces people to forget death, and simply to assume that it does not actually exist.

Every person who comes to exist in the world is suddenly confronted with the reality of death, so he does not know what hit him. He does not comprehend what this means. Although this fact is known, unfortunately many people fall into the misunderstanding that this world is eternal. What Louis says is true: “Everyone wants to go to heaven, but no one wants to die.” Because death is a major concern for life and intelligence. Human struggles not to die, so that he can live an uneasy and stressful life, so he cannot be happy.

Although songs like “transitory life” and “lie other than death in the world” are in the limelight, people pretend that there is no death or death will not visit him. In addition, some misleading instructions drum the understandings of “Somehow there is death, enjoy the day.” into people’s head. This understanding offers an animalistic life, thus it is desirable to establish consumer societies.

“Although songs like “transitory life” and “lie other than death in the world” are in the limelight, people pretend that there is no death or death will not visit him.”

Western human thinks of death as the opposite of life . If it is required to give an example of this understanding, Existentialist J. P. Sartre summarizes the Western view of death as follows: “It’s never death that gives meaning to life. On the contrary, it is thing that erases all the meaning of life in principle”. But another Western philosopher Heidegger says: “Death is the end of physical life, but the thought of death can save our lives.” Before his death, Apple’s famous boss Steve Jobs said that “Death is the greatest miracle of life.”

According to Islam, life and death are interwoven. Because death is enough as advice for human. Therefore, cemeteries in Islamic cities were built near neighborhoods or mosque courtyards. Islam thus encourages the effort of being a good and beautiful person to get to know life with all the truth without burying his head in the sand like an ostrich and with thinking of death.

Because it reveals that death is never disappear for the believer, and that there is even a transition to a more beautiful and immortal world.

One day someone asks our Prophet: “Who is the most virtuous of believers?” Our Prophet answers: “Being morally

the most beautiful.” They ask again: “Who is the most intelligent of the believers.” He again answers: “Thinking of death carefully and prepared for it in the best way.” And continues as: “Intelligent is who obeys his self and gets ready for later. Fool is who releases his self, pursues his servile desires, then apologizes nonsensically (Tirmizi, Rada, 11).”

Is it not a proof that no rich or poor person can find true and eternal bliss in the world, that this world is not “the world we seek”? In the Qur’an, which Allah sent to all people as a universal user guide : “And this worldly life is not but diversion and amusement. And indeed, the home of the Hereafter - that is the [eternal] life, if only they knew (Ankebut, 64).” Based on this aphorism, Yunus says:

*“Owner of goods, owner of chattels,
where is their first owner;
lie of goods, lie of chattels,
let you idle around a little.”*

Yeah, now it’s our turn to idle around in the world we occupy. But it is not known, until when? Therefore, Mevlana expresses his anger to the world by saying: “I’m in trouble with you, mud world.”

Throughout human history, oppressors and dictators have exploited people’s desire to live and fear of death, thus tried to intimidate them. They tried to capture them and make them colonial with the threat of death. Islam, on the other hand, did not associate the servitude of the servant with the honor of humanity and he appreciated to live free and to die in honor of scared values when necessary; In the Hereafter, the martyrdom, the highest authority except for prophethood, is approved for those who died in this cause. Martyrdom is one of the highest degrees of self sacrifice. It means sacrificing one’s life, which is the most precious worldly treasure, for Allah, the nation and the country.

“According to Islam, death is the end of the domination of soul on body, the end of the world examination. Bell ringed and pencil-notebook are collected. People will now be evaluated with what they do.”

According to Islam, death is the end of the domination of soul on body, the end of the world examination. Bell ringed and pencil-notebook are collected. People will now be evaluated with what they do. He will have no right to make any changes in his examination from then on.

The doomsday of each person is his own death, as Nasreddin Hodja said . So that small doomsday takes place. See Yunus Emre tells how the doomsday:

*“Align large earthenware jar from ground to sky,
Ten interlock them;
Withdraw one of them from the base,
Watch the rumble.”*

Doomsday is thus the disruption of the whole order . Death is also the end of world layout for us. We have to do our responsibility before REACHING that day. Everyone knows “that day” is coming soon.

Everyone’s Exam is Different

“When the game is over, the king and the pawn are put in the same box.”

FOR HUMAN KIND The test of life is special to EACHONE. Nobody’s exam is like anyone else’s. Some are tested with wealth, some with poverty, others with disease, disability, health, troubles, fatness, weakness, loss of loved

ones, being left alone, etc. But when he dies, the treatment of all is the same, everyone will be judged with justice. It is like chess “When the game is over, the king and the pawn are put in the same box.” Whether he/she is a general or a private, when a person dies, the last task WILL BE similar done by the people around him.

In a versicle, it is said that “Every soul will taste death (Ali Imran, 185).” Yes, the body will die and the soul will taste death! In fact, the work of the body is finished at the moment of death, it will blend back into the soil from which it was created, and the souls are not mortal. According to great Yunus “If one dies, his skin dies, the souls not.” And “Knelling because Yunus is dead, animal is dead, lovers do not die.” Human is in need of eternal and real life and is worthy of it. Then, immortality will take place. The Messenger of Allah says: “You’re asleep now, you’ll wake up when you die (Cami-us Sagir).”

Awakening to the real world with our soul, which is our real being, from a virtual test environment and the resurrection of beings. What a nice change for those who have reached the right path. Does a person who believes in this ever fear death? Even with great joy like Mevlana. As you know, he called his death day as “wedding night”; time to come together the real lover (Allah).

Mevlana says in a poem “Our death is an eternal wedding. What’s its secret? It’s Allah, unique.” That is why Mehmetcik (Turkish soldier nickname in general) in Dardanelles Combats



Everyone has a different exam.

ran to death and martyrdom as if they ran to wedding. We can say that all people is sent to the world as far as we are concerned the meaning of the versicle “Indeed we belong to Allah, and indeed to Him we will return (Bakara, 156).” The beginning is Allah and this sending is unconscious for human. Every sending should have a returning. The end of the returning will be Allah Almighty. The returning is a fully conscious and willed course beside the unconsciousness of the sending. According to Mevlana, this can not be without burning out and maturing.

In Islam It is forbidden to kill people except war . In the Holy Quran, it is commanded as “Whoever kills a soul unless for a soul or for corruption [done] in the land - it is as if he had slain mankind entirely (Maide, 32). In this respect, the following hadith is quite striking: “A person who kills a non-muslim under the flag of Islam cannot smell heaven (Buhari, Cizyei, 5).” These magnificent words should serve as an example for all racist discourses.

According to His Holiness Imam Rabbani; “*Dying is not a calamity. It’s a calamity not to know what’s gonna happen to you after you die.*” Thinking after death is one of the duties of human beings. Would a person who believes that divine justice will manifest absolutely after death, be denier or injustice to others in this none of this is used in terms of punishment. But everyone will be held responsible for what he/she has done in this world.

“A hadith of the great Prophet emphasizes that “Work for the world as if he will never die, for the Hereafter as if he will die tomorrow (Camius Sagir, 2/12).

Muhammad says “*Remember death a lot. This remembering cause forgiving of your sins and makes you ascetic in the world (make no account of good, property, authority). Remembering death limits your ambition if you are rich, makes you be satisfied*

with your life if you are poor.” A hadith of the great Prophet emphasizes that “Work for the world as if he will never die, for the Hereafter as if he will die tomorrow (Camius Sagir, 2/12). In other words, the fear and worry of death should not stop working in the world. In fact, human can be immortal in this world. Those who work for humanity, who produce great works and serve the benefit of humanity are immortal people in this world. Mankind always remembers them with gratitude. The following hadith of Muhammad is also important: “A man’s deed book is not closed for three reasons: useful knowledge, works that humans benefit, dutiful child” (Müslim, Vasiyyet 14). People who leave useful knowledge and works, and bring up dutiful children perform good deeds even after they die. Thus, they become immortal as long as the effect and influence of these last.

It would not be right to limit the concept of the dutiful child to only one’s own child. In our opinion, all the children we can reach around us are the dutiful children for us.

The consideration of death can also be useful because it develops metaphysical understanding in humans. In fact, what makes life meaningful is death itself. To remember death is to re-examine life from the beginning, to reset ourselves with the computer term. It is to come round, to be aware of the breath we take, to realize its value. Some psychologists even suggest that occasional death therapy will make sense of human life. In this sense, a person who spends every day like the last day can do no harm to anyone.



Justice, necessarily someday...

There is an important saying from the Qur'an that expresses the truth as "Allah grants a delay but does not neglect." This is a valuable statement to show that the Supreme Creator gives human opportunity until the last moment. In other words, Allah does not neglect anything, only gives people a certain respite. For this reason, divine justice manifests itself in the world, but it will take place in real terms in the afterlife. Hitler, Stalin and many homicides would get away with what they did without this real justice. Fortunately, this justice will eventually come true.

After Death

*"Death is the beautiful thing, this is the news from the
hidden side of a matter.
Would Prophet have died if it would not be beautiful?"
Necip Fazil Kisakurek*

Human is given a book of his/her life when he/she dies. Those who are given the book by the right side in the Qur'anic words are those Allah whom Allah has saved. Wow for those by the left side. They will be ready for all kind bothers of afterlife. When a person dies, he will first be kept in the inter mediate realm. Although this is beyond our limits of understanding, some scholars say that we can say something about it. People are either prisoner or free in the intermediate realm we are talking about. If the person's innocence is proven, the soul of this person waits for the grand court to be free. This waiting area is "a garden of paradise gardens." If the person is proven guilty, then the soul waits as prisoner. This is a waiting deprived of loved ones and this waiting area is "a hole of hellholes." This is the result of being deprived of perfect opportunities for people like repentance, good deeds and faith. The "grave punishment"

mentioned in the hadiths is such a state of deprivation. Of course, the divine justice that will arise as a result of the grand court has not yet been realized in the intermediate realm, but again Allah's eternal knowledge comes into question here. Allah bless us from the punishment and suffering greatly.

*“He, who shows the true path, ever oppress to His vassal;
A person's trouble is his/her own punishment.”*

Haci Bektash-i Veli says the following about what they will take at the time of death in reference to a hadith: “I have three friends. When I die, one of them stays at home, the other stays on the road, and the third comes with me. It's my property at home, my friends and family on the road, my friend who comes with me is only goodness and good deeds.” If we're leaving everything in this world with death, So isn't it wiser to invest in things that come with us, that won't leave us? A poet calls us with his as follows:

“According to the words of Prophet 'all believers will be honored with the manifestation of the secret of Allah Almighty.”

*“Of course one time, spirit will go away from the body;
None of your beeswax, what will go apart from you?
He is the Giver, He is the Taker... What's the big rush anyway?
Those who see your state thinks that spirit is yours!”*

The greatest reward for a true believer in the Hereafter is to see some aspects of Allah. In other words, to see and watch Allah in all its beauty and glory, to melt in Him and become eternal. According to the words of Prophet; all believers will be honored with the manifestation of the secret of Allah Almighty. This will take place in general and specific forms. Every believer

will receive his share of this special manifestation in the extent of his own pure and clean love and sincerity. In the Quran, this situation is declared as follows: “And keep yourself patient [by being] with those who call upon their Lord in the morning and the evening, seeking His countenance (Kehf, 28).” How happy for those to be honored with this verse.

In fact, death is also a blessing. Imagine what would have happened to the world without death: a constant fight between the elderly and the young!... What if there wouldn't be decaying after dying? The corpses wouldn't disappear, they wouldn't combine with the soil. As is known, decay occurs with the enzymes produced by bacteria. Thus, the body loses all its function, the corpse recombined with the soil and the soil is cleaned. In other words, the body coming from the soil returns to the soil again.

“Death is the beautiful thing, this is the news from the hidden side of a matter.

Would Prophet have died if it would not be beautiful?”

Necip Fazil Kisakurek

Dying Before Death

“You, who are deprived of Allah, what do you own?

You, who own Allah, what are you deprived of?”

Abdulahkim Arvasi

A person who lives in fear of death is always dying and resurging with this fear. A poet says:

“Death is not the hardest problem in life.

The hardest is to die before death.”

The great sufis of Islam call upon believers to die before death. The person who attaches importance to this wise word, sees the world as a two-door inn, himself as a passenger in this inn, and his body as a trust as Aşık Veysel says. When human dies, he/she reaches Allah, and the excessive desires of his self end. The believer who is the object of this hadith curbs sensual desires out of none of this is used in terms of punishment. But everyone will be held responsible for what he/she has done in this world.

The halal circle while living; keeps his/her distance from ill-gotten things; gets out of the world cage and accompanies Allah. Then he/she dies before death, reviews his/her life, takes away his/her desires related to do evil in his heart and regains its first purity. The world life has also become a life of paradise for people who have achieved this level. This is “the second birth”, if the first form of birth is called as formal, this form is called as spiritual birth. Mevlana says about the second birth: “If you can save your body from the lion of devil, you will have many blessings at the table of Allah.” Yunus Emre, a person who reached the second birth, calls:

“What would I be happy for wealth, what would I feel regret for poverty;

I am divert myself with His love, you are the one that I just need.”

Let’s reinforce these words of Yunus with an event: a relative comes to one of the great people by running and says in a hurry “Your house is burning.” He thinks for a moment and says “thank Allah”. He was just about to get up and go, another people comes and tells him “The burning house is not yours”. He thinks for a moment and says again “thank Allah”. When the relative asks for the reason, he gets the answer: “When you said my house was on fire, I looked at my heart, and I was grateful for not feeling sorry for the world. Then when I was told it was not true, I did the same thing, I was grateful for it again when I saw no joy in my heart.” After all, thank Allah in

any event. How good Abdulhakim Arvasi says:

*“You, who are deprived of Allah, what do you own?
You, who own Allah, what are you deprived of?”*

How true, isn't it? If a person is deprived of Allah, how lonely and pathetic he is. But if he's with Allah, what else does he need? In one hadith Almighty Prophet says: “You will die as how you live; you will resurge as how you die (Muslim, Cennet, 83).” So those who are with Allah in the world will be with Him in the Hereafter.

As a result, we can say that we are living in this world and living in exile, our death is the reaching of the homeland, the intimacy. The fear of death in this world stems from ignorance after death and weakness of belief. In fact, it is a feeling that must be natural for all of us, but this fear originates from not knowing that there is a new birth and a transition to a more beautiful dimension. On the other hand, this death consciousness makes human superior to other creatures. Although there is a concern for death in other living things, but this consciousness is not found. Let's complete the topic of dying before death with the words of Yunus about the true love:

*“Before the news of death came,
Before death takes our lives,
Before the angel of death takes action,
Let's go to the Love my heart.”*

Islamic societies with this knowledge and wisdom have established a civilization intertwined with death and have always built their graves in the city centers in order to always remember death and not to make mistakes. They have built a society that is not afraid of death with an understanding “Cowards die a thousand times, valiants once.” and that meets death patiently and adultly. Who can enslave a human without fear of death? That's why Yunus says:

“Why do you fear death, don't be afraid, you will be eternal.”

LOVE AND AGAPE

*“An artist is a person who looks at something with love.
The work of art emerges from this view, from this love.”*

Henri Bergson

The first feature that glorify human is agape and love that its much more advanced state. Mevlana says “Love is the most fundamental, most mysterious cause of existence.” According to Dante, “The uniis governed by love.” As can be seen from these wise words, love and agape lie at the heart of the realms. Human was created for love.

Sultan of Ottoman II. Mahmut’s wife, Abdulmecid’s mother , Bezm-i alem Valide Sultan, says in a couplet (this sentence was written her own seal):

*“Muhammad is derived from agape,
Nothing can be obtained from agape without Muhammad.”*

The basis of all human beings is love and agape; there exists Allah’s agape of Muhammad, the most beautiful example of humanity, on the basis of his coming to the world. Therefore, a believer cannot be a true believer unless he/she fully knows and loves Muhammad. According to the great Islamic scholars; Allah is reached not only by worship, but by agape.

The way of love to Allah is to love both His great Messenger and all creatures. Love of Allah is not possible for those who do

not respect and love other people, animals, plants, mountains, stones, environment. In other words, the Creator is not loved without creatures are loved. Because Allah Almighty is who loves and is loved. Therefore, we obey Yunus' language: "We love creatures, because of the Creator."

In a hadith that sets out the purpose of love and being loved , Prophet says: "The most virtuous deeds in life is to love in the way of Allah, to be loved in the way of Allah (Abu Dawud, Sunan, 4)." So love is at the center of everything. According to Mevlana:

*"There is no dying at this sea for us,
There is no worry, trouble and sadness at this sea;
This sea is full of agape,
This sea is made up of goodness, generosity."*

Actually, it is not possible to achieve full success in any subject unless the relationship between human and other creatures is based on love. According to the sufis S. Abdulkakim Arvasi who lived in the 20th century and Necip Fazıl called him as a savior; "No matter how much humanity tries, cannot get rid of distresses and calamities unless they love and are loved each other." Love is the first condition on which all human works are based. But we are happy and successful as we love our work and our environment. Because the center of love and



Attachment of Palestinian children

attachment is the heart. Heart is the land of love, if there was no heart, there would be no place for love. What would our hearts do if we didn't have love? Love is a fire burning in the hearts of human, the heart is a fireplace that ignites this fire. This fire is cleaning this fireplace. If there is fire of love in the heart, only then the heart will be clean and It turns into a place that is considered by Allah.

“Love rejoices at the twist of beloved one, sorrows with the whims. Either way, lovers go through the mill and maturate: “I was crude, went through the mill, burned.” Mevlana

Fuzuli explains why all this: “Whatever in the world is love, knowledge was nothing but empty words.” There is love on the basis of everything in the world, however knowledge remains as unnecessary words in comparison to love. There is no disregard for science and knowledge, but it is emphasized how the value of love in comparison to science is high. Therefore, human advances to higher levels of self, not by knowledge, but by agape.

Before and beginning of divine love is human love. But the human love mentioned here is never explained with the physical relationship, this love is a purely heart-related. In any case the terms love, attachment and agape are purely non-material, spiritual manifestations. In the meantime, it has been understood by scientific studies that many mechanisms in the brain of the enamored person act and affect the body. In these studies, it is seen that bodies of those suffering from love are affected like those suffering from physical pain.

“Before and beginning of divine love is human love. But the human love mentioned here is never explained with the physical relationship, this love is a purely heart-related.”

Unfortunately, the flirting relationship between girls and boys, which we often encounter today, is never considered as love. it is a mistake and a use. Because love and agape are based on giving, not taking.

To love is self-sacrifice that one gives without waiting for a response, and it increases as he/she gives. There is never room for benefit, interest and expectation. The Western mentality of love is rather infertile. A lot of words in Islamic literature are combined into one word: “love”.

Here we must emphasize the sentence of “Heaven in the world is the bliss in the family.”, let’s focus on the concept of family. Family is the first institution that man and woman knit with love. One cannot find the peace that he finds in the family, in any social institution; because a family environment built with love and respect turns the world into heaven. Community health, the peace of future generations, and the divine love that may eventually arise depends on this attachment and peace in the family. Therefore, the family institution can never be neglected. This institution needs more protection for human and community health.

The way to destroy a society is to destroy the family. That is why Islam has always treated the family with great respect.



The members of a family who love each other and have high levels of self sacrifice and altruism are also superior in terms of mental health. The child raised there does not know the evil, becomes altruistic and altruist, and provides superior benefits to humanity. For these reasons, if human’s activity is based on attachment, he advances and gains level.

Child is the fruit of the family

As in the relationship between people, approaching with love and opening our heart in the education of our children will bring a certain success. As a result, we can say that love is the basis of human relations and the construction and development of the world. We see a perfect divine art in all kinds of living and non-living beings in the uncreated with love. Allah Almighty, has rendered his magnificent art with love even in a rose thorn he has created and presented it to our aesthetic understanding. Human should also try to beautify the environment by distinguishing this art. In this way, Allah's attribute of "Admirable" will manifest in human, and great works of art will be born with this love. Bergson says that; "An artist is a person who looks at something with love. The work of art emerges from this view, from this love." Therefore, we can say that art is the reflection of the soul on material with love. As in art, societies where love and affection are at the heart of everything create great civilizations of humanity.

IDEAL HUMAN TYPE AND HUMAN'S HAPPINESS

*“It was written on the throne of the Ottoman sultans:
“The guardian of all oppressed people.”*

“The superior human understanding” of European philosopher Nietzsche offers to humanity as a role model was adopted in almost all Western civilization and led to the West’s adventure of colonizing the world. According to this, if a human possesses power, he/she is valuable. A superior human is a type of person who has advanced ego and looks at other people, overdresses, luxuriates, almost semi-Allah. According to him, the weak people are scourging of humanity in ancient Rome and like the herd; but they are as valuable as they serve strong people. Many ideologies that emerged from this perspective have ravaged the world in the last two centuries. When Nietzsche’s mentality was combined with the understanding of scholars such as Darwin and Freud, materialist philosophy was reinforced. Millions of people were massacred as a result of the efforts of leaders such as fascist Adolf Hitler to create a superior race. This movement was not only in Europe but also in the USA, which we have already mentioned the Eugenic Movement in this book. Although ideologies such as Communism and Capitalism also differ in practice, they are based on this materialist perspective of the West and superior human understanding.

Europe has already a bad record because of the colonial work of Westerners in Africa, America and Asia for the last 3-4 centuries, just as in the treatment of slaves for non-nobles in the Roman Empire. In addition to massacring the American Indians to gain land in America, removing the traces of Incan and Aztec civilizations, when the oppressions and exploitations in Africa are examined, the fact that the western superior men have no value for people other than themselves reveals the fallaciousness of this understanding.



Other people have no value for the superior human

At this point, capitalism wants to serve all humanity to almost a few superior men. Today, power owners use science and technology as a means of controlling and manipulating people. For the benefit of a capitalist, hundreds of thousands of people can be mercilessly ridden down and countries can be plundered. We have said that the material assets of a very small minority (about 400 families) in the US are more than the material assets of about 250 million people in that country. The recent “Wall Street” uprisings in the United States are seen as a “humane” manifestation of anger. It is a fact that this ruined human understanding does not make humanity happy. In fact, it is reflected to the public that even capitalist people who try to exploit the world and regarded as superior are not happy. Popular Personal Development Culture which we mentioned partly in previous sections and has been tried to be placed in society in recent years is the result of this Western perspective which is devoid of revelation, far from religious understanding and serves the concept of Superior Human.

Islam, which has not been sufficiently understood due to prejudices or which cannot be perceived correctly due to wrong representations, has been emphasizing the importance of all people individually for 15 centuries. According to Islam, it is impossible for human to be satisfied with matter. One should take advantage of the world he/she lives in and takes his/her share. But his/her happiness will be possible only with spiritual satisfaction.

According to Islam, it is possible for a person to be truly free by keeping nothing but Allah in his heart. As worldly desires and requests go beyond necessity, objective or subjective taboos are found in human hearts, it is not possible to reach true freedom and thus to reach peace. Therefore, the first condition of Islam is "La ilahe illallah". It means that "There Is no Allah but ALLAH" and to believe with all the heart and soul. Human nature also requires this. Allah Almighty describes the purpose of human creation: "And I did create the jinn and mankind except to worship Me (Zariyat, 56)." Servitude is therefore a supreme position for human and submission to the Creator. It does not seem possible to reach this level for a person who has not yet fully cleared off his devotion to this world from his heart. A person who acts with this consciousness of service will have the peace of mind fulfilling the mission. According to the Islamic doctrine, one of the most important tasks is "to beautify and reconstruct the world". The aesthetic understanding of Islam arose from this understanding. This is also a requirement of the understanding of "trust". The universe, the world, the mountains, the stones, the plants, the animals are entrusted to the human. The duty of human is to treat them in the most beautiful way.

"Servitude is therefore a supreme position for human and submission to the Creator. It does not seem possible to reach this level for a person who has not yet fully cleared off his devotion to this world from his heart."

Can we find something more effective about human respect for nature and the environment than this? When the Messenger of Allah departs for the Taif Campaign, He see that a dog is suckling its pup on the way of the army. Then the Supreme Person commands: "Sucking and suckling will not be disturbed". Then the army of thousands of people changes the way, dog and its puppies are not disturbed (Ibn Hisham, Siyer). We can generalize this event to animals, to the green environment, for example to the ozone layer, as to humans.

As for people; the most important expectation of a believer in the life of the world is to get Allah's sake.

The consent of Allah is in the consent of the public. In other words, he should see the people around him as a trust given to him and work for them. These people in the vicinity can sometimes be family and relatives, sometimes neighbors, sometimes employees. Human has responsibility to all of them. This responsibility increases as the authorities increase. Of course, the responsibility of a mayor or a head of state with a self-employed tradesman is not equal. Therefore, punishment and reward increases according to the extent of the area of responsibility. According to the degree of responsibility, a believer who makes people happy and receives their approval and consent, knows that he will easily obtain Allah's sake. It was written on the throne of the Ottoman sultans who have this understanding: "The guardian of all oppressed people". It does not matter what religion, race or color these people are. Therefore, no state with an understanding of Islam had an understanding of colonialism and all members of all faiths lived in tolerance. For this reason, even today, it is quite normal that the aids to many African countries which Westerners exploit and do not leave nothing and therefore live on the border of starving, goes mostly from the Turkish and other Islamic communities. Because our civilization is a civilization centered on people. For this reason, Islamic societies have formed the understanding of "an open society" in which states and people

can always tolerate each other. In such a society, human cannot exploit human. This has been the case in history, and so is today.

As Cemil Meric said, “Our greatest need is tolerance and our biggest enemy is prejudice as humanity”. The Western people who want to get rid of the current deadlock cannot recognize Islam or think wrong about it because of these prejudices. Today, unfortunately Islam is seen as a terrorist religion in the West and therefore it is feared. This approach is also fueled by some malevolent people, thus they scare people in search of Islam away. However, the salvation of the West as all mankind is in the thought of Islam, the last religion of Allah.



We are color blind to humanity

The Perfect Human Being

“It is needed the wisdom to be perfect human being.”
Niyazi-i Misri

We have seen that the ideal human type of the West is the superior man and see what this type of human brings humanity to. Islam, on the other hand, regards people different in every aspect. Ideal human type according to Islam is the perfect human being. Of course, every human being (as in Maslow’s list) will strive for his own needs and endeavor to do what is necessary to maintain his diet, his reproduction and his life. This cannot be condemned. But this behavior is also animalistic. Animals have to do that to live. However, people are quite different. Because of this difference, humans can process nature and transform it into culture, in other words they can make tools, create aesthetic values, turn their wild and animal structure into civilization, become the focus of grace and attachment, reach from matter to meaning, rise from tangible to abstract, and reach to from ego to an understanding of serving the public.

In Islam’s understanding of civilization, unlike the West, inner beauty is valued first. There is human at the center of this understanding and the true advancement of the human being is towards the perfect human being. The perfect human being is a person of mercy where inner and outer beauty, grace and generosity are integrated in himself/herself. Thanks to these great people, the understanding of “The hand of giver is superior to the hand of taker (Muslim, Zakat, 97)” has been placed on the basis of human relations and a Civilization of Giving has emerged. This approach is in fact an important answer to the Western capitalist understanding. In this civilization, human

gains value not by material power but by his work, humility and sincere commitment. The value of the others, that of the employees and the people in the environment, is not only because they bring the strong in more power. All people are embraced as the trust of Allah with a mindset which has the principles “To love the creature because of the Creator”.

Big fish cannot swallow the smaller; even shopkeepers who made the first sale of the day are in an approach (self sacrifice) to send second customer to the neighbor. The secrets of the domination of Khorasan saints in Anatolia for centuries should be sought in this understanding. This makes its presence felt in the establishment of the Ottoman Empire, one of the longest living states in the world. Sheikh Edebali has briefly presented with utterly terse expressions that state or institutions can rise as long as they value the human by putting human on the basis of everything, while saying to Osman Gazi, “Let people live so that the state”. This understanding is the need of humanity today.

The foundation of Islam’s human understanding base upon the respect of the whole uniwith a view that sees people as “most honorable of creatures” and accepts even the slightest persecution as a violation of the “rightful share”. The world is temporary, so financial power and positions are not permanent. They can only glorify the human or the institution that uses it to the extent that it is used for the benefit of the people. Jesus says, “The world is like sea water, makes you thirsty as you drink and makes you drink as you thirst.” Because this world will never satisfy human, true greatness for human will be possible only by spiritual advancement, not by body.

According to the Islamic discourse, the human at the level of perfect human being has the knowledge of the truth by learning, observing and doing. Comprehending the truth by learning, for example, means to have information a sea without seeing it. Comprehending the truth by observing, is seeing and learning personally about it. Comprehending the

truth by doing is to feel the sea by having a swim. The last is the most advanced state of knowing. Those who know the truth by doing are always great people who are conscious that they are always with Allah. This information is not learned from books, it is knowledge of mystique and truth. It is knowledge that can only be reached through the spiritual advancement of the human being, that is, through the eyes of the heart; it is more precisely wisdom. As Niyazi Misri said: "It is needed the wisdom to be perfect human being."

It is possible for people who strive for such knowledge to glorify and mature. If the human who restrained his self and saved himself from the fake Allahs can reach the upper levels of the self, the perfect human being rises. In sufi psychology, one observes not only with his five senses, but also with his heart. Human observation of the environment begins in infancy; while innocency prevails at that period of time, it became increasingly complicated and lost its clarity due to the contamination of the mirror of hearts with worldly goods. If a man proceeds to become a perfect human being, then purity begins to reappear, so that elegant, divine feelings emerge. These are feelings like affection, compassion, altruism, aesthetics, brotherhood, tolerance, productiveness and reverence that will glorify human. As the awareness of helplessness and submission increase, feelings like pride, arrogance and self complacency are replaced by unpretentiousness.

Thus, high-level components such as worship consciousness, piety, and sincere commitment begin to come to the forefront.

Superiority is Because of Piety

*“I found honey of honey,
let be pillaged my hive.”
Yunus Emre*

Every human being deserves respect because of being human, Great Creator says that the superiority of people to each other is only through “piety”. Piety means complete submission to Allah, strictly to be very observant of His commands and prohibitions and to show sensitivity. In other words, “Awareness of responsibility towards Allah”. The more a person maintains his nature (child purity), the more piety he gets. Here, the role of the “sincere commitment”, which means advanced sincerity, is very valuable. The hearts of the perfect human being are hushed up with divine light as a result of this piety and sincere commitment. He get rid of selfishness disease and is transformed into a heart that has true freedom.



The perfect human is the owner of the divine light and whose this light is reflected in his face. It is the human whom you will find peace and always remember Allah when you see him/her. The problem of this great human is the problem of all humanity. All his/her efforts are to prevent people from yawning.

He's worried about all worries of humanity. There is no difference for him/her between poor-fellow person in Africa and a person who overloves worldly goods and is depressed and has financial dissatisfaction in Europe. He/she is in the position of praying for the salvation of all human beings as well as all living, non-living creatures. How much all humanity needs such great people, right?

It is said that there is a window from heart to heart, so it is true. If a person loves another most sincerely with genuine love, it is reciprocated and another one also loves him/her. In this case, the distances are removed. There is no distances and separation for the heart. The true believers and the perfect human beings are always with Allah. Because they know the versicle, "And We have already created man and know what his soul whispers to him, and We are closer to him than [his] jugular vein (Kaf, 16)." The lover who is familiar with this versicle cannot have the situations and behaviors that will sadden the beloved (Allah Almighty). He/she always present situations and attitudes that will please Him.

There is a great versicle in the Qur'an that must be put excessive emphasis on: "Indeed, Allah has purchased from the believers their lives and their properties [in exchange] for that they will have Paradise (Tevbe, 111)." A believer who follows this versicle will devote his life and property to the way of Allah. Actually, our life and property belong to Him. But there is absolute grace of Allah Almighty for us. For a human who has reached to this level, his/her hand has become the hand of Allah, it has been always the giving hand within the scope of

lawful spouse. His/her language has become the language of Allah, always tells the truth. His/her ear has become the ear of Allah; he/she hears no longer the wrong, the deviant. His/her eyes does not look at servile things as the eye of Allah. His/her feet will not lead him to a place where Allah does not want, and to illicit. In short, this great human has become a friend of Allah. He/she is always with Allah and has passed from farness to intimacy. Now he/she is in the level of “not to love for Allah and to love for Allah”. They have no worry of hell and no expectation of heaven; the aim of their efforts is to reach the Lord of eternity. Turkish poet Yunus Emre expresses this very well:

*”Heaven that they call heaven
is made up of a couple of mansion with a few houri;
Give them to anyone who wants,
I need You, You.”*

At the end of this desire, Yunus gives up everything that is worldly, with the happiness of reaching true Beloved in the world:

“I found honey of honey, let be pillaged my hive.”

Abraham, one of the great messengers of Allah, known for his monotheism struggle against Nemrud who considered himself a Allah, says:”I preferred the wishes of Allah instead of my wishes, and above all I loved Him.”

It is very useful to mention other prophets along with Abraham. All the prophets of all time are examples of perfect human being at the highest level. There are examples of their patience, perseverance and struggle for life in the face of all kinds of persecution for their monotheism struggle and declaration duties.

For example, Ismail's complete and unwavering submission about sacrificing for Allah; Ayyub's patience for all diseases; Joseph's self-defeating and consent to the prison; Moses' achievement to oppose Pharaoh in the struggle of oneness; Christ's enduring all ordeals for his faith are great examples for humanity.

“Only Allah Almighty, the Creator of human being and all the entity, gives the true value to human. No understanding other than Islam sees human superior to all creatures, including angels.”

It is unthinkable that a perfect person, like the prophets at the peak of maturity, can harm any creature. On the contrary, he/she prays for the happiness of all mankind in both worlds. This is the human model of Islam. What a perfect model! These people are also the caliphs of the Supreme Prophet, the most beautiful example. That last prophet is such an example that all people esteem and love Him as humanity recognizes Him in progress of time. Therefore, all humanity also needs to know Him. Here are a few examples:

“Those who do not love the Prophet Muhammad are those who do not know him well enough.” (Gibson)

“The Prophet Muhammad deserves much of respect and love.” (Tolstoy)

“If it is possible to measure the glory of man, Is there a human being like him, we ask.” (Lamartin)

“I am very sorry that I did not live in your century, His Prophet Muhammed. I believe that the Quran you brought is the book of Allah. Humanity will never see a talent like you again. I bow with respect in front of You.” (Prince Bismark)

“The great Prophet of Islam risen to the presence of the Great Creator and met with Him. I believe in Miraj with all my heart.” (Dostoyevsky)

“Glorious Muhammad, you have reached such a peak in justice that no one has been able to exceed that level, and then it cannot be.” (La Fayette)

That’s it... How much do we need a guide like Him who is an example to all man kind and the great people who represent Him?

Humanity has witnessed such people who follow the path of the Messenger of Allah in the history. Here are some of them:

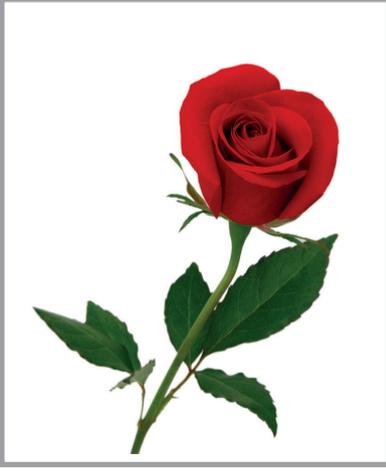
Ahmet Yesevi’s efforts cannot be denied in the understanding of Islam throughout the history of the Turkish nation and the emergence of a great Turkish-Islamic civilization. The Horasan Saints that he educated formed the building blocks of this civilization.

Even today, the great Mevlana who acts of showing the true path for the people who know him and presents almost “to grow into a man project”.

The great Yunus who can give us the truth of life and human being with maxims.

They are all examples of perfect human being. In addition, Haji Bektash-i Wali, Ibn-i Arabi, Imam-i Azam, Imam-i Rabbani, Shah-i Nakshibendi, Imam Ghazali, Abdulkadir Geylani, Ahi Evran-i Veli, Aziz Mahmud Hudai and many others... You can find the features of Turks and other Islamic societies in the discourses of these friends of Allah. I am sure there are great personalities living in this period. Their common feature is their commitment to the role model. Here we must state that the highest point a saint can rise is the toe of a prophet. Mevlana summarizes this as follows:

“I am the servant of the Qur’an, I am the dust of Muhammad Mustafa’s way (peace be upon him). If someone sends something different than I said; I complain about that person and the words conveyed. “



Then,

*“Call Mevla by burning
kindling in the hands of
wisdom,*

*To know is not to be, look
for to be, to be.”*

Yunus Emre

EPILOGUE

MYSTERY AND REAL VALUE OF HUMAN BEING

*“I call the unithat can fit the human,
The human that can not fit the universe.”*

Muhammad Iqbal

So far, we have tried to describe a magnificent miracle for people who see it in its concrete and abstract aspects. We examined the viewpoints of philosophers, the circles of science and religion, and ultimately Islam’s view of human and its values. The truth we have reached at the end of all this is that we are facing a potentially perfectly created being. So we realized that there is no need to look for a miracle other than man in the universe. So, human is actually far above what we say. How true is Ibn Sina’s saying: “No one is blind as much as those who do not want to see.” We told everything here to the wise people who could see. Because we know that “For those who know themselves, truth is the Miraj.” (Gaybi)

After all, we will say that; Only Allah, the creator of him and all being, gives man its true value. Fortunately, we have not been left at the mercy of other people. No belief other than Islam sees man above all creatures, including angels.

It is only Islam that gives humanity this superior value. It is useful to reiterate this great that expresses how great the responsibility of man is: "Whatever is in the earth and in the sky is created for man." (Lokman, 20) As we said above, this is the trust entrusted to man and this is also the greatest honor for man. In other words, the value of man is that Allah accepts him as an interlocutor and places the sky under his command. As the owners of a culture that says "Know every night as Kadir Night, know everyone as Allahsend", how can we regard the people whom Allah regards as the interlocutor? How can we treat him/her badly?

Since the uniwas given to the service of human, can it be thought that one would lose his heart to his manservant? Human's aim, admiration and servitude should not be to his manservant but to the One who gives him all these manservants. Despite being incapable, human's nobility is from expressing his gratitude by kotowing to whom value him.

According to Islam, servitude of man to man is not acceptable. Therefore, one should not be abused by another person.

Allah has created all people separately, giving each person this value and opportunity. According to Islam, servitude of man to man is not acceptable. Therefore, one should not be abused by another person. Allah has created all people separately, giving each person this value and opportunity. Now it's human. He will only serve Allah and thereby achieve real freedom. Because one of the most important values for human is being free. Although it is captured as a human body, it is not possible to chain your heart and soul. A prisoner in the dungeon can visit the whole realm with his heart if the heart door is open.

Human is the only being responsible for his own destiny. For this reason, he will be honored with the divine justice and will be taken into account because of his choices in life. If he was able to be servitude of Allah, he would be rewarded with

heaven as the most honorable of all creatures; on the contrary, if he did not know Allah in the world and rebelled against Him, he will go down to rock-bottom and go to hell as the lowest animal. As it is known, everyone takes their wood to hell from here. We wish from Allah Almighty to protect all people from this fate and to make all people be His vassal.

It is important with its human body and it is also magnificent in terms of the spirit it carries. Some sufis expressed that Allah Almighty says "I didn't fit in the sky and ground, but did in the heart of my believer." Almighty Creator who is spaceless values people enough to accept heart of human, which is mere trifle, as a space. That's why our Yunus says: "Clean the your house of heart, your love will come to stay." Can one place any bad thoughts in his heart if he is in that thought? A human who is the object of this divine hadith will be called as "his/her holiness". What happy to those people.

"I knew because there is the home of Allah in the believer's heart;

Why didn't you show him/her your respect? there is Allah in that home."

All exist in Adam, ask the Truth from Adam;

Don't be the great devil, Adam has the mystery of Allah."

These words of Nesimî are based on a hadith. Allah said, "I am the greatest secret of man, and human is my greatest secret." It is commanded. Allah, who presents all the unifor the benefit of man, gives us the value we do not give to ourselves. Therefore, Hazrat Ali said, "Do you think you are a small object, whereas a huge world is hidden in you" He meant that. From this real perspective, being created as a human being is the greatest of honor.

Great intellectual and poet from Pakistan, Mohammed Iqbal, said the following great words in relation to this: "I say that it is the unithat can fit in the person, and the person who cannot fit in the universe." We believe that after these wonderful words, no one can feel humiliated and no one can feel irresponsible.

At this point, let us look at the attitude of Allah's great Messenger: One day, When the Prophet circumambulates the Kaaba, the most sacred place of the Muslims, he turns to the Kaaba for a moment and says "O beautiful building! No matter how great you are, you are no more valuable than a believer." It means that human can be more valuable than the Kaaba, which we all know it as sacrosanct. We should look at every person from this perspective.

Let us end the lines of our book with the words of Galip Dede (Sheikh Galip):

*"Take care of yourself, you are the essence of the world.
You are the man who is the pupil of the universe!"*

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